

# Baby Jaws™ & Breathing Nose to Toes™

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## ABC'S for Early Intervention (EI) Therapists (Inpatient/Outpatient):

Airway, Breathing, Cranial-Mandibular Dysfunctions & Sleep (Birth – 3yrs old)

### COURSE OVERVIEW

Revolutionize the way you treat every patient. Learn why airway, breathing, sleep and cranio-mandibular dysfunctions must be top of mind for every member of the pediatric multi-disciplinary team. This course shares evidence-based research and teaches innovative tools and techniques to optimize craniofacial & respiratory function to transform your everyday focus, practice & individualized treatments.

Learn essential pieces of the puzzle to help clients achieve better, faster, longer-lasting results.

Results After One Hour



Results After One Year



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### LEARNING TECHNIQUES

Powerful, intermediate-level in-person, with hands-on learning.

### WHO

Pediatric PTs, OTs, SLPs, RTs, MDs, & DOs may apply to attend. Others on a case-by-case basis.

Click the QR code or link below to sign-up for updates on courses & future offerings as well as those for:  
• Lactation Professionals & Midwives  
• Dental Professionals & other key members of the team.

### STUDENTS WILL BE ABLE TO:

- Apply evidence-based treatments, & clinical tools to use **with individual clients**, with hands-on lab-based learning introducing whole body breathing & how they connect with orofacial myofunctional therapy tools and techniques, which can improve sleep apnea up to 62%.
- Explore whole-body systems and connections with focus on the cranium, mandible, hyoid, TMJ's, nerves, diaphragm, ankles & toes.
- Facilitate collaboration and teamwork.
- Investigate how mouth breathing, snoring, trouble sleeping in young children increases their chance of special education needs, causes neuronal damage and impacts behavior, cognition, development, motor skills, language, and speech of an already vulnerable population.
- Analyze research, use screening and assessment tools, and review cases while connecting anatomy, physiology, neurology, and chemistry.

### WHAT ARE PARTICIPANTS SAYING?

"It will revolutionize how you approach treating infants and TOTS patients." **Brita Destefano, Physical Therapist, CO**

"I have been in search of missing pieces to the WHY behind what I have been seeing with babies & feel like this course was it!" **Rachel Williams, Physical Therapist, FL**

"Anyone working with babies needs this info!" **Kristie Middendorf, Occupational Therapist, FL**

"Well worth the price! Don't miss the opportunity to learn from Cynthia. She is gifted in presenting her wealth of knowledge in an engaging and exciting way. We are prepared to change the world!" **Shira Kirsh, Speech Language Pathologist, NJ**

"I loved learning how the tongue is a buzz word right now, but it's missing the mark if you don't look at breathing first. I also loved learning all the research, tools and other things Cynthia has been trailblazing. Any PT working with infants needs to understand how breathing impacts everything we do." **Giselle Tadros, Physical Therapist, NJ**

"Today was the Holy Grail! Cynthia is brilliant – she is a gifted teacher and clinician"  
**Judy Delaware, Occupational Therapist, CO**

**QUESTIONS** 385-722-4555 text/call or email [connect@breathefunctionthrive.com](mailto:connect@breathefunctionthrive.com)

Click the link to apply or to get updates on *courses & future customized offerings* for:  
• Lactation Professionals • Midwives • Dental Professionals  
& other key members of the multi-disciplinary team.

<https://bft.breathefunctionthrive.com/baby-jaws-page-3923>



# Baby Jaws™ & Breathing Nose to Toes™

Revolutionize how early intervention therapists treat infants!

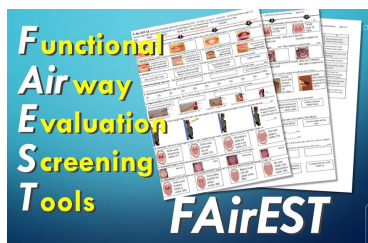
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Creating  
Healthier  
Happier  
Humans!



## MEET YOUR INSTRUCTOR: Cynthia Peterson PT, CSOM, CST

Cynthia is passionate about early intervention & prevention. She developed this course in honor of her premature grandson "Finn". Cynthia has 34 years experience and has helped thousands to thrive in innovative ways. She works with all ages to identify and address root causes and underlying issues to optimize airway, breathing, sleep, and cranial-mandibular function. Cynthia strives to combine evidence & research, with clinical expertise & decades of learning from both failures & successes. She promotes ethics, respect for IP & honoring SOP.



In 2022 Cynthia was awarded The Breathe Outlook Award for "Extraordinary contribution to the foundation, research, and development of the [FAIREST.org](https://www.fairest.org) resources for screening patients for sleep and breathing challenges" of which Cynthia is the originator & co-creator.



Cynthia is a published researcher and author of the top selling book on Amazon for cranio-mandibular disorders.



**The TMJ  
Healing  
Plan**

Cynthia started teaching "Jaw School" in 1990 which included healthy jaw function & posture, nasal breathing with lip seal and tongue-up on the palate and authored the top selling book on the subject before she even heard the now popular term "orofacial myofunctional therapy". She is Certified in Orofacial Myology, Craniosacral Therapy & Breathing techniques and is trained in pediatric tools and techniques, with extensive training in the cranial nerves and nervous system, fascial & visceral work, & much more. Cynthia is passionate about helping patients function, feel, sleep & breathe better.

## >> DATES <<

### **Baby Jaws & Breathing**

JUN 22-23 Lewisville, TX  
JUL 27-28 Salt Lake, UT  
Online Summer 2024  
FEB 2025 Puerto Rico

### **Mouth Magic™ for Infants**

3-Part Training  
SEPT Online Self-Paced  
OCT Virtual Sessions  
In-Person Testing & Cases  
• NOV 2-3 Salt Lake, UT  
• FEB 2025 Puerto Rico  
• MAR 22-23 Salt Lake, UT

Have a large group? Let's talk...  
[connect@breathefunctionthrive.com](mailto:connect@breathefunctionthrive.com)

Cynthia has presented nationally and internationally and is a member of many professional organizations including:



National Association  
of Neonatal Therapists



International Pediatric Sleep Association

ACADEMY OF  
**PEDIATRIC**  
—PHYSICAL THERAPY



## MORE THAN JUST A COURSE...

\$997

In-person, 17 hour interactive 2-day course ( ~25% hands-on learning) with videos & exclusive NICU Respiratory Therapist presentation including infant CPR review.



Printout of all slides from the presentation



Licensing of several key handouts to help save you time & optimize outcomes.



Bonus post-course virtual meeting to support you, your learning, & optimize application of the powerful tools & techniques you will learn.



Participants will earn a Baby Jaws™ & Breathing Nose to Toes™ Trained Badge.



**SCHOLARSHIP Opportunities available** for full-time NICU therapists in honor of the amazing medical professionals that cared for Cynthia's premature grandson "Finn" who inspired the creation of this Baby Jaws™ & Breathing Nose to Toes™ course. We love & appreciate our NICU "superheroes". For scholarship information, email us at [connect@breathefunctionthrive.com](mailto:connect@breathefunctionthrive.com).

Use the QR Code or link below to apply, get updates, and/or learn about future courses for other awesome pros & members of the team.

## CONTINUING EDUCATION

17 Contact Hours, approved by Utah APTA

13 Credits, approved by New Jersey Board of PT Examiners

Typically, One contact = 50-60 minutes of continuing education and, 10 contact hours = 1 CEU. Some states give more credits for live, lab-based learning. Many states will accept CEUs that have been approved in other states and some do not require course approval, however, participants must verify the standards for their professional and state practice acts.

Apply to  
**Participate**

Limited Spaces Available

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