



Love Serve Grow

The LOVE-LED™
Leadership Audit

The LOVE-LED™ Leadership Mirror Audit

This first week is not about doing more. It's about getting rooted in reality.

Somewhere along the way, many of us stray from our CORE 4 Rhythm. We try to lead halfway, part LOVE-LED™, part Fear-led. Some days we're grounded in belief, other days we slip back into proving, performing, or hiding. And halfway never works. Hustle burns you out. Drift holds you back. Straddling the fence keeps you stuck in the loop you came here to break.

That's why we begin with the **Leadership Mirror Audit**. Because until you face the truth about how you've been leading, you can't step fully into the leader you're here to become.

THE LOVE-LED™ LEADERSHIP MIRROR AUDIT

The Mirror is simple, but it's confronting. It will show you the truth about how you've been showing up. Not to shame you. Not to judge you. But to set you free. The Audit looks at three parts of your leadership pattern:

- 1. The Mask:** The role you slip into for your content when you feel pressure. The Mask is not who you are, it's who fear tells you to be.
 - **Performer** – proving your worth by “looking the part.”
 - **Pusher** – driving harder to force results.
 - **Teacher** – hiding behind knowledge instead of connection.
 - **Disconnected** – pulling away, keeping people at a distance.
- 2. The Modes:** The rhythm you fall into when you lead from fear. Most leaders bounce between both, hustling until they collapse, drifting until the shame builds, then hustling again.
 - **Hustle** – pushing harder, overworking to outrun doubt.
 - **Drift** – pulling back, waiting, avoiding until pressure forces you forward.
- 3. The Loop:** The Fear-led cycle that keeps you stuck:
 - A **Misaligned Goal** set from pressure, not belief.
 - A **Prove-It Push** to outrun the doubt.
 - A **Belief Breakdown** when you burn out or come up empty.
 - A **Hollow Win** or **Shame Withdrawal** to avoid more disappointment.
 - A **Pressure Reset** when the next deadline or incentive drags you back in.

The LOVE-LED™ Leadership Mirror GPT

The **Leadership Mirror Audit** is powerful, but it can also feel confronting. That's why we created a custom tool to walk you through it with clarity and simplicity. The **LOVE-LED™ Leadership Mirror GPT** is your personal guide. It takes you step by step through the Audit, asking the questions you need to face honestly, and then reflecting back a clear report of where fear-led tendencies may still be creeping in. This is not about judgment. It's not about "grading" your leadership. It's about holding up a mirror so you can see yourself clearly, and from that clarity, step into the leader you are called to become.

WHAT IT WILL DO

When you complete your Audit inside the GPT, it will:

- Identify the **Mask** you've been wearing most often.
- Pinpoint the **Mode** you've been defaulting to (Hustle or Drift).
- Show you where you may still be caught in the **Loop**.

And then, you'll use your report to help you generate your **LOVE-LED™ Shift Statement**, a simple **declaration** to anchor your identity for the next 30 days of rhythm.

HOW TO USE IT

1. Click here to open the GPT: [👉 The LOVE-LED™ Leadership Mirror GPT](#)
2. Answer each question honestly. Don't overthink. Don't try to give the "right" answer. Just give the real one.
3. At the end, you'll receive your **Leadership Mirror Report**
4. You will use that in the next step to create your **LOVE-LED™ SHIFT Statement**

Save this. Print it. Keep it visible. This is the foundation of your next 30 days. The entire process should take you somewhere between 20–25 minutes.

You will need:

- Screen shots or the copy of **5–7 of your posts** (that represent your typical content you create on a weekly basis)
- Screen shots or actual messages that you've sent to customers and / or team members.

REMEMBER

Your Report is not who you are, it's a reflection of how you've been showing up. And your Shift Statement is not just words, it's your anchor for who you are becoming. This week, your only job is to complete the Audit, receive your Statement, and let it ground you as you recommit to your CORE 4 Rhythm.