



Ramadan planner

2026/1447

OBRF.CA

OBRF Ramadan 2026

Planner Contents:

- ♥ Ramadan Calendar 2026
- ♥ Ramadan Duas
- ♥ List of Good Deeds
- ♥ 30 Day Ramadan Checklist
- ♥ Daily Ramadan Journal Template
- ♥ Rabbana Duas
- ♥ Quran Memorization Tracker
- ♥ Eid Gift Planner
- ♥ Zakat Calculation Guide
- ♥ OBRF Impact

It was narrated that Abu Hurairah said:

The Messenger of Allah said: "There has come to you Ramadan, a blessed month, which Allah, the Mighty and Sublime, has enjoined you to fast. In it the gates of heavens are opened and the gates of Hell are closed, and every devil is chained up. In it Allah has a night which is better than a thousand months; whoever is deprived of its goodness is indeed deprived."

February 2026

Ramadan 1447

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ●	2 ●	3 ●	4 ●	5 ●	6 ●	7 ●
8 ●	9 ●	10 ●	11 ●	12 ●	13 ●	14 ●
15 ○	16 ○	17 ○	18 ○	19 ○	20 ○	21 ○
22 ○	23 ○	24 ○	25 ○	26 ○	27 ○	28 ○

March 2026

Ramadan 1447

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ●	2 ●	3 ●	4 ●	5 ●	6 ●	7 ●
8 ●	9 ●	10 ●	11 ●	12 ●	13 ●	14 ●
15 ○	16 ○	17 ○	18 ○	19 ○	20 ○	21 ○
22 ○	23 ○	24 ○	25 ○	26 ○	27 ○	28 ○
29 ●	30 ●	31 ●				

My weight on Day 1	
My weight on Day 30	

*Please Note: Approximate Ramadan dates are highlighted in blue. Exact dates will depend on moon sightings in your area.

Ramadan Duas

Dua for Iftar

Dhahaba adh-Dhama'u wabtallat al-'urooqu wa thabata al-ajru in sha Allah

"Thirst is gone, the veins are moistened, and the reward is certain if Allah wills."

Dua for Laylatul Qadr

Allaahumma innaka 'afuwun tuhibb al-'afwa fa'fu 'anni

"O Allah, You are the Most forgiving, and You love to forgive, so forgive me."

List of Good Deeds:

- Giving to Charity (Zakat)
- Being Kind to Parents
- Honoring Neighbors
- Seeking Knowledge
- Offering Duas (Supplications)
- Smiling and Spreading Positivity
- Helping the Needy
- Maintaining Cleanliness
- Caring for Orphans
- Visiting the Sick
- Guiding Others to Good
- Respecting Animals
- Supporting Widows
- Protecting the Environment
- Reciting and Reflecting on the Quran
- Greeting with Salaam
- Offering Tahajjud (Night Prayer)
- Reciting & Memorizing Quranic Verses
- Practicing Patience during Trials
- Providing Iftar for Others
- Making Dua for Others
- Expressing Gratitude to Allah
- Attending Islamic Classes
- Visiting Family Members
- Encouraging Physical Fitness
- Sponsoring an Orphan's Education
- Helping New Muslims
- Teaching Good Manners
- Engaging in Community Cleanup
- Building Wells or Providing Clean Water

30 Day Ramadan Checklist

Day	Date	Read Quran	Prayer					Athkar	Dhikr	Repentance	Fasted?
			Fajr	Dhuhr	Aср	Magrib	Isha				
1		Juz:									
2		Juz:									
3		Juz:									
4		Juz:									
5		Juz:									
6		Juz:									
7		Juz:									
8		Juz:									
9		Juz:									
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25		Juz:									
26		Juz:									
27		Juz:									
28		Juz:									
29		Juz:									
30		Juz:									

Daily Ramadan Journal

Name: _____

Date: _____

Dua/Hadith/Verse of the Day

Today's Tasks

1

2

3



Quran Recitation/Memorization Goal

What I Learned

Good Deeds & Accomplishments

1

2

3



Notes

Rabbana Duas

The "Rabbana Duas" are supplications mentioned in the Quran beginning with the Arabic phrase "Rabbana," meaning "Our Lord."

Rabbana Dua #1

Rabbanaa taqabbal minnaa innaka Antas Samee'ul Aleem

"Our Lord, accept [this] from us. Indeed, You are the Hearing, the Knowing."

Quoted from the Quran: Chapter 2 Verse 127

Rabbana Dua #2

Rabbanaa waj'alnaa muslimaini laka wa min zurriyyatinaaa
ummamatam muslimatal laka wa arinnaa manaasikanaa wa tub
'alainaa innaka antat Tawwaabur Raheem

"Our Lord, and make us Muslims [in submission] to You and from our descendants a Muslim nation [in submission] to You. And show us our rites [of worship] and accept our repentance. Indeed, You are the Accepting of Repentance, the Merciful."

Quoted from the Quran: Chapter 2 Verse 128

Rabbana Dua #3

Rabbanaaa aatina fid dunyaa hasanatanw wa fil aakhirati
hasanatanw wa qinaa azaaban Naar

"Our Lord, give us in this world [that which is] good and in the
Hereafter [that which is] good and protect us from the punishment
of the Fire."

Quoted from the Quran: Chapter 2 Verse 201

Rabbana Dua #4

Rabbanaaa afrigh 'alainaa sabranw wa sabbit aqdaamanaa
wansurnaa 'alal qawmil kaafireen

"Our Lord, pour upon us patience and plant firmly our feet and give
us victory over the disbelieving people."

Quoted from the Quran: Chapter 2 Verse 250

Rabbana Dua #5

Rabbanaa laa tu'aakhiznaaa in naseenaaa aw akhtaanaa

"Our Lord! Do not punish us if we forget or make a mistake."

Quoted from the Quran: Chapter 2 Verse 286

Rabbana Dua #6

Rabbanaa wa laa tahmil-'alainaaa isran kamaa hamaltahoo
'alal-lazeena min qablinaa

“Our Lord! Do not place a burden on us like the one you placed on
those before us.”

Quoted from the Quran: Chapter 2 Verse 286

Rabbana Dua #7

Rabbanaa wa laa tuhammilnaa maa laa taaqata lanaa bih;
wa'fu 'anna waghfir lanaa warhamnaa; Anta mawlaanaa
fansurnaa 'alal qawmil kaafireen

“Our Lord! Do not burden us with what we cannot bear. Pardon
us, forgive us, and have mercy on us. You are our only Guardian. So
grant us victory over the disbelieving people.”

Quoted from the Quran: Chapter 2 Verse 286

Rabbana Dua #8

Rabbanaa laa tuzigh qulooobanaa ba'da iz hadaitanaa wa hab
lanaa mil ladunka rahmah; innaka antal Wahhaab

"Our Lord, let not our hearts deviate after You have guided us and
grant us from Yourself mercy. Indeed, You are the Bestower."

Quoted from the Quran: Chapter 3 Verse 8

Rabbana Dua #9

Rabbanaaa innanaaa aamanna faghfir lanaa zunoobanaa
wa qinaa 'azaaban Naar

"Our Lord, indeed we have believed, so forgive us our sins and
protect us from the punishment of the Fire,"

Quoted from the Quran: Chapter 3 Verse 16

Rabbana Dua #10

Rabbanaaa aamanna bimaaa anzalta wattaba'nar Rasoola
faktubnaa ma'ash shaahideen

"Our Lord, we have believed in what You revealed and have followed
the messenger [i.e., Jesus], so register us among the witnesses [to
truth]."

Quoted from the Quran: Chapter 3 Verse 53

Rabbana Dua #11

Rabbanagh fir lanaa zunoobanaa wa israafanaa feee
amirnaa wa sabbit aqdaamanaa wansurnaa 'alal qawmil
kaafireen

"Our Lord, forgive us our sins and the excess [committed] in
our affairs and plant firmly our feet and give us victory over the
disbelieving people."

Quoted from the Quran: Chapter 3 Verse 147

Rabbana Dua #12

Rabbanaa maa khalaqta haaza baatilan Subhaanaka
faqinaa 'azaaban Naar

"Our Lord! You have not created all of this without purpose. Glory
be to You! Protect us from the torment of the Fire."

Quoted from the Quran: Chapter 3 Verse 191

Rabbana Dua #13

Rabbanaaa innaka man tudkhilin Naara faqad akhzai tahoo
wa maa lizzaalimeena min ansaar

"Our Lord, indeed whoever You admit to the Fire - You have
disgraced him, and for the wrongdoers there are no helpers."

Quoted from the Quran: Chapter 3 Verse 192

Rabbana Dua #14

Rabbanaaa innanaa sam'i'naa munaadiyai yunaaddee lil
eemaani an aaminoo bi Rabbikum fa aamannaan

"Our Lord, indeed we have heard a caller [i.e., Prophet Muḥammad (PBUH)] calling to faith, [saying], 'Believe in your Lord,' and we have believed."

Quoted from the Quran: Chapter 3 Verse 193

Rabbana Dua #15

Rabbanaa faghfir lanaa zunoobanaa wa kaffir 'annaasaiyi
aatina wa tawaffanaa ma'al abraar

"Our Lord, so forgive us our sins and remove from us our misdeeds and cause us to die among the righteous."

Quoted from the Quran: Chapter 3 Verse 193

Rabbana Dua #16

Rabbana wa 'atina ma wa'adtana 'ala rusulika wa la tukhzina
yawmal-Qiyamah innaka la tukhliful mi'aad

"Our Lord, and grant us what You promised us through Your messengers and do not disgrace us on the Day of Resurrection. Indeed, You do not fail in [Your] promise."

Quoted from the Quran: Chapter 3 Verse 194

Rabbana Dua #17

Rabbana aamana faktubna ma' ash-shahideen

"Our Lord, we have believed, so register us among the witnesses."

Quoted from the Quran: Chapter 5 Verse 83

Rabbana Dua #18

**Rabbana zalamna anfusina wa il lam taghfir lana wa
tarhamna lanakoonanna minal khaasireen**

"Our Lord, we have wronged ourselves, and if You do not forgive us
and have mercy upon us, we will surely be among the losers."

Quoted from the Quran: Chapter 7 Verse 23

Rabbana Dua #19

Rabbana la taj'alna ma'al qawwmi-dhalimeen

"Our Lord, do not place us with the wrongdoing people."

Quoted from the Quran: Chapter 7 Verse 47

Rabbana Dua #20

Rabbanaf-tah bainana wa baina qawmina bil haqqi wa anta
Khairul Fatiheen

"Our Lord, decide between us and our people in truth, and You are the best of those who give decision."

Quoted from the Quran: Chapter 7 Verse 89

Rabbana Dua #21

Rabbana afrigh 'alaina sabraw wa tawaffana Muslimeen

"Our Lord, pour upon us patience and let us die as Muslims [in submission to You]."

Quoted from the Quran: Chapter 7 Verse 126

Rabbana Dua #22

Rabbana la taj'alna fitnatal lil-qawmidh-Dhalimeen wa
najjina bi-Rahmatika minal qawmil kafireen

"Our Lord, make us not [objects of] trial for the wrongdoing people;
And save us by Your mercy from the disbelieving people."

Quoted from the Quran: Chapter 10 Verses 85-86

Rabbana Dua #23

Rabbanaaa innaka ta'lamu maa nukhfee wa maa nu'lin; wa maa yakhfaa 'alal laahi min shai'in fil ardi wa laa fis samaaa'

"Our Lord, indeed You know what we conceal and what we declare, and nothing is hidden from Allāh on the earth or in the heaven."

Quoted from the Quran: Chapter 14 Verse 38

Rabbana Dua #24

Rabbanaa wa taqabbal du'aaa'

"Our Lord, and accept my supplication."

Quoted from the Quran: Chapter 14 Verse 40

Rabbana Dua #25

Rabbanagh fir lee wa liwaalidaiya wa lilmu'mineena Yawma yaqoomul hisaab

"Our Lord, forgive me and my parents and the believers the Day the account is established."

Quoted from the Quran: Chapter 14 Verse 41

Rabbana Dua #26

Rabbana 'atina mil-ladunka Rahmataw wa haiyi lana min
amrina rashada

"Our Lord, grant us from Yourself mercy and prepare for us from
our affair right guidance."

Quoted from the Quran: Chapter 18 Verse 10

Rabbana Dua #27

Rabbana amanna faghfir lana warhamna wa anta khairur
Rahimiin

"Our Lord, we have believed, so forgive us and have mercy upon us,
and You are the best of the merciful."

Quoted from the Quran: Chapter 23 Verse 109

Rabbana Dua #28

Rabbanas-rif 'anna 'adhaba jahannama inna 'adhabaha
kana gharama innaha sa'at musta-qarranu wa muqama

"Our Lord, avert from us the punishment of Hell. Indeed, its
punishment is ever adhering; Indeed, it is evil as a settlement and
residence."

Quoted from the Quran: Chapter 25 Verses 65-66

Rabbana Dua #29

Rabbana Hablana min azwaajina wadhuurriy-yatina, qurrata
'ayioni wa-jalna lil-muttaqeenal maama

"Our Lord, grant us from among our wives and offspring comfort to
our eyes! and make us a leader [i.e., example] for the righteous."

Quoted from the Quran: Chapter 25 Verse 74

Rabbana Dua #30

Rabbana la Ghafurun shakur

"Our Lord is Forgiving and Appreciative"

Quoted from the Quran: Chapter 35 Verse 34

Rabbana Dua #31

Rabbana wasi'ta kulla sha'ir Rahmatanw wa 'ilman faghfir
lilladhina tabu wattaba'u sabilaka waqihim 'adhabal-Jahiim

"Our Lord, You have encompassed all things in mercy and
knowledge, so forgive those who have repented and followed Your
way and protect them from the punishment of Hellfire."

Quoted from the Quran: Chapter 40 Verse 7

Rabbana Dua #32

Rabbana wa adhkhilhum Jannati 'adninil-lati wa 'attahum
wa man salaha min aba'iham wa azwajihim wa dhuriyyatihim
innaka antal 'Azizul-Hakim, waqihimus saiysi'at wa man taqis-
saiysi'ati yawma'idhin faqad rahimatahu wa dhalika huwal
fawzul-'Adheem

"Our Lord, and admit them to gardens of perpetual residence which You have promised them and whoever was righteous among their forefathers, their spouses and their offspring. Indeed, it is You who is the Exalted in Might, the Wise. And protect them from the evil consequences [of their deeds]. And he whom You protect from evil consequences that Day - You will have given him mercy. And that is the great attainment."

Quoted from the Quran: Chapter 40 Verses 8-9

Rabbana Dua #33

Rabbana-ghfir lana wa li 'ikhwani nalladhina sabaquna bil
imani wa la taj'al fi qulubina ghillal-lilladhina amanu

"Our Lord, forgive us and our brothers who preceded us in faith and put not in our hearts [any] resentment toward those who have believed."

Quoted from the Quran: Chapter 59 Verse 10

Rabbana Dua #34

Rabbana innaka Ra'ufur Rahim

"Our Lord, indeed You are Kind and Merciful."

Quoted from the Quran: Chapter 59 Verse 10

Rabbana Dua #35

Rabbana 'alaika tawakkalna wa-ilaika anabna wa-ilaikal
masir

"Our Lord, upon You we have relied, and to You we have returned,
and to You is the destination."

Quoted from the Quran: Chapter 60 Verse 4

Rabbana Dua #36

Rabbana la taj'alna fitnatal lilladhina kafaru waghfir lana
Rabbana innaka antal 'Azizul-Hakim

"Our Lord, make us not [objects of] torment for the disbelievers and forgive us, our Lord. Indeed, it is You who is the Exalted in Might, the Wise."

Quoted from the Quran: Chapter 60 Verse 5

Rabbana Dua #37

Rabbana atmim lana nurana waighfir lana innaka 'ala kulli
shai-in qadir

"Our Lord, perfect for us our light and forgive us. Indeed, You are over all things competent."

Quoted from the Quran: Chapter 66 Verse 8

Quran Reading & Memorization Tracker

Place a sticker or ✓ next to each Surah every time you read it until you have memorized it.

#	Surah Name	1	2	3	4	5	6	7	8	9	10
1	Al-Fatiyah (The Opener)										
2	Al-Baqarah (The Cow)										
3	Al-'Imran (Family of Imran)										
4	An-Nisa (The Women)										
5	Al-Ma'idah (The Table Spread)										
6	Al-An'am (The Cattle)										
7	Al-A'raf (The Heights)										
8	Al-Anfal (The Spoils of War)										
9	At-Taubah (The Repentance)										
10	Yunus (Jonah)										
11	Hud (Hud)										
12	Yusuf (Joseph)										
13	Ar-Ra'd (The Thunder)										
14	Ibrahim (Abraham)										
15	Al-Hijr (The Rocky Tract)										
16	An-Nahl (The Bee)										
17	Al-Isra' (The Night Journey)										
18	Al-Kahf (The Cave)										
19	Maryam (Mary)										

Quran Reading & Memorization Tracker

Place a sticker or ✓ next to each Surah every time you read it until you have memorized it.

#	Surah Name	1	2	3	4	5	6	7	8	9	10
20	Ta-Ha (Ta-Ha)										
21	Al-Anbiya' (The Prophets)										
22	Al-Hajj (The Pilgrimage)										
23	Al-Mu'minun (The Believers)										
24	An-Nur (The Light)										
25	Al-Furqan (The Criterion)										
26	Ash-Shu'ara' (The Poets)										
27	An-Naml (The Ant)										
28	Al-Qasas (The Stories)										
29	Al-'Ankabut (The Spider)										
30	Ar-Rum (The Romans)										
31	Luqman (Luqman)										
32	As-Sajdah (The Prostration)										
33	Al-Ahzab (The Combined Forces)										
34	Saba' (Sheba)										
35	Fatir (Originator)										
36	Ya-Sin (Ya Sin)										
37	As-Saffat (Those who set the Ranks)										
38	Sad (The Letter "Saad")										

Quran Reading & Memorization Tracker

Place a sticker or ✓ next to each Surah every time you read it until you have memorized it.

#	Surah Name	1	2	3	4	5	6	7	8	9	10
39	Az-Zumar (The Troops)										
40	Ghafir (The Forgiver)										
41	Fussilat (Explained in Detail)										
42	Ash-Shura (The Consultation)										
43	Az-Zukhruf (The Ornaments of Gold)										
44	Ad-Dukhan (The Smoke)										
45	Al-Jathiyah (The Crouching)										
46	Al-Ahqaf (The Wind-Curved Sandhills)										
47	Muhammad (Muhammad)										
48	Al-Fath (The Victory)										
49	Al-Hujurat (The Rooms)										
50	Qaf (The Letter "Qaf")										
51	Adh-Dhariyat (The Winnowing Winds)										
52	At-Tur (The Mount)										
53	An-Najm (The Star)										
54	Al-Qamar (The Moon)										
55	Ar-Rahman (The Beneficent)										
56	Al-Waqi'ah (The Inevitable)										
57	Al-Hadid (The Iron)										

Quran Reading & Memorization Tracker

Place a sticker or ✓ next to each Surah every time you read it until you have memorized it.

#	Surah Name	1	2	3	4	5	6	7	8	9	10
58	Al-Mujadilah (The Pleading Woman)										
59	Al-Hashr (The Exile)										
60	Al-Mumtahanah (She that is to be examined)										
61	As-Saff (The Ranks)										
62	Al-Jumu'ah (The Congregation, Friday)										
63	Al-Munafiqun (The Hypocrites)										
64	At-Taghabun (The Mutual Disillusion)										
65	At-Talaq (The Divorce)										
66	At-Tahrim (The Prohibition)										
67	Al-Mulk (The Sovereignty)										
68	Al-Qalam (The Pen)										
69	Al-Haqqa (The Reality)										
70	Al-Ma'arij (The Ascending Stairways)										
71	Nuh (Noah)										
72	Al-Jinn (The Jinn)										
73	Al-Muzzammil (The Enshrouded One)										
74	Al-Muddaththir (The Cloaked One)										
75	Al-Qiyamah (The Resurrection)										
76	Al-Insan (The Man)										

Quran Reading & Memorization Tracker

Place a sticker or ✓ next to each Surah every time you read it until you have memorized it.

#	Surah Name	1	2	3	4	5	6	7	8	9	10
77	Al-Mursalat (The Emissaries)										
78	An-Naba' (The Tidings)										
79	An-Nazi'at (Those who drag forth)										
80	'Abasa (He Frowned)										
81	At-Takwir (The Overthrowing)										
82	Al-Infatir (The Cleaving)										
83	Al-Mutaffifin (The Defrauding)										
84	Al-Insiqaq (The Sundering)										
85	Al-Buruj (The Mansions of the Stars)										
86	At-Tariq (The Nightcomer)										
87	Al-A'la (The Most High)										
88	Al-Ghashiyah (The Overwhelming)										
89	Al-Fajr (The Dawn)										
90	Al-Balad (The City)										
91	Ash-Shams (The Sun)										
92	Al-Lail (The Night)										
93	Ad-Duha (The Morning Hours)										
94	Ash-Sharh (The Relief)										
95	At-Tin (The Fig)										

Quran Reading & Memorization Tracker

Place a sticker or ✓ next to each Surah every time you read it until you have memorized it.

#	Surah Name	1	2	3	4	5	6	7	8	9	10
96	Al-'Alaq (The Clot)										
97	Al-Qadr (The Power)										
98	Al-Baiyyinah (The Clear Proof)										
99	Az-Zalzalah (The Earthquake)										
100	Al-Adiyat (The Courser)										
101	Al-Qari'ah (The Calamity)										
102	At-Takathur (The Rivalry in world increase)										
103	Al-Asr (The Declining Day)										
104	Al-Humazah (The Traducer)										
105	Al-Fil (The Elephant)										
106	Quraish (Quraish)										
107	Al-Ma'un (The Small Kindnesses)										
108	Al-Kauthar (The Abundance)										
109	Al-Kafirun (The Disbelievers)										
110	An-Nasr (The Divine Support)										
111	Al-Masad (The Palm Fiber)										
112	Al-Ikhlas (The Sincerity)										
113	Al-Falaq (The Daybreak)										
114	An-Nas (Mankind)										

Eid Gift Planner

Gift Ideas for:	Budget	Purchased
	\$	<input type="checkbox"/>

Gift Ideas for:	Budget	Purchased
	\$	<input type="checkbox"/>

Gift Ideas for:	Budget	Purchased
	\$	<input type="checkbox"/>

Gift Ideas for:	Budget	Purchased
	\$	<input type="checkbox"/>

Gift Ideas for:	Budget	Purchased
	\$	<input type="checkbox"/>

Zakat Calculation:

Your Zakat donation should amount to 2.5% of your total zakatable wealth.

Nisab is the minimum amount of wealth you must possess before becoming eligible to pay Zakat.

2025 Nisab threshold: Silver = \$906.29 • Gold = \$11705.69

Amount of money (or
silver/gold) you have / 100 x 2.5 = Amount of
saved for a full a year Zakat you owe

Example Zakat Calculation:

\$20,000 / 100 x 2.5 = \$500

Calculate the amount of Zakat you owe below:

Name: _____

Date: _____

/ 100 x 2.5 =

Notes: _____

“And establish prayer and give zakah, and whatever good you put forward for yourselves - you will find it with Allah. Indeed Allah, of what you do, is Seeing.”
(Quran 2:110)



OBRF Impact

- ♥ Provided cultural sensitivity training to 320+ institutions
- ♥ Partnered with 56 organizations
- ♥ Delivered 20.4 tons of food annually
- ♥ Furnished 15 homes annually
- ♥ 14 educational conferences annually
- ♥ Positively impacted 11,808 lives in 2024

Donate



<https://obrf.ca/donate-to-obrf>

eTransfer & Paypal

etransfer@obrf.ca

Charity Reg. # 843548777RR0001

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