

LUNCH

MENU



AVAILABLE 12-5PM

available everyday
12 noon - 5pm

SANDWICHES

served on malted wholemeal, white bloomer,
ciabatta or gluten free ADD SOUP FOR EXTRA £3

Brie, Smoked Bacon & Cranberry	£8.50
Tuna Melt	£8.25
Pesto, Mozzarella & Tomato	£8.50
Tuna Mayo & Sweetcorn	£7.75
Cheese & Pickle	£6.75

WRAPS

ADD SOUP FOR EXTRA £3

Sweet Chilli Crispy Chicken	£9.00
Falafel, Pickled Red Cabbage & Coriander Yoghurt	£8.50
Roast Chicken Caesar Salad	£9.50
Coronation Chicken Mayo	£9.00

LOADED FRIES

Salt & Pepper Chicken	£9.25
wok fried seasoned chicken and vegetables, finished with sweet chilli sauce	
Katsu Chicken	£9.25
panko breaded chicken and katsu sauce with spring onions and chillies	

HEALTHY FAVOURITE OPTIONS AVAILABLE LUNCH AND DINNER

Caesar Salad

crisp shredded baby gem lettuce with shaved
parmesan, garlic croutons & crispy bacon tossed in our
own Caesar dressing

plain: £10.50

chargrilled chicken £14.95

Mexican Chicken Salad

£13.50

cajun chicken, avocado, sweetcorn, pico de gallo and a
sour cream dressing

"Protein Packed" Salmon Nicoise Salad

£15.25

flaked salmon, gem salad, boiled potatoes,
eggs, green beans, toasted seeds & red onion,
tossed in a dijon vinaigrette

Halloumi Caprese Salad

£12.50

with a pesto dressing

Flatbread

with cous-cous, tomato and coriander yoghurt
choose between:

cajun chicken £14.95

honey harissa halloumi £13.95

Beef Chilli Con Carne

£14.25

with rice, sour cream, pico de gallo
and corn tortilla chips

**SPECIAL REQUESTS? JUST ASK
YOUR SERVER!**