

10 essential reads for

CHANGE LEADERS

NOURISH THE MIND

"The Coaching Habit"

Say Less, Ask More & Change the Way You Lead Forever" by Michael Bungay Stanier

"Emotional Intelligence 2.0"

A classic on personal and professional effectiveness, Covey outlines habits that can help individuals work more efficiently and achieve their goals. by Stephen R. Covey

"Mindset: The New Psychology of Success"

Dweck introduces the concept of "fixed" vs. "growth" mindsets, and how adopting a growth mindset can enhance learning and resilience. . by Carol S. Dweck

"Grit: The Power of Passion and Perseverance"

Duckworth explores how grit and perseverance play a crucial role in achieving long-term goals and success. by Angela Duckworth

"High-Performance Habits: How Extraordinary People Become That Way"

Identifies habits that contribute to high performance and success in both personal and professional life. by Brendon Burchard

"Atomic Habits"

Clear's book offers techniques for building good habits and breaking bad ones, improving personal and professional effectiveness. by James Clear

"The 7 Habits of Highly Effective People"

Focuses on understanding and improving emotional intelligence (EQ), which is crucial for effective teamwork and leadership. by Travis Bradberry and Jean Greaves

"Drive: The Surprising Truth About What Motivates Us"

Explores what truly motivates people beyond traditional rewards, and how intrinsic motivation can lead to higher performance and satisfaction. by Daniel H. Pink

"What lies beneath: how organisations really work"

Part organisational psychodynamics. If you work in or want to understand corporate (I did for many years) you'll love this. by Ajit Menon and Trevor Gough

"Leaders Eat Last: Why Some Teams Pull Together and Others Don't"

Sinek discusses the importance of leadership that prioritizes the wellbeing of the team, fostering trust and cooperation. by Simon Sinek

"Change is the only constant in life." Heraclitus

Are you a Change Leader looking to improve results in the next 12 months?

We're here to help you!



Drop us an email to arrange a complimentary 15 minute call and we'll start mapping your path to greatness, we look forward to talking to you soon.

Thank you..

CONTACT US 
info@theconsultingcoach.org

Have any questions or suggestions,
you can reach out to us at *info@theconsultingcoach.org*