

IRIDODOLOGY FOR WEIGHT LOSS

For WOMEN

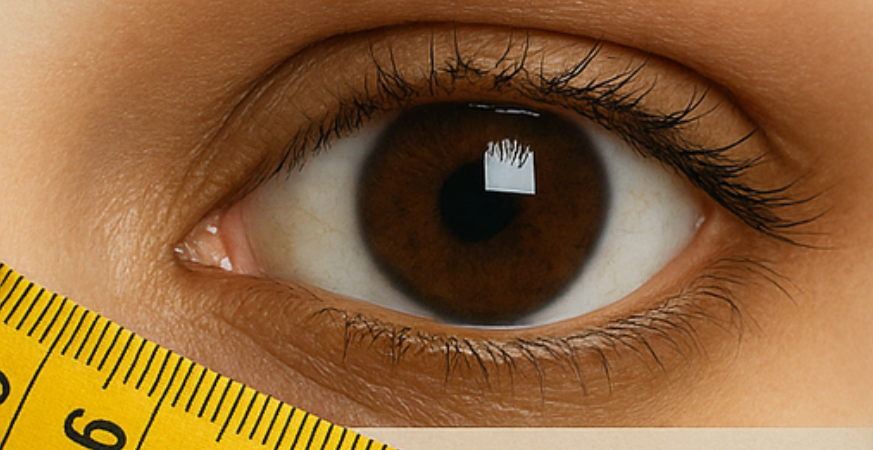
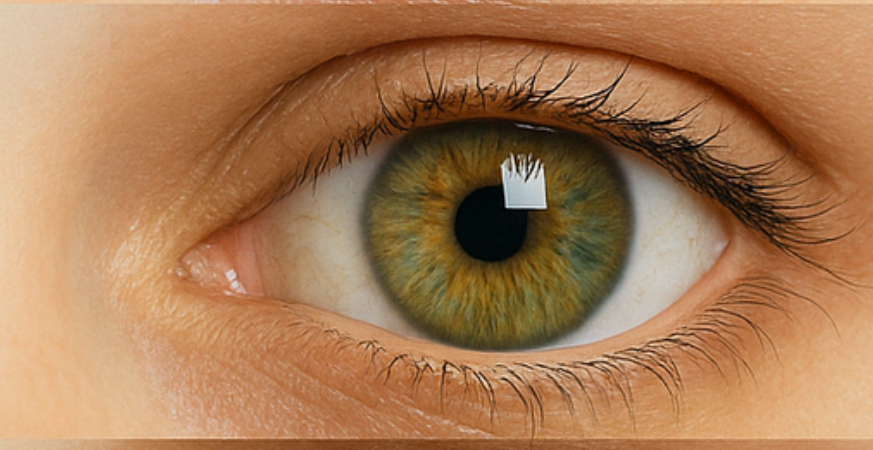
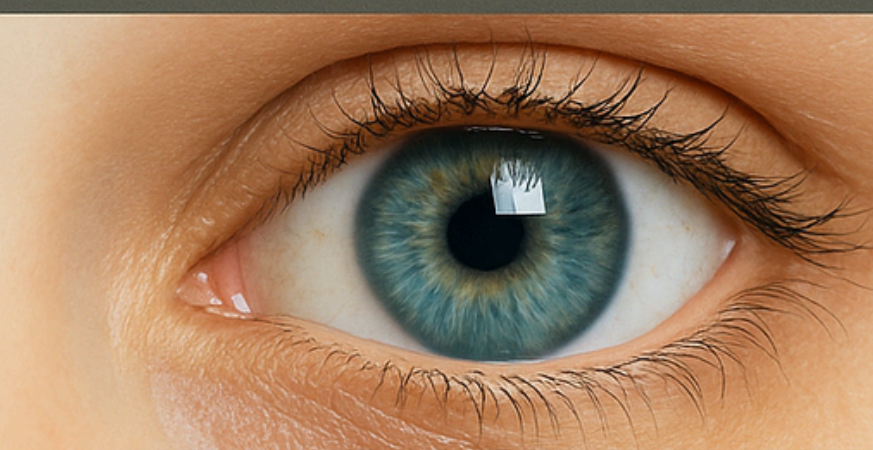
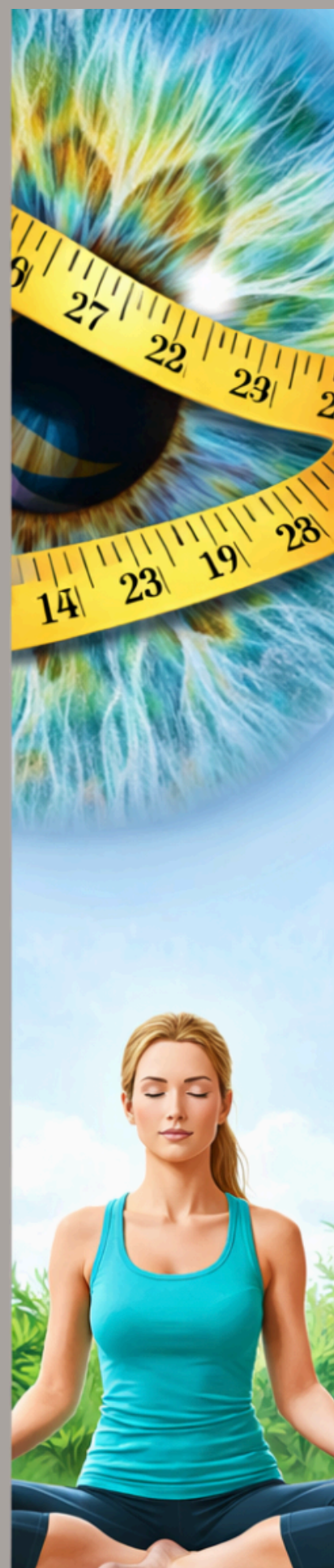


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The Long Road Through “Doing Everything Right”



My Story:

“I didn’t come to this work **casually**.

For **20 years**, I studied **nutrition, metabolism, and weight loss**—reading the books, following the research, experimenting with protocols, and applying what I learned with discipline and consistency. I tried **HCG, b12 shots, the master cleanse**, and more **diets** than I can count. I even created my own **weight loss supplements**, including all the nutrients I thought would finally shift the needle and make weight loss effortless.

On paper, I was doing everything ‘**right**.’ And for a while, some things worked. Weight would come off... Energy would improve... Then, slowly or suddenly, everything would **stall—or reverse**.

No matter how **dialed-in** my habits were, the **results never truly stuck**. What frustrated me most was the pattern of **temporary success** followed by the same outcome. It felt like **my body was correcting against me**, even when I was doing exactly what I believed should work.

“Something was still missing...That individualized component that touched on how each woman’s body responds uniquely to weight loss. Why some strategies worked for one woman but not for another. I was determined to identify the missing link...”