



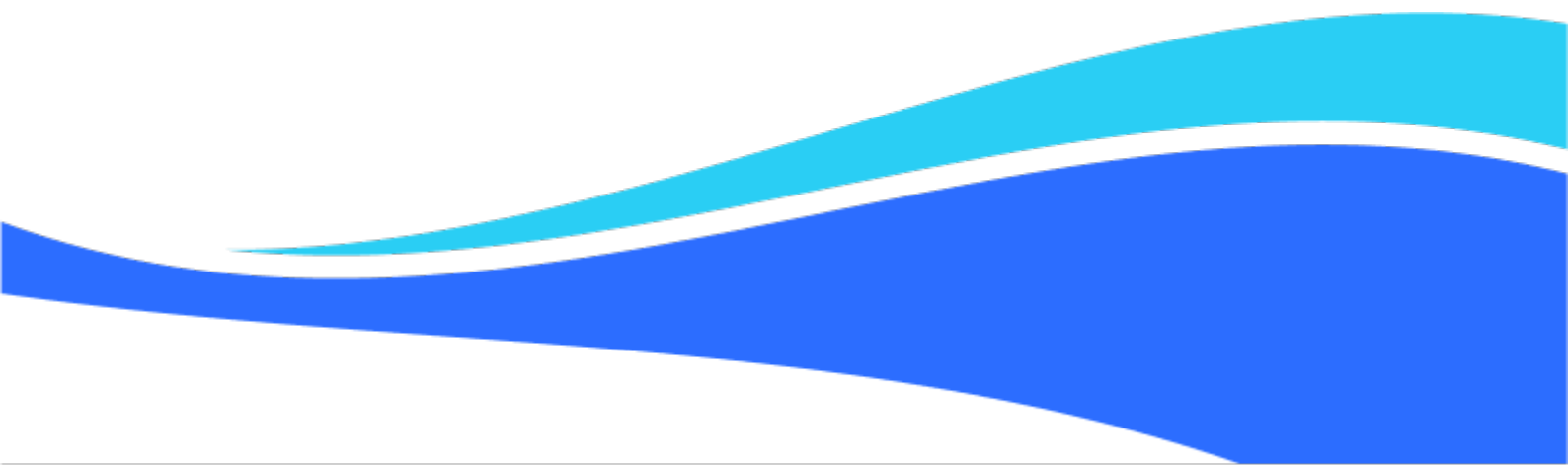
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VoiceWise

Energetic Wellness Patterns

Executive Summary: This report is based on voice-based energetic wellness observations to provide education on patterns related to the energetic field. By observing over 1,100 energetic wellness patterns, it offers a snapshot of trends related to five energetic wellness pillars, energetic wellness concepts, and areas of energetic wellness. Additionally, it highlights areas that may be of interest for further exploration, offering perspectives on potential energetic wellness trends related to physical or emotional factors. This report is strictly for educational and informational purposes only and does not diagnose, treat, cure, or prevent any medical condition. It is intended to empower individuals to explore their energetic wellness from a new perspective.



Disclaimer and Important Information

This report is for educational and informational purposes only. It is not intended to diagnose, treat, cure, or prevent any disease or medical condition. The information provided in this report is based on observed patterns related to the energetic field at the time of the voice-based energetic wellness observation and is intended solely for energetic wellness education.

The observations in this report do not reflect physiological, biochemical, or medical assessments. "Energetic Wellness Patterns" refer to trends identified within the voice-based observation process and should not be interpreted as indicators of physical health, medical status, or disease risk.

The methods used to generate this report are not intended for medical use and have not been evaluated or approved by the FDA. Statements made within this report have not been reviewed or endorsed by the FDA and are not intended to diagnose, treat, cure, or prevent any disease.

The content of this report does not constitute medical advice, diagnosis, or treatment and should not be used as a substitute for professional medical care. Any references to body systems, organs, or wellness-related concepts of any kind are for general educational purposes from an energetic perspective and do not imply a medical evaluation, diagnosis, or condition.

All numerical values and interpretations provided are for illustrative purposes only and should not be taken as prescriptive guidance, dosage recommendations, or health directives. Individuals should always consult a licensed physician or qualified healthcare provider before making any health-related decisions, including changes to diet, exercise, or wellness routines, particularly if they have pre-existing medical conditions or are taking medications.

This document makes no claims, guarantees, or warranties—express or implied—regarding the accuracy, effectiveness, or applicability of the information contained within this report. Use of this report and any associated insights is voluntary and at the sole discretion and risk of the individual.

This report does not establish a doctor-patient relationship, and its contents are not intended to replace, modify, or serve as a substitute for professional healthcare services. For personalized medical advice or treatment, please consult a licensed healthcare professional.



Energetic Wellness Glossary

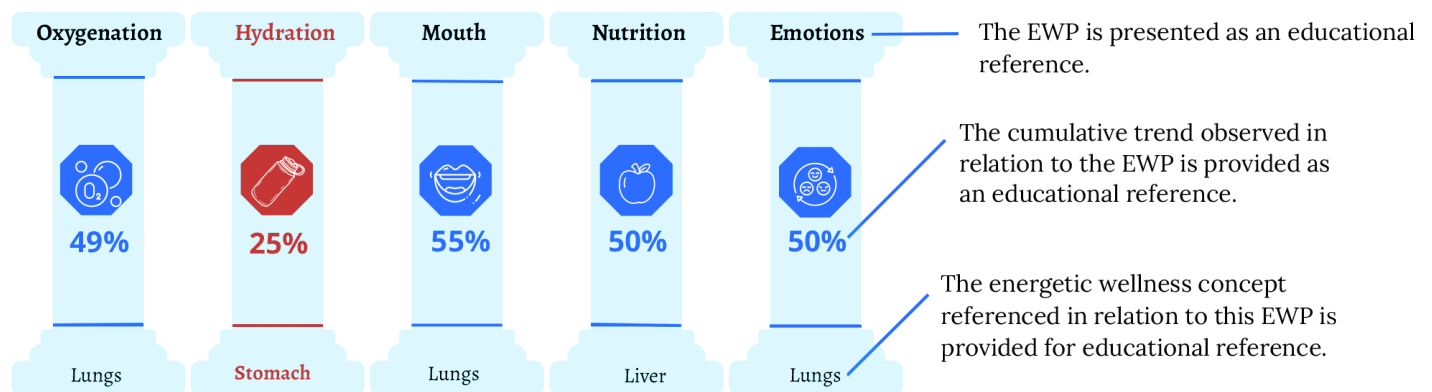
Energetic Wellness Trends (Observed %):

For informational purposes, this report presents observed energetic wellness trends (EWT) to highlight areas of potential exploration. An EWT above 50% may suggest a greater presence of an energetic pattern at the time of observation, while a EWT below 50% may reflect an opportunity to further explore energetic wellness perspectives as part of energetic wellness goals. These EW do not represent a medical diagnosis or health assessment.

Energetic Wellness Pillars:

This report observes five Energetic Wellness Pillars (EWP) for energetic wellness education. The pillar highlighted in RED represents the least prominent observed trend at the time of voice observation. Terms listed within each EWP, such as brain lymphatics or liver or lungs, refer to energetic wellness concepts and do not suggest physiological levels or function, medical assessments, or nutritional status. These observations are for educational purposes only and should not be interpreted as diagnostic or prescriptive. These terms serve as conceptual references and should not be interpreted as assessing organ function or physiological health.

EXAMPLE

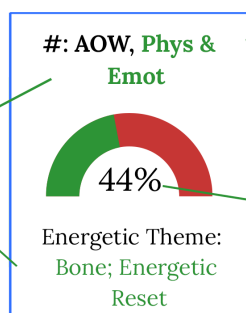


Areas Of Energetic Wellness (AOEW):

This report highlights the two areas with the lowest observed trends out of the ten total areas observed for energetic wellness. The example below showcases terms listed after 'Energetic Theme:' such as bones; energetic reset, which refer to energetic wellness patterns and do not suggest physiological function, detoxification, medical assessments, or nutritional status. These observations are for educational purposes only and should not be interpreted as diagnostic or prescriptive.

EXAMPLE

This references whether the Area's energetic wellness patterns are associated with Physical or Emotional factors, along with the related energetic theme observed.



This references the area of energetic wellness that may benefit from further energetic wellness exploration and education.

This references an aggregated trend based on four Physical and four Emotional factors.

Energetic Wellness Glossary

10 AREAS OF ENERGETIC WELLNESS (AOEW) OBSERVED

1. Circulatory

2. Digestive

3. Hormone

4. Immune

5. Lymphatic
6. Musculo-Skeletal

7. Nervous

8. pH Environment

9. Respiratory

10. Skin, Hair, & Nails

Most Referenced Energetic Wellness Factor:
This refers to the energetic wellness concept most frequently referenced in this report. The report observes 30 energetic wellness concepts, some of which are specific to male (M) or female (F) energetic wellness. Your Most Referenced Energetic Wellness Factor and its related energetic wellness considerations can be found on page 7. This designation reflects notable energetic patterns and is intended for educational exploration only. It should not be interpreted as a medical concern or physical imbalance.

30 ENERGETIC WELLNESS CONCEPTS (EWC) EXPLORED

1. Adenoids

2. Adrenals

3. Appendix

4. Brain

5. Breast (F)

6. Chest (M)

7. Cranium

8. Diaphragm

9. Esophagus

10. Eyes

11. Gallbladder

12. Heart

13. Kidneys

14. Knees

15. Large Intestines

16. Liver

17. Lungs

18. Ovaries (F)

19. Pancreas

20. Pineal

21. Prostate (M)

22. Sinuses

23. Small Intestines

24. Spleen

25. Stomach

26. Testicles (M)

27. Thymus

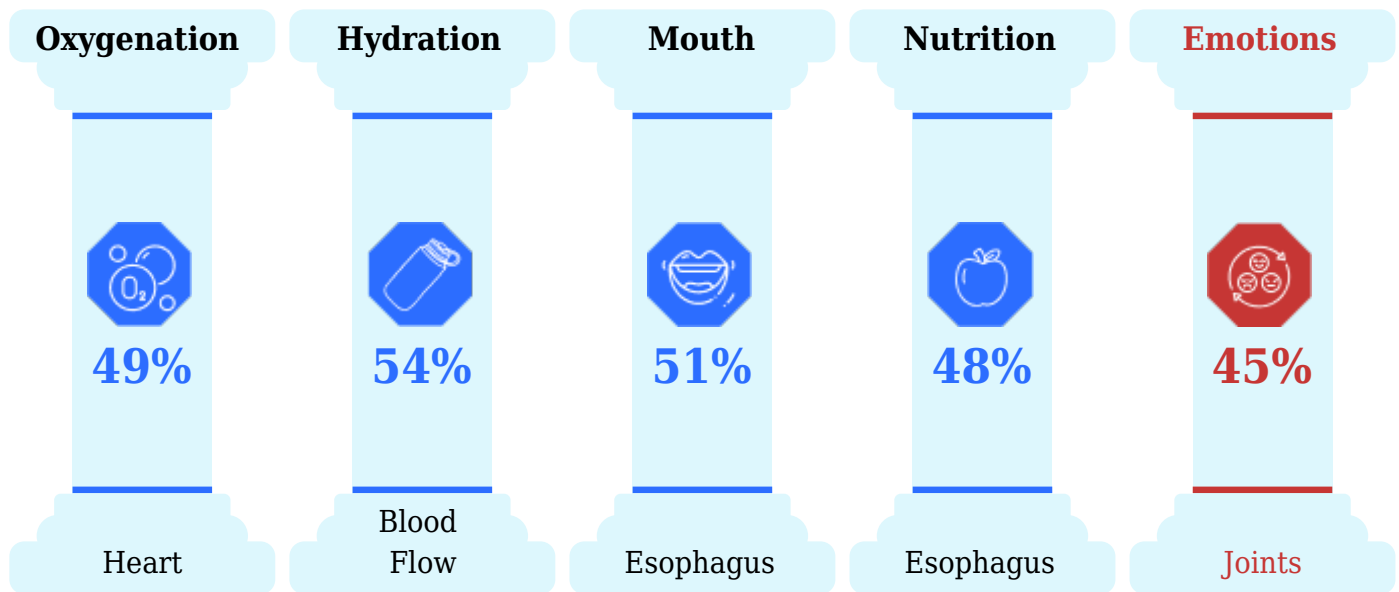
28. Thyroid

29. Tonsils

30. Uterus (F)

5 Energetic Wellness Pillars

The energetic wellness pillar most highlighted for observation at this time is **EMOTIONS**, which may be associated with the **JOINTS**. This energetic wellness concept may be linked to adaptability and movement, both physically and emotionally. Some perspectives suggest that flexibility in thought and emotion may contribute to a sense of ease, while emotional rigidity or resistance to change may be associated with variations in comfort and function.



Additional Energetic Wellness Patterns

The **Esophagus** has a notable connection as an observed energetic wellness concept. Explore the following associations:

- How Mouth May Potentially Relate to the Esophagus for Educational Exploration - [Click Here](#)
- How Nutrition May Potentially Relate to the Esophagus for Educational Exploration - [Click Here](#)

To learn more about how each theme is referenced in relation to its associated energetic wellness pillar, [CLICK HERE](#).

Areas Of Energetic Wellness

<div><div><div>1: Respiratory, Phys & Emot</div><div><div><div></div><div>44%</div></div></div><div>Energetic Theme: Oxygen;Feeling Powerless</div></div></div>	<div>Observed Energetic Wellness Patterns:</div> <div><div><div>• Shortness of Breath</div><div>• Dizziness</div><div>• Bluish Skin</div><div>• Weakness</div><div>• Difficulty Breathing During Physical Activity</div></div><div><div>• Fatigue</div><div>• Rapid Breathing</div><div>• Chest Tightness</div><div>• Headache</div></div></div>	<div>Energetic Wellness Considerations:</div> <div>High Altitude, Poor Air Quality (Ozone), Heavy Metal Exposure (Lead), Low Hemoglobin Levels, Chronic Smoking, Sedentary Lifestyle, Pollution</div>
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Consider a Oxygen Level Awareness Self-Check to explore potential energetic wellness patterns. For educational purposes: [CLICK HERE.](#)

<div><div><div>2: Hormone, Emot</div><div><div><div></div><div>47%</div></div></div><div>Energetic Theme: Pancreas-Nourish Self</div></div></div>	<div>Observed Energetic Wellness Patterns:</div> <div><div><div>• Unstable Blood Sugar Levels</div><div>• Frequent Urination</div><div>• Increased Hunger</div><div>• Digestive Discomfort</div><div>• Mood Swings</div></div><div><div>• Excessive Thirst</div><div>• Unexplained Weight Loss</div><div>• Fatigue</div><div>• Blurred Vision</div><div>• Persistent Hunger</div></div></div>	<div>Energetic Wellness Considerations:</div> <div>High Sugar Intake, Lead from Plumbing, Mercury in Seafood, Processed Foods, Excessive Caffeine, Environmental Pollutants, Pesticides, Chronic Stress, Alcohol, Low Fiber Intake</div>
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Consider a Sugar Awareness Self-Check to explore potential energetic wellness patterns. For educational purposes: [CLICK HERE.](#)

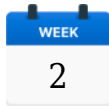
Energetic Wellness Perspectives & Educational Explorations

For a list of ALL EDUCATIONAL RESOURCES - [CLICK HERE](#)



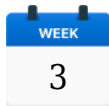
Explore the "Most Referenced Energetic Wellness" Factor: **Spleen (associated with the Area(s)) as follows: Circulatory, Immune & Lymphatic)**. Below are educational examples for self-directed wellness exploration:

- Consider starting the morning with a warm cup of ginger and turmeric tea. Some individuals spend 10 minutes practicing gentle qigong or tai chi movements by following educational videos online. Others follow this with 5 minutes of deep belly breathing. Some choose to prepare a light breakfast of cooked oats or rice with a sprinkle of cinnamon and a handful of soaked almonds.



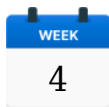
Explore the Observed Energetic Wellness Patterns related to the **Emotions Pillar & Joints**. Below are educational examples for self-directed wellness exploration:

- Consider gentle stretching or yoga that encourages both physical and emotional flexibility. Some individuals journal about areas of resistance to change. Others may incorporate anti-inflammatory foods like turmeric and ginger.



Consider also exploring the following Wellness Concept: **Oxygen** in relation to **Respiratory**. Below are educational examples for self-directed wellness exploration:

- Some individuals explore consuming 1/2 teaspoon of spirulina powder mixed into a smoothie or water each morning.
- Some individuals explore repeating daily: "Every breath fills me with calm, clarity, and vibrant energy, renewing my mind, body, and spirit."



Finally, consider exploring the following Wellness Concept: **Pancreas** in relation to **Hormone**. Below are educational examples for self-directed wellness exploration:

- Some individuals consider taking 2 drops of Cherry Plum Bach flower in water a couple times a day.