

MICHELLE RENE HILL

PROGRAM DESIGNER & FACILITATOR

📞 615-973-5301

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📍 Thompson's Station, TN

PROFILE

Program designer and facilitator with 20+ years spanning curriculum development, adult learning, and community engagement. Experienced creating and leading workshops, retreats, and virtual courses that blend clear structure with high psychological safety. Known for thoughtful facilitation, strong communication, and smooth coordination across stakeholders, timelines, and deliverables.

EDUCATION

1984 - 1988

INDIANA UNIVERSITY

- B.S. Interior Design
- Minor: Art History
- Concentration:: Business

WORK EXPERIENCE

■ 2023 - PRESENT

Indigo Hill Studio / Limina Creative | 2023 - Present

Owner, Program Designer & Facilitator

- Design and facilitate virtual workshops, retreats, and summit sessions.
- Develop curricula, session plans, and participant materials aligned to clear learning outcomes.
- Create digital content (courses, guides, publications) to extend learning and reinforce practice.
- Coordinate cohorts, communications, and schedules; track attendance and participant progress.
- Collect feedback and iterate programs for clarity, engagement, and measurable impact.

■ 1998 - PRESENT

CORNERSTONE PROMOTIONAL PRODUCTS

Owner, Director of Operations

- Lead operations for an 8-figure business: budgets, contracts, vendor relations, timelines.
- Hired, trained, and coached a team of up to 10; created workflows and checklists for consistency.
- Managed complex client projects end-to-end with on-time delivery and clear communication.

SKILLS

- Curriculum & Learning Design (adult)
- Workshop & Retreat Facilitation
- Onboarding Program Development
- Program Evaluation & Feedback
- Community & Stakeholder Engagement
- Event Planning (virtual & in-person)
- Communications & Copywriting
- Project Coordination & Timelines
- Budgeting & Resource Management
- LMS / Digital Tools (Zoom, Asana, FG Funnels, Google, Canva, Adobe, etc..)

BOARD / SERVICE

Vice Chair & Board Member, Athentikos (2020–Present)

- Provide organizational strategy and program planning for an international nonprofit focused on creative expression in vulnerable communities.
- Designed and led international workshops for students and adults,

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ADMINISTRATIVE PROFESSIONAL

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TRAINING & CERTIFICATIONS

- Scope of Expressive Arts — Expressive Arts Florida Institute (EAFI) (Begins Oct 2025)
- The Polyvagal Certificate Course: Safety, Connection, and the Human Experience — Polyvagal Institute (Begins Oct 2025)
- Creative Wisdom: Introduction to Expressive Arts — EAFI (2025)
- Foundations of Theory and Practice — Vancouver School of Narrative Therapy (2025)
- AI Consultancy Training — Innovating with AI (Technical/Business Applications) (2025)
- Digital Brand Manager (Online Business Management) (2024)
- Retreat Design & Facilitation Training (Virtual + In-person formats) (2024)
- Brand Master Academy (Certificate, Brand Strategist Training) (2023)
- Certified Master Marketer (Funnel building, Copywriting, Design) (2021)
- Tribe: Membership Development Program — Stu McLaren (2018–2021)
- Multiple courses in Social Media Strategy (2015 - present)

PUBLICATIONS & CREATIVE WORK

- Author of 4 published books
- Host of multiple podcasts (over 500 episodes).
- Exhibited textile and mixed media work in solo and international shows.

ADDITIONAL BOARD / SERVICE

- Heart of Worship – Board member of this non-profit supporting a school in rural Haiti
- Church Leadership / Ministry – Served in multiple leadership roles including elder, ministry leader, retreat designer/facilitator, and volunteer staff.
- Engaged in diverse community service projects (2008–present) including local food pantries, End Slavery TN, and Rock n Roll Marathon