

Unlock Your Potential: Transformative Coaching for Personal and Professional Growth

Welcome to Cairns Consulting & Coaching!

I believe in the power of transformative leadership and unlocking your true potential.

My coaching services are designed to foster personal and professional growth, helping you achieve your goals and lead a fulfilling life.



At Cairns Consulting & Coaching, my mission is to empower individuals, teams, and organizations to achieve their highest potential by fostering personal responsibility, personal leadership, and sustainable habit change. By creating a culture of trust, openness, and authenticity clients can take charge of their personal and professional growth, leading to lasting and meaningful results.

My coaching solutions are tailored to the unique needs of individuals, teams, and organizations. My approach is rooted in the inherent belief of the full potential residing within each individual, ensuring that every client feels supported and inspired on their journey to success."



My Services

My comprehensive range of coaching services is designed to enhance leadership capabilities and drive organizational growth. Whether you are an emerging leader or a seasoned executive, my programs aim to foster intrinsic motivation, build self-awareness, boost self-confidence, strengthen responsibility and accountability, build resilience, and foster a culture of continuous improvement.

My services include:

- **One-on-One Executive Coaching**

I am committed to helping you navigate the complexities of leadership with clarity and confidence.

- **Group Coaching**

Group coaching sessions offer the opportunity to share experiences, learn from others, and receive constructive feedback.

- **Team Development Workshops**

For teams, departments, and organizations, I provide tailored coaching programs that enhance collaboration, improve performance, and foster a positive work environment. My specialized programs address specific challenges and help your team thrive.

In line with Cairns Consulting & Coaching's motto, "Go your way," my approach is designed to help you find your unique solution rather than following a generic path.

Why Choose Me?



At Cairns Consulting & Coaching, I understand that every leader's journey is unique. That is why I take a personalized approach to coaching, working closely with my clients to identify their strengths, address their challenges, and achieve their goals.

As the founder, I bring a wealth of experience from my roles in multinational companies and my work with C-suite executives. My expertise in balancing business objectives with employee well-being ensures that my coaching solutions are both effective and sustainable.

In essence, my goal is to elevate your organization's performance by enhancing your leadership impact, the capabilities of your people and enriching your own life.



Cairns Consulting & Coaching
go your way

TEAM
DEVELOPMENT

CHANGE
MANAGEMENT



Passionate about People
Committed to Leadership Excellence
Transforming Individuals and Organizations



About Me

Founded by Bettina Hauptmann Eidsens, Cairns Consulting & Coaching was born out of my passion for helping others achieve their best selves. With over 20 years of HR experience in multinational companies (Pharma, Biotech, LifeScience), I have worked with employees at all levels, from entry-level to C-suite executives. Understanding the specific cultural environment and the fast-paced, high-growth industry, my journey has been driven by a belief in the resourcefulness of individuals and the power of coaching to bring about meaningful change.

Contact Me

Ready to take your leadership skills to the next level? Contact me today to learn more about my unique coaching programs and how I can help you achieve your ambitions. Based in the Basel area, amidst numerous biotech organizations, connect with me on LinkedIn, via email, or by phone to start your journey towards transformative leadership.



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Cairns Consulting & Coaching
Rev. prof. of
go your way

Enhancing Your Leadership Impact