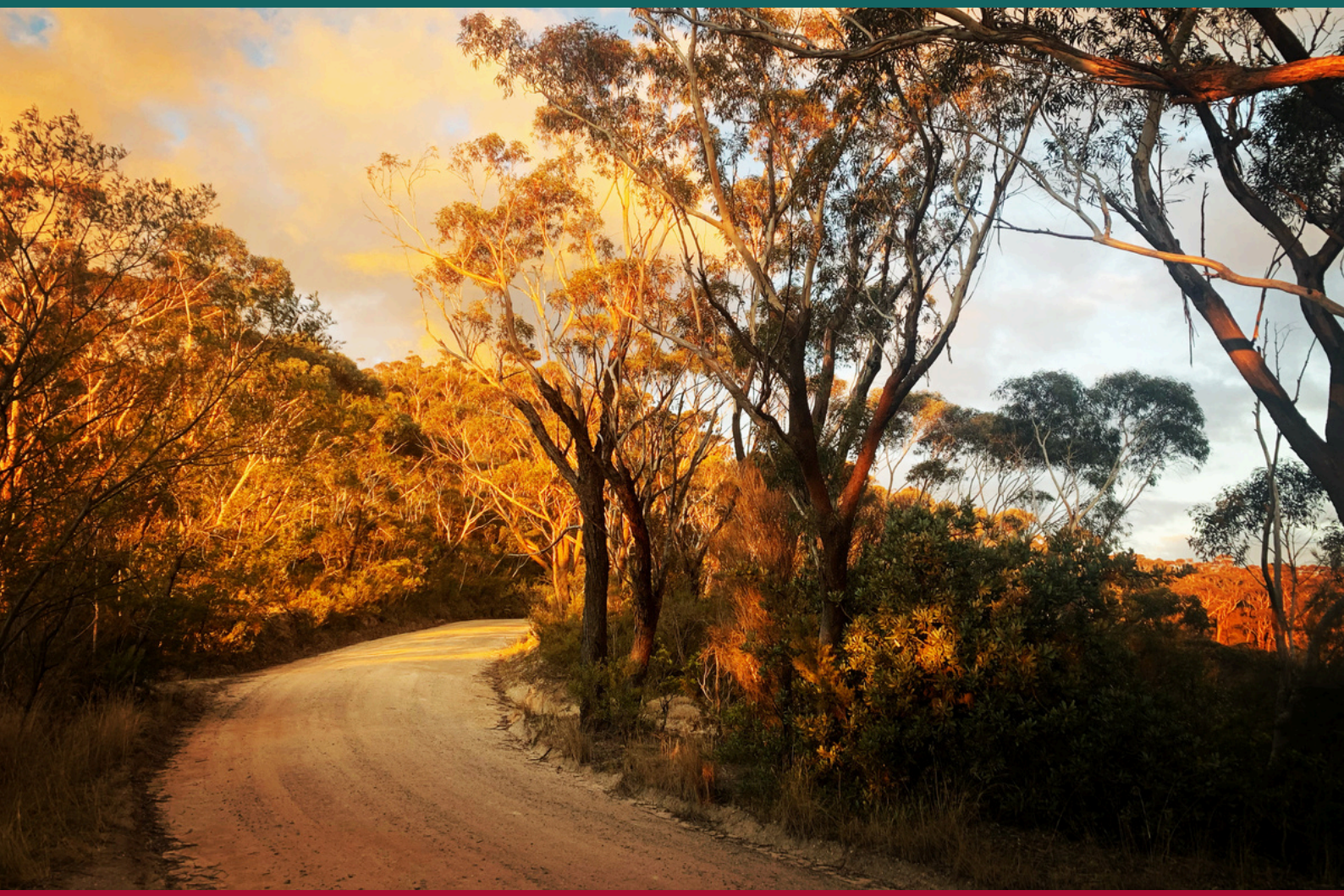
THE LUMINOUS PATH

a journey of clarity & transformation.

Private Mentoring with Chandu Bickford

Powerfully make, manage & master times of change in your life.
Feel inspired, clear and calm as you move courageously forward.



Learn to harness your intuition and enhance your personal and professional life.

BIG BRAVE HEART

BIG BRAVE HEART

Change is a natural part of life—but navigating it with clarity, confidence, and ease isn't something we're always taught.

That's where **mentoring** comes in.

I work with professional women who are ready to move beyond uncertainty or hesitation and step powerfully forward. Women who are done playing in the shallows and who know there is more to life and themselves that is yet to be discovered, explored, and shared with the world.

In my Private Mentoring program, we work together to support you to:

- ✓ Reconnect you with your intuition and inner wisdom.
- ✓ Gain clarity on your path and purpose & how to pursue them.
- ✓ Build confidence to move forward with courage.
- ✓ Shift limiting patterns that keep you in cycles of uncertainty.
- ✓ Feel calm and grounded through life's seasons & transitions.

This is for you if:

- ♦ You're at a crossroads in your life, work, or relationships and unsure of your next move.
- ♦ You want to step into your next chapter with clarity and confidence.
- ♦ You're craving deeper alignment, creativity, and meaning in one or many areas of your life.

If you recognise yourself here, let's have a complimentary Connection Conversation to explore if this is the right fit for you.

Book your free call

www.bigbraveheart.life

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What's included in a private mentoring package?

- 6-month private mentoring program
- 2 x 75-minute 1:1 convenient remote sessions per month
- Personalised guidance tailored to your journey
- Practical tools & techniques to help you navigate change with ease
- Between-session support (check-ins, resources, voice notes)
- Guided exercises & meditations for clarity and self-trust



"I reached out to Chandu because I was at a transition point in my life. I wasn't broken, but I wasn't happy. I was doing well, but I wasn't feeling well. Through our work together, I've moved beyond doubt and into action. Chandu's mentoring has given me the clarity and courage to trust myself again."

Elizabeth B

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What's holding you back?

I can't justify spending money on myself.
Instead you pour resources into the kids, business and household and leave yourself running on empty.

I'm strong, I should be able to handle this myself.
Strength is wonderful, but it doesn't mean carrying everything on your own.

I've tried before, but nothing really sticks.
'One and done' thinking can create cycles of stuckness, doubt and exhaustion.

What's the real cost of staying where you are?

Missed opportunities, energy spent on doubt, and the time lost feeling uncertain.



MENTORING IS AN INVESTMENT

In your clarity, your growth, and long-term well-being.

*"I feel so much more confident in myself. I have a new sense of solidity, groundedness, and inner calm. I don't think I could put a price on the value I have gained from this mentoring —**it's been priceless**."*

Mel B

I'M READY TO START

Frequently Asked Questions

HOW DO I KNOW IF MENTORING IS RIGHT FOR ME?

If this resonates with you, trust that feeling.
Many of my clients come to me with a feeling—a quiet knowing that it's time to step forward and that I might be the right mentor to walk beside them. I specialize in guiding women back to their innate wisdom, helping them strengthen and trust their intuition. Often, it begins as curiosity—a nudge to reach out, ask a question, or explore what's next. Through my tailored mentoring programs, we refine that inner knowing, bringing clarity and confidence to your next step. If you feel that pull, trust it. This could be the beginning of something truly transformative.

*A relaxed **complimentary Connection Conversation, can** help you to explore if this is the right path for you.*

WHAT IF I DON'T HAVE CLARITY ON WHAT I WANT YET?



*That's absolutley fine. Our work is all about **uncovering your inner wisdom - the bits you know and those that are waiting to arise.***

*Think of it as an **archaeological dig**—together we excavate through the layers of what's working and what's not, to carefully **reveal and identify what truly matters to you, what excites you, and what's been holding you back. Then we find the treasure.***

*You don't need all the answers—you just need the **willingness to explore them.** It's a journey we make together - moving from uncertainty to clarity.*



HOW IS MENTORING DIFFERENT FROM COACHING?

*I use a blend of both **coaching** and **mentoring** to create a **deep, personal, and intuitive experience.***

✓ ***Coaching** focuses on outer enquiry and uses structured goals, tools and tangible action steps.*
✓ ***Mentoring** provides deeper guidance, drawing from my studies, experience, intuition, and life wisdom.*
✓ ***My approach is holistic and intuitive**—helping you balance logic with self-trust, structured goals and deeper inner knowing.*

Frequently Asked Questions

THIS MENTORING PROGRAM IS *NOT* FOR YOU IF YOU

1) want cookie-cutter templates and one-size-fits-all solutions.
2) want or expect overnight success
3) don't want to challenge yourself or grow beyond where you currently are.
3) desire rigid accountability and someone to constantly 'push' you.
4) are seeking change and growth but aren't quite ready to explore new perspectives or ways of approaching life.

Real transformation happens when you're open to learning and self-discovery, when you're ready to lean into new thoughts, actions and behaviours that will take you closer to yourself and your dreams.

I'm here to support you when the time feels right.

I'VE TRIED OTHER PROGRAMS, HOW IS THIS DIFFERENT?

Excellent! If you're thinking about working with me I know you've been on a learning and growth journey for sometime. I work with women who ***want more than surface-level satisfaction*** *and who are ready to* ***prioritise their personal and professional development****.*

We all have different versions and seasons of our learning - each one deepens on the one before.
I keep my tools and techniques simple and accesible, but dont be fooled, ***the work and results are deep and lasting.***

We will build on eveything you've learned so far and use it to boslter your capacity for longterm, sustainble change.



"Chandu has helped me grow my level of self-awareness exponentially,
enabling me to arrive at my own insights, realizations, and clarity.
This is such a powerful place to orient my life from—decisions about work, relationships,
and lifelong dreams now flow intuitively.
Her coaching has changed my life from the inside out."

Lisa O

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Ready to begin?

"Chandu doesn't just offer support—she helps you create the magic. You just have to learn to trust yourself."

Jude W

Book your complimentary Connection Conversation here.

No pressure – just clarity.



About Chandu

Chandu Bickford is a **mentor, educator, writer, and coach** who has spent over two decades helping individuals, groups and organisations navigate personal and professional change.

With extensive experience in **leadership, business, and personal growth,** Chandu has spent her life stepping out of the shallows, and blends **intuition, strategy, and deep listening** to guide others to explore the depths of their passion, purpose and potential.

As a professional practitioner, a pioneer of women's empowerment programs, and a down-to-earth writer, poet and mum, Chandu is committed to helping women open their own big brave heart.
With private mentoring you can learn to courageously share your gifts, create lasting impact and live a life you feel proud of and love.

www.bigbraveheart.life **connect@bigbraveheart.life**