



Tania Davies
THE SUCCESS SLOW COACH™
speaker | trainer | therapist

"Slowing down can transform the work/life experience for you, your staff and your business."



the future of productivity and wellbeing

TANIA DAVIES
INTERNATIONAL KEYNOTE SPEAKER
www.taniadavies.com

Are you brave enough to stop the busy, slow down, and swim against the tide of increasing levels of stress, depression and anxiety?

Today more than ever, we need leaders to educate themselves on the Slow Coach approach to increased wellbeing and productivity at work.

TOPICS

- The Future of Productivity and Wellbeing
- Conscious Leadership and Enhanced Performance
- The Art of Slowing Down to Thrive
- Stress, Burnout and Trauma Management

[#SlowLeadershipMovement](#)

TESTIMONIALS

Tania is a powerful speaker leaving the audience with a clear message and the willingness to take slowing down seriously.

A. Muliva

Thank you Tania for your keynote speech, I never thought that slowing down could be more productive!

I love your passion.

O. Samkova

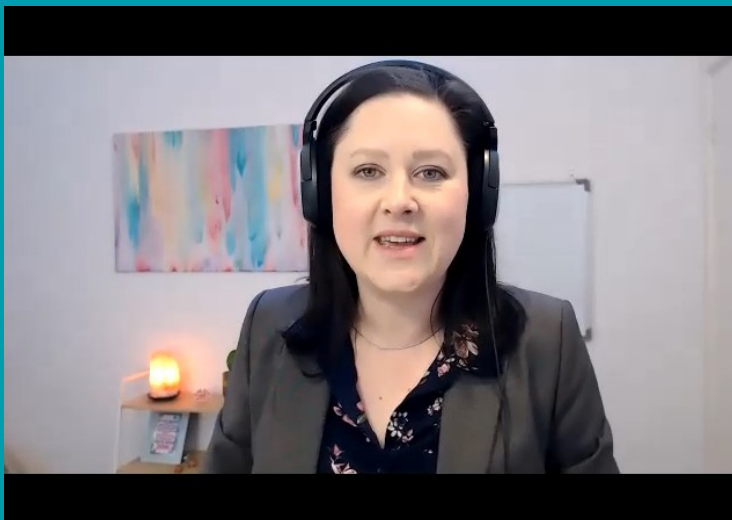


Clients Include



www.taniadavies.com

Tania is available for live or online, workshops, keynote presentations and training packages to meet your needs.



About Tania

Tania Davies is The Success Slow Coach, Trainer, Therapist, CEO of the Mindful Impact Wellness Hub and Professional Keynote Speaker.

For over 20 years, Tania Davies has served in a broad range of industries within the private and public sectors, both in Australia and internationally, allowing her to better understand the importance of behavioural flexibility within the workplace to achieve greater productivity and increased wellbeing.

Tania is on a mission to bring practical, evidence-based transformational slow leadership training, coaching and consulting to organisations and individuals that realise there is a better way.

In December 2009 Tania's busy life dramatically came to a complete standstill. She was changed forever in an instant and realised she had to develop a whole new level of self awareness, courage and resilience. She now has the skills to show busy people, just like you, how to achieve more without the busyness.

CONTACT

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