NLP Certification Course Transcript and Life Coach Program

NAME:

Name of Course: Transpersonal Neuro Linguistic Programming Certification Training

Date Course Presented: Location of Course:

Total Hours: In class training, required reading, home study + written test = Total 130 hours

Test Score: Minimum 86% pass

Board Certifications Received: Practitioner of Transpersonal Neuro Linguistic Programming,

and Life Coach Certification

Course Presented By: Global Welcome, 5937 North St, Niagara Falls, ON, L2G 1J7

Board Certification with NATH, a division of the American Holistic University, Virginia Beach

NLP Practitioner Level

- **A. Duration of Training:** Minimum of 130 hours of training in the basics of NLP patterns taught by a Certified Trainer, or a certified Master Practitioner under the supervision of a trainer.
- **B. Demonstration** of ability to identify the following basic skills, techniques, patterns and concepts of NLP and to utilize them competently with self and with others.

Certification Standards

Transpersonal NLP Practitioner

- **A. Duration of Training:** 120 Hours of training in the basics of NLP patterns.
- **B. Demonstration of ability** to identify and utilize the following basic techniques, patterns and concepts of NLP both for self and with others.

COURSE SUBJECTS:

- 1. Show understanding and integration of the presuppositions of NLP
- 2. Ability to establish and maintain rapport
- 3. Verbal and non-verbal pacing and leading
- 4. Sensory calibration
- 5. Representation Systems (VAKOG and predicates)
- 6. Meta Model
- 7. Ability to elicit ecological well formed outcomes/results
- 8. Metaphor
- 9. Frames, contrast. As if
- 10. Anchoring

- 11. Anchoring techniques: stacked, collapse, chain
- 12. Skill in shifting focus from external to internal locus and vice versa
- 13. Association and dissociation
- 14. Chunking up or down
- 15. Parts integration
- 16. Submodalities /mapping across
- 17. Accessing and building new resources
- 18. Reframing
- 19. Strategies: Recognize, evoke, utilize and change/install
- 20. Demonstrate behavioral flexibility and state control
- 21. Utilize language shifts and "Switch" keyword changes
- 22. SMART goal-setting success fundamentals
- 23. Emotional releasement for self and others
- 24. Personal Freedom Matrix- deep laid future track DNA change

PLUS: NLP Sales and communication Training, Behavioral Change Model and Life Coach Training

NLP is the psychology of success. Training includes communication and instant rapport building techniques, goal setting and motivation strategies and clearing limiting beliefs and negative emotions. Worldwide, businesses are using proven NLP (Neuro Linguistic Programming) techniques to dynamically improve and build successful relationships and accomplish spectacular professional results.