



Tania Davies
THE SUCCESS SLOW COACH™
speaker | trainer | therapist

Biography - Tania Davies

Tania Davies, The Success SLOW Coach™, is a highly accomplished professional renowned for her strategic thinking, coaching expertise, speaking engagements, therapeutic practices, and consulting services. Her mission to transform the landscape of productivity and wellbeing through the Slow Leadership Movement, is helping to empower individuals and unlock their full potential.

Backed by a Degree in Business Management, a Master's in Marketing, and an impressive 20+ years of experience in positive psychology, wellbeing, mindset transformation, resilience, strategic communications, sales, and marketing, Tania possesses a profound wealth of knowledge. Her expertise and profound insights prove invaluable for individuals seeking personal and professional growth.

Tania assumes the role of Owner and Director at the Mindful Impact™ Wellness Hub, a centre that serves as a catalyst for transformative change and holistic wellness practices. Additionally, she holds a respected position as a Board Director within the Australian Hypnotherapists' Association, contributing her expertise to advance the field of clinical hypnotherapy.

Tania's dedication extends to her multifaceted role as a Clinical Hypnotherapist, Psychotherapist, Master Practitioner of Neuro Linguistic Programming (NLP), and a holistic Energy Management Specialist. With clients worldwide, she guides busy professionals through the challenges of overwhelm, anxiety, stress, and burnout, empowering them to strategically slow down and thrive.

Passionate, insightful, and unwavering in her commitment to helping others, Tania Davies stands as a true leader in her field. Her remarkable results and ability to empower individuals to achieve holistic success have solidified her position as a trusted professional.

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