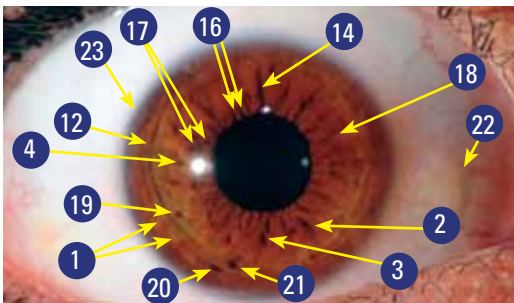
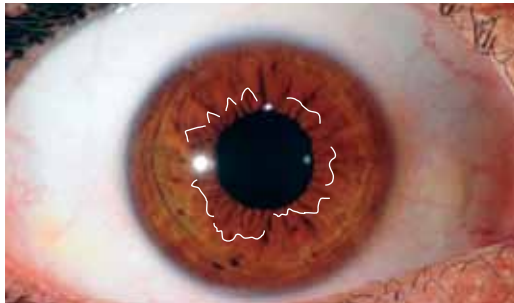
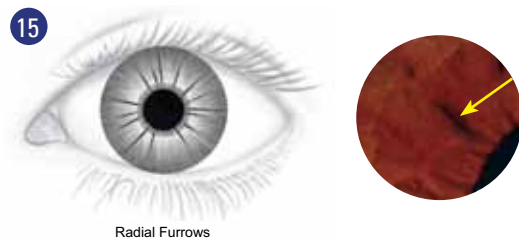
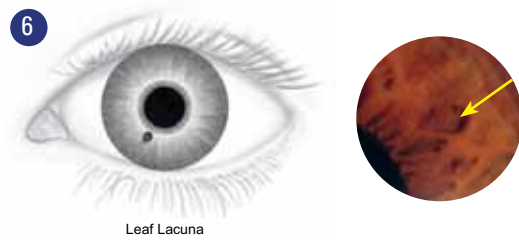
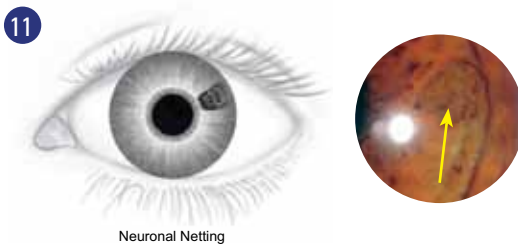
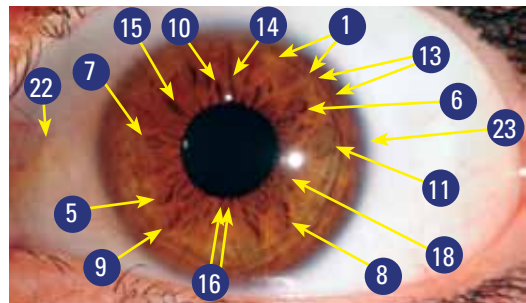
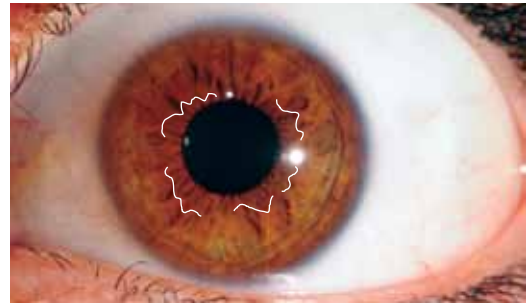


## Mixed Iris (Right)



## Mixed Iris (Left)



# IRIS EVALUATION FOR A MIXED IRIS

*Sex:* Woman

*Age:* 20

*Iris Color:* Mixed

**Constitution:** *Biliary*

**Subtypes:**

*Ferrum Chromatose Hydrogenoid*

When we look at these irises, we know that this young woman has a *biliary type* iris constitution. The subtype by color is *ferrum chromatose* showing tiny brown snuff tobacco like pigments throughout with some forming bands of color called “tiger striping.” If we look closely, we can see *yellowish tophi* (1) in zone six of both irises suggesting a *hydrogenoid* subtype as well.

The *Hydrogenoid Subtype* of the *Biliary Type* has tophi in the sixth zone just like the lymphatic types, but the tophi will be yellowish to brown in color. This does not suggest chronicity as it would in the Lymphatic Type. Yellowish to brown tophi in the Biliary Type are caused by pigmentation. The tophi in the Biliary Type show the same tendencies as those in the lymphatic type.

**Subtypes by Structure:**  
**Polyglandular, Anxiety Tetanic**

*The Polyglandular Subtype* has lacunae going around the collarette. There are more lacunae in the left iris than the right. The tendencies of this person are to have glandular concerns in general. We need to pay attention to the most

prominent lacunae.

**Prominent Lacunae in the Right Iris:** There is a beak lacuna in the inferior medial sector at 5:00 in the uterus reaction field (2). It is a straight pointed beak, but does not penetrate the collarette. There is a crypt in the adrenal gland reaction field (3), which can be very significant in a case where the person has reported anxiety and stress. There is also a small crypt in the heart reaction field at 9:00 (4).

**Prominent Lacunae in the Left Iris:** There is a leaf lacuna at 8:00 in the inferior medial sector (5). There is a leaf lacuna at 2:00 in the superior temporal sector (6). These leaf lacunae are topostable to the pancreas, but also affect the other organs of secretion. There is a leaf lacuna at 9:10 in the parathyroid reaction field and medial sector (7). The parathyroid is responsible for managing minerals, in particularly calcium in the body. Notice also the stair step lacuna at 5:00 (8), and a lacuna at 7:15 in the bladder reaction field and inferior medial sector (9). There is a crypt in the pituitary gland reaction field and frontal sector (10). The pituitary gland regulates all of the hormones. There is a large lacuna between 2:15 and 3:00 called neuronal netting in the lung reaction field (11). These lacunae are often located in the lung reaction field and signify a tendency for anxiety.

*The Anxiety Tetanic Subtype* has several contraction furrows and often radial furrows as well. This woman has both. We want to notice where the contraction furrows are located and the types of contraction furrows they are. In this case, the furrows are located in zones four, five, six, and seven affecting muscles, bones, lymph, and skin. There is a *sectoral opening*

*of furrows* at 9:00 in the right iris (12), suggesting lack of proper nerve energy to the lungs. In the left iris, there are stair step furrows from 12:30 to 2:00 in the superior temporal sector suggesting possible headaches, vertigo, or problems with memory (13). There are significant radial furrows at 12:00 going from the pupil border out to zone six in both irises (14). Radial furrows show a lack of nerve energy that may indicate a tendency for parasites since without nerve energy, we can't expel toxic wastes. Parasites like to live on toxic wastes. There is a dark radial furrow at 10:00 in the left iris in the pancreas reaction field. This radial furrow may also indicate sinus or throat congestion (15).

## The Nutritive Zones

*The Nutritive Zones* of both irises have concentrations of brown pigment called *central heterochromia* and there are comb teeth going around the pupillary border. Both of these signs suggest digestive difficulties. Comb teeth, wagon wheel spokes, or short radial furrows (16) indicate a potential compromise in nerve energy in the stomach zone with difficulty absorbing nutrients. There are collarette crypts in both irises along the inside of the collarette suggesting a genetic history of bowel disorders. In the right iris at 9:00 are collarette crypts in a stairstep formation moving through zone two to zone one (17).

## The Collarette (18)

*Collarette Placement* is normal to constricted in both irises. The *quality* of the wreath is thick in areas, thin and wispy in areas and absent in other areas, suggesting possible irritable bowel patterns with too much energy at times and not enough at other times. Mostly the wreath is thin or absent indicating a lack of nerve energy and peristalsis. The *shape* of the wreath is jagged and intermittent.

There is a *large pupil with a constricted collarette*. A large pupil and constricted collarette combination indicates a minimal reserve of energy, possible cramping in the digestive tract, and the desire for a lot of food. Digestion and absorption are limited.

*Pigments in the Right Iris* are brown. There is one in the liver reaction field at 8:00 in the inferior temporal sector (19). There is a dark brown pigment in the pelvic reaction field (20) and another one in the abdominal region (21).

*There is a pinguecula* in the medial region of each sclera (22).

*There is a circulatory ring* around the outer edge of the both irises. This ring appears as a blue glow and indicates potential for a sluggish circulation (23).

## SUGGESTIONS THAT MAY BENEFIT THIS TYPE OF INDIVIDUAL:

### Foods to Eat

- » Bitter greens
- » Sea Vegetables
- » Beets

### Foods to Avoid

- » Wheat
- » Dairy
- » Sugar
- » Hydrogenated Oils
- » Fried Foods

### Beverages

- » Flax seed tea
- » Consume half the body weight in purified water

### Supplements

- » Digestive Enzymes
- » B vitamin complex
- » Calcium/Magnesium
- » Chromium
- » Dulse or Kelp
- » Chlorella
- » Vitamins A
- » Vitamin E
- » Flax seed oil

### Herbs

#### *Liver Support:*

- » Milk thistle
- » Dandelion

#### *Bowel Support*

- » Chlorella
- » Flaxseed Oil
- » Slippery Elm

#### *Herbs traditionally used to rid the body of parasites:*

- » wormwood, garlic, cloves, and black walnut

### Lifestyle

- » Deep Breathing
- » Skin Brushing