

District 45 Toastmasters Newsletter

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**DISTRICT DIRECTOR
CRYSTAL COBB, VC1, DL5, EC5, PI5**



I joined Toastmasters in May 2016 and have not looked back. I am a charter member of the Charlottetown

Toastmasters Breakfast Club, in Prince Edward Island, Canada. I am also a member of Spotlight Toastmasters, an advanced club, and East Hants Toastmasters. I have held most club officer roles since joining Toastmasters, but my favorite role must be Vice President Education role!

When Pathways was introduced to our District, I knew that I wanted to be a role model for my club members, so I signed up for speeches and have been able to complete three paths, plus the Pathways Mentor Program to date. Having the opportunity to take on leadership roles has enabled me to complete so many projects and I am close to finishing three other paths. In 2018, I started my journey in leadership outside of the club. To date I have taken on the following roles within District 45, Area Director, Division Director, Administration Manager, Public Relations Manager and Program Quality Director.

We are starting a new year which means a new team, new ideas and new challenges. As District 45 Director, I want to focus on building a strong cohesive team, building clubs, and building leaders. Through listening, acting, inspiring, and celebrating, we will continue to build our members and clubs. Last but certainly not least, FUN is a must have for this year!

**PROGRAM QUALITY DIRECTOR
TOM MACISSO, SR5, MS5**

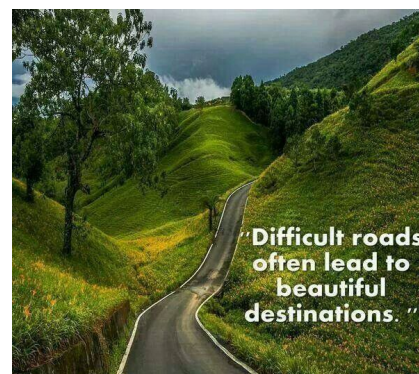


I began my *Toastmasters International* journey in 2007 in a corporate club setting. I met another member and we started a community club, York County Toastmasters, that we built to 21 members. In 2013, I took

a 3 -year hiatus from our organization to attend college and obtain my teaching certification. In 2016, I joined Blueberry Hill Toastmasters; there I served in most club officer roles, including President. In 2020-021, I served as the Area 6 Director; and in 2021-2022, I served as Division B Director.

This upcoming Toastmaster year I am looking forward to continuing the positive momentum that has built club strength, retained our core experienced members, and provided the guidance that allows members to expand their comfort zones and take full advantage of all the amazing opportunities that our great organization has to offer.

I look forward to working with all members of District 45 and serving our District Director, Crystal Cobb by continuing and expanding our informative and interactive training programs and webinars. Of course, this will be highlighted by our TLIs and our District Conference. I plan on conducting exciting and educational sessions to support the growth of our great district!



CLUB GROWTH DIRECTOR PAUL CODDINGTON, DTM



Welcome to July, and the beginning of our new Toastmasters year! My name is Paul Coddington and I am grateful that you elected me as the district's Club Growth Director for this year.

No, *really!* I will celebrate my 18th anniversary as a Toastmaster this September, and I have learned to appreciate in the past several years how special our District 45 is in Toastmasters International.

I belong to three clubs in Division A: Concord Toastmasters for most of my time with Toastmasters, Mount Washington Valley Toastmasters, last year as President, and the Amoskeag Better Communicators Club (also known as ABC!). Area Director, Area Governor, Division Governor, Pathways Guide, Club Coach and Pathways Mentor are also on my resume.

Pathways is my addiction, to tell the truth. Since we began this online training program, I have realized that there is a tremendous number of things that I still must learn. This past year, I have consciously avoided selecting electives that would be easy to complete and have chosen those that will teach me something new and valuable, and that may be more difficult to learn and practice. It's been a great journey! And it continues.

The district's mission statement is "We build new clubs and support all clubs in achieving excellence." I plan to begin my term as Club Growth Director with a focus on the second part of that statement, *support all clubs in achieving excellence.*

We had our officer training sessions just last month, and I attended them all. I heard your frustration with attracting new members, having a quality meeting when your club has just a "handful" of members, and pleas for other help. But I also saw your enthusiasm for the program, recognized your passionate involvement and a desire to succeed! We are ready for a renaissance!

The district is now in an excellent position to help. We start the new year with that advantage because District Director Heather Perkins and her leadership team placed us there with their work this past year. As Club Growth Director, I want to build on that inheritance by helping our clubs get their membership to healthy levels. You will hear "charter strength" from me often.

And you *will* have help with membership, both new member enrollment and member retention! The Club Coach program has been revamped for this year, and every club that qualifies for coaching will reap the benefits. I also challenge every club to identify at least one member in their Club Success Plan who will complete the Pathways Mentoring Program.

I am excited about my new role in District 45 and truly look forward to helping in your Toastmasters journey, no matter where it takes you!



PUBLIC RELATIONS MANAGER
LESLEY CARTER, IP2, MS1



I have been a Toastmaster since 2010. My work as a marine biologist for Environment and Climate Change Canada brought me to Toastmasters when I started presenting science workshops to Canadians. I came to improve my public speaking skills - and never

left! I was previously a Pathways Guide when the program was first introduced to our district and most recently, I am a member of the District 45 Pathways Committee. I belong to Tic Talkers Toastmasters Club in Dartmouth Nova Scotia where I am currently serving as Vice President of Education. I live in an old farmhouse outside of Halifax with 3 free range chickens, 2 indoor cats, 3 aquariums, a gecko, a goldfish pond and of course my husband and teenage daughter (I have 2 older sons as well) who all supply endless material for speeches and table topics. In the legacy program I had obtained Competent Communicator and Advanced Leader Bronze and am currently working on 4 paths. I was honored to be chosen as District 45 Toastmaster of the Year for 2021/2022. I am looking forward to serving the district as Public Relations Manager.

DIVISION A DIRECTOR
MARCIA ROGOWSKY, MS1, VC4



Hello, I am a software developer who found Toastmasters in 2016. Part of that discovery included helping my home club, Penmen, charter in December of 2017. Since that time, I have held various

leadership roles in my home club, including President, VP Membership, VP Marketing, Treasurer, and Secretary. While holding each of those positions I discovered some of what I did well, and not so well. I also worked on how I could be better. More recently, I served as Area Director in Division A and joined an advanced club, ABC.

I originally joined Toastmasters to become more confident when talking to people. Along the way, I have learned how to give constructive feedback, met many supportive people, and become better at leading. I am currently working on two pathways, Visionary Communicator and Motivational Strategies.

In the role of Division Director, I plan to work with the area team to brainstorm with clubs on how to increase their membership back to healthy pre-pandemic levels, be a resource to help accomplish goals, and assist as needed.



**DIVISION B DIRECTOR
JONATHAN BOHM, DTM**



I joined Portsmouth Toastmasters in 2011 and have served in District leadership since 2015. In my professional career as an architect, I found the natural structure of Toastmasters ripe for the same way architects

work: in a team.

As we move into the post pandemic world, I look forward to harnessing the inimitable vigor of Division B's true Yankee spirit. That attitude of 'can do' must be leveraged to encourage new and strong leaders, ensuring a solid and productive future. This goes hand in hand with the expanding embrace of Pathways, which can be an magnet to attract new members as well as motivating everyone's push to success. As we merge the Toastmasters traditions with the new ways spurred by the pandemic, I am convinced that we are all in for a good ride of fun and achievement.

I have seen this myself as I've expanded my membership beyond my local environment. I am currently a member of East Hants and Toast of the Coast, both in Nova Scotia. Distance holds no bind these days. And I find that predictive of the possibilities and potentials for all of us in Division B. Everything is possible if we work as one.

**DIVISION C DIRECTOR
ANTOINE LEGRESLEY, IP4**



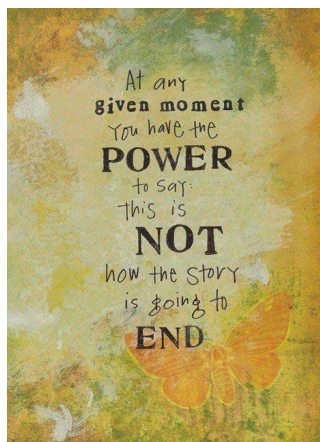
I joined Toastmasters in November 2019 with Arcadie du Grand Caraquet to improve my communication skills. I held various leadership roles at the club level including Treasurer, Secretary, VP Education and I will be President for the upcoming

year.

Unexpectedly in July 2020, with less than one year with Toastmasters, I agreed to serve as Area 2 Director (Division E). That decision changed my life and my Toastmasters journey! It helped me to overcome my fear of public speaking, to improve my self-confidence and to improve my leadership skills. This shows it's never too early to get involved above club level in Toastmasters.

After two years as an Area Director, I am now stepping up to the challenge of Division C Director. I am looking forward to supporting and working closely with my team of Area Directors to help our members to achieve success in Toastmasters.

It will be a new Division for me this year as Division E combined with Division C. I am sure it will be an exciting year with new challenges and meeting new people.



DIVISION D DIRECTOR
MICHAEL LAWLOR, TC5, MS5



I began my Toastmasters journey in May 2015 as a member of both Gracefully Speaking Toastmasters, (now known as Bedford Basin Toastmasters) and then also joined Provincially Speaking Toastmasters. I have served various

Executive roles over the past few years - President, Vice President Education, Vice President Membership, Secretary, and Sergeant at Arms, and served at Area 18 Director for the last two years. I've gotten to know many Toastmasters both within Division D and across the District.

Along with achieving my Advanced Communicator and Advanced Leader Bronze designations, I have recently completed the Motivational Strategies and Team Collaboration Paths and am currently working on my DTM project.

I often mention my Toastmasters achievements in my day job as a Records Clerk at the Nova Scotia Government, and last year I was given an award in recognition of being a positive mentor in that workplace.

For this upcoming year, I look forward to working with Area Directors in helping clubs both fulfil their club mission as well as to assist clubs moving to the hybrid meeting format.

DIVISION G DIRECTOR
SUSANNE MELLING, DTM

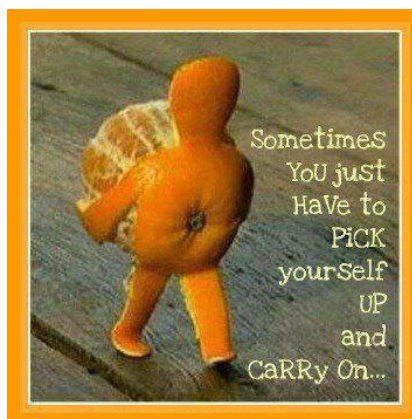


I joined Toastmasters in June of 2010, and since that time, I have held almost all club leadership roles, the exception being SAA. For the 2021 – 2022 year, I was the Area 8 Director for the Vermont clubs in District 45. I am a member of Green Mountain Toastmasters in

Stowe, VT, and serve as VP Education; Champ Masters in Burlington, VT and serves as President, and Toastmasters of Greater Burlington.

I joined Toastmasters to improve my extemporaneous speaking skills, and never imagined that I would be involved in evaluations, as well as project and time-management. I was co-chair of the fall conference in Fairlee, Vermont (the last and best fall conference.) In this role I worked with members from across District 45.

I believe that Toastmasters is one of the most valuable resources to help members grow personally and professionally. Harnessing the power of Toastmasters on all levels is a powerful experience where nothing is impossible.



A REPORT CARD FOR 2021 – 2022
IMMEDIATE PAST DISTRICT DIRECTOR HEATHER PERKINS, DTM

"When you dream alone, it remains just a dream; when you dream together it is the beginning of a new reality." - Brazilian Proverb

At the start of the 2021 – 2022 District year, I asked you in joining with your District leaders to create a new reality. The reality was one of stronger clubs where every member and every club achieves success. How did we do?

One measure is our number of clubs. We have ended the year with 84 paid clubs and 6 clubs that are still working to get to paid status. We lost a few more clubs than we had hoped for BUT our clubs are somewhat stronger. Last year, we started with 62 clubs that had 12 or fewer members. We ended with 51% in that category. A definite improvement over the year. We also have more clubs with a membership of 20 or more – another move in the right direction.

In the 2020 – 2021 year, we had 22 Distinguished clubs. The 2021 – 2022 year saw 28 clubs achieve that distinction. The numbers may not be much different but it is a higher percentage of clubs that achieved

distinguished than the previous year. This is yet another indication that things are turning around and we're heading for sustained growth. A big achievement this year is that we had a higher retention rate of members than any of the previous five years, including during non-Covid years. We recruited 517 members and lost 547 members for a net loss of 30 members. While we'd prefer to have a net gain, this net lost is far smaller than any of the previous five years. Once again, an indication that things are stabilizing for our clubs and we are showing growth in some areas. This is definitely something to celebrate.

The area where I would give the members an A+ is for engagement. Our Area and Division Directors stepped up and did all that was asked of them. Members attended the Fall Extravaganza, the Annual Conference, Pathways Therapy sessions, webinars, District socials and officer peer calls. For your commitment and your service, I thank each of you. Continue that support to the 2022 – 2023 and let's continue to create that new successful reality for District 45.

<i>Report Card</i>	
<i>New Clubs</i>	<i>Oh Well!!</i>
<i>Distinguished Clubs</i>	<i>A-</i>
<i>Membership Growth</i>	<i>A</i>
<i>Membership Retention</i>	<i>A+</i>

ACHIEVING SUCCESS – THE CLUB SUCCESS PLAN AND THE DISTINGUISHED CLUB PLAN

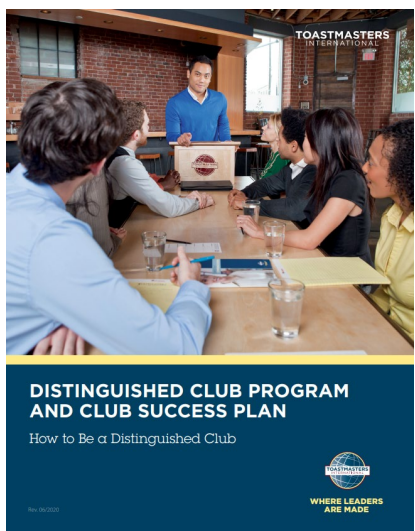
You may have heard the terms Club Success Plan and Distinguished Club Plan (DCP) but you may not be aware of the differences in the two. The Club Success Plan allows you to set a road map for club success and the DCP tells you how you are doing on your plan.

For the Club Success Plan the executive meet to discuss what the club plans to do for the coming year. You discuss your core values as an executive or club, how frequently the executive will meet, how decisions will be made, how conflict will be handled and more. You also determine how many new members you want to recruit and how you plan to achieve this. Similarly, plans for achieving Pathways levels and plans for marketing the club are discussed. The plan should be shared with members once completed.

The DCP measures success for Pathways levels, for new members and for the number of officers trained as well as a couple of administrative tasks. The first six points are for Pathways levels. This is an indication of member achievement and member engagement. Member engagement is an indirect measure. Members aren't going to achieve levels unless they are engaged. The next two points are for recruiting new members. This is important because most clubs will lose some members during the year

for a variety of reasons. You need to have a plan to replace those members. New members bring vitality to the club through their energy, enthusiasm and ideas. The next point for officers trained is an indication of effective leaders. Through participating in the training offered at Toastmasters Leadership Institute (TLI), the officers can provide the best environment in which members can achieve success. The training provided at the TLIs provides officers with a greater knowledge of the program and how to effectively carry out their responsibilities as a club officer. This tends to result in better quality meetings which helps to retain members. Attendance at the TLIs also allows the club officers the opportunity to meet, and exchange ideas with, officers from other clubs. Remember, the DCP is not just about counting points. It is about measuring member and club success.

If you achieve a minimum of 5 points in the DCP and have 20 members or a net increase of 5 members, your club will be recognized as a Distinguished Club. Higher number of points means higher recognition. Distinguished Club is the minimum each club should set as a goal if you want to be a successful club that helps its members achieve success. Ask your executive about the Club Success Plan and ask them to share it with you. Follow how the club is doing and most importantly, be an engaged member who contributes to the success of all.



ADVANCED CLUBS PART 1: THE TRUTH
SHARON JOSEPH, DTM

TOASTMASTERS LEADERSHIP INSTITUTE (TLIs)



Can I be brutally honest with you? I love Toastmasters but at one point, I wanted to quit because I was tired of hearing that my speeches were great and received no growth points. How could I become a better speaker or a more effective leader? Who would be willing to break out of the mold and be truly direct with feedback?

Introducing advanced clubs! One of the advantages is that feedback is generally more direct and candid. I was a member of an advanced club that asked the level of honesty based on a scale of 1 to 5, where 1 is easy and 5 is thick skinned. We are very fortunate in that we have a number of advanced clubs in District 45 that you can avail yourself of. Each one is unique in their structure and offerings. I encourage you to attend all of them as a guest and find the one that fits your personality or will help you fill a gap you have identified.

I often hear that people do not have the time for another club. My rebuttal is always how important is your growth for your life and your career?

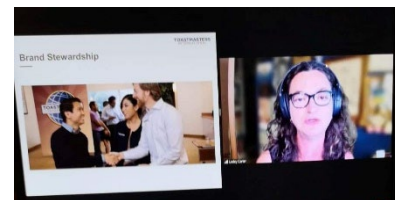
Happy growing!



Another successful TLI finished on Saturday, June 18. Over 300

officers were trained. Participants commented on the quality of the training. They enjoyed the opportunity to network with members from across the District. Thanks to all those who presented various presentations. Your dedication helped make the TLIs useful to the club

officers. It was a lot of work but we're sure it will



pay off with trained leaders providing the best environment for success for their members. We know that some officers were unable to attend. You can attend training in another District but you must let Crystal Cobb know you have done so. Here are a couple of options with other Districts.

D46: <https://toastmasters46.org/online-officer-training-schedule/>

D53: <https://d53tm.org/club-officer-training-schedule/>

D83: <https://tm83.org/index.php/education/2016-06-23-17-18-30/training-list>



YOUR PLANS FOR 2022 – 2023



What are your plans for this year? It's important for each of us to have goals that we want to achieve. The goal may be as simple as completing a level in

Pathways or being a club officer or it could be that you want to receive a Trailblazer award. Each of us must set goals that are realistic and achievable for us and not base them on what someone else thinks we should do.

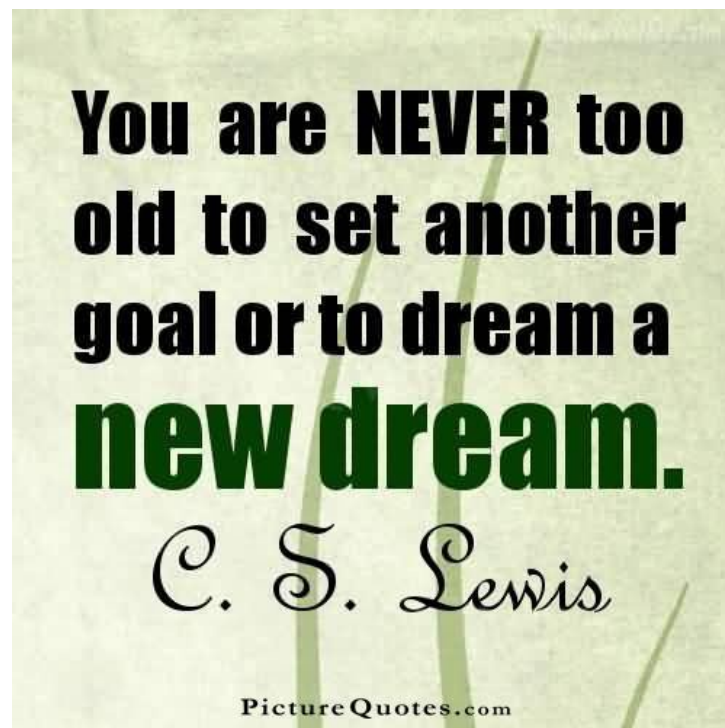
Regardless of how long we have been in Toastmasters or what level we have achieved, each of us has the opportunity to continue to learn through our Toastmasters experience. Every time we take on a role in a club meeting or give a new speech or take on a leadership role, we have the opportunity to learn from that experience if we approach it with an open mind. As we learn from the opportunities, we allow ourselves to continue to transform.

Opportunities to learn and to transform are continually presenting themselves in Toastmasters. Mentoring a new club or helping to revive a weak

club are excellent learning opportunities and a great opportunity to put our Toastmasters skills to work. The same holds true of mentoring a new member. Mentoring a new member is a great way to completing the Mentoring Path.

Other learning opportunities include organizing a speech contest at one of the various levels, presenting at a Toastmasters Leadership Institute or organizing a special club event. Any of these could be an opportunity to complete a High Performance Leadership project or any of the projects that require working with a team. All these opportunities will help you develop both your leadership and communication skills.

After you have set your goals for the year, communicate those goals to your Vice President Education so he or she can ensure you can achieve your goals. If it's something outside the club, let your Area or Division Director or volunteer to work with one of the Senior Leadership Team members. Taking advantage of the available learning opportunities will help both you and your club to succeed.



AROUND THE DISTRICT

DIVISION A

Concord Toastmasters

A Year Gone By

Our VP of membership, Dale Randall, DTM has worked tirelessly throughout this year. For the 2021-2022 year, Concord Toastmasters welcomed seven new members, at least 60 guests and finished the year strong with 28 members. What an amazing year it has been!

Half a Decade: Celebrating 5 Years:

Catherine Ryan join date June 2017 and Viju Natarajan join date Sept. 2017!

DIVISION C



Division C takes pride in being the only Division in District 45 to achieve Distinguished Division status and it was Select Distinguished. Six of the xx clubs that achieved Distinguished status were in Division C. Count them – six. That’s two in each Area which resulted in each Area achieving Distinguished status. That’s 3 of a total of 4 Distinguished Areas. This all happened because of the great efforts of the club. Congrats to all who helped achieve this great accomplishment.



DIVISION D



From not meeting for 6 months after Covid started to being President’s Distinguished Club - that’s Tic Talkers #9307. The club has gone from 6 active members to 13 active members and is still growing. We did it one meeting at a time and one member at a time. Thanks to our club coaches Heather Perkins and Jonathan Bohm in helping us during this time. They have met their requirements as club coaches and now we hope they become members. Our members are engaged in the club and outside of the club. Last year, Diane Tremblay served as A9 Director and Lesley Carter served on the Pathways committee. This year, Lesley is the District Public Relations Manager and Jenny Theriault is the new A9 Director. We are on the way!!



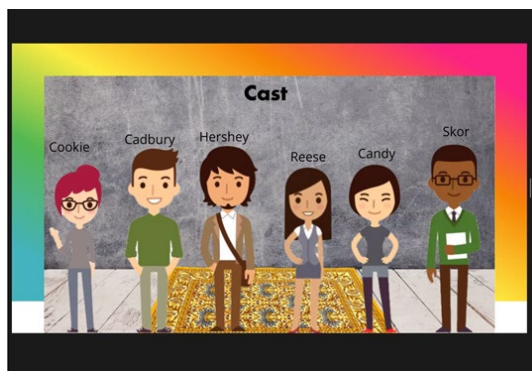
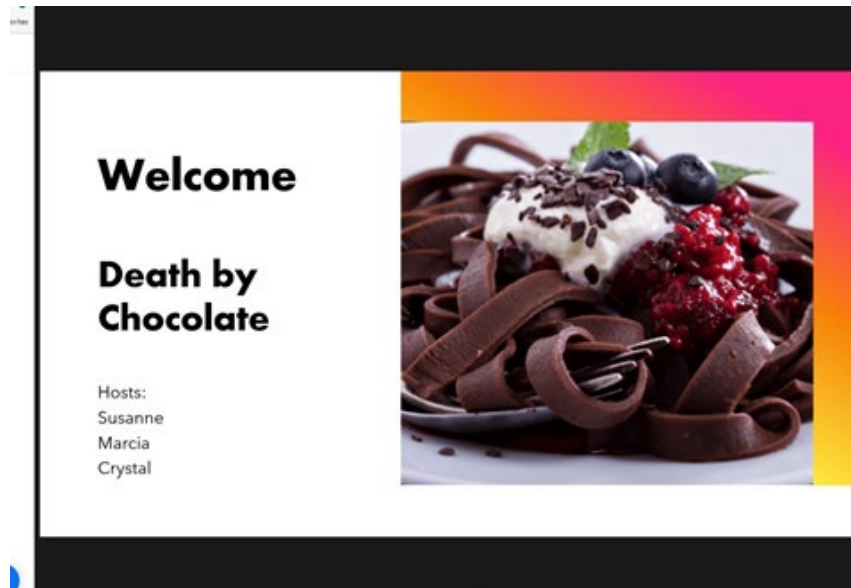
Schooner Toastmasters #3978 has once again achieved President’s Distinguished status. This makes at least 22 years in a row of achieving that status. The club members continue to be active outside the club in contests and in leadership.



This year, we are the home club for the Immediate Past District Director and for the Area 1 Director Deepak Nainiappan. The club is already planning how to continue the ongoing success that is a hallmark of the club.

Around the District cont’d on Page 15

District Social



The District end-of-year social was held on Sunday, June 26. Attendees participated in a murder mystery. Following the theme of the evening, Death by Chocolate, they had to determine the murderer and how the murder was committed.

Members were also treated to a description of 11 yummy chocolate desserts. The descriptions were based on recipes submitted by members. Those attending did not know who submitted the recipes. After the descriptions there was a vote for the favorite. German Chocolate Cookie Bars, submitted by Heather Perkins, was the winner followed closely by the 2nd choice of Skor Trifle submitted by Suzanne Weiss.



An enjoyable evening was had by all. Thanks to the committee of Crystal Cobb, Marcia Rogowsky and Susanne Melling. Crystal noted that Marcia and Susanne did all the work and noted they were both using this for a Pathways project!!

Anniversaries



Of the 1,100 members in our District, 44.2% have been a member for at least 5 years, 24.3% have been a member for at least 10 years and 13.8% have been a member for 15 years or more. Each month we will celebrate those members who celebrating an anniversary in that month. 5th, 10th, 15th etc. anniversaries will be recognized. The following are celebrating their anniversary with the club noted in **July**.

Name	Club	# of Years
Tom Macisso	Blueberry Hill, The Maine Thing Advanced Toastmasters	15
Conrad Brock	Rising Tide Toastmasters	15
Meghan Simone	Mt. Washington Valley Toastmasters	10
Kaylee Kach	Savvy Speakers	10
Tina Cook	Kennebec Valley Toastmasters	5
Gordon Cameron	Rise and Shine Advanced Toastmasters	5



Clubs celebrating any 5th anniversary of their club charter are recognized. Once a club has reached the **half-century mark**, every anniversary is included and celebrated. The following clubs are celebrating significant anniversaries in the month of **July**.

Riverside Toastmasters #2672 of Fredericton, NB chartered **35** years ago on July 1, 1987.



Every month, members who have achieved designations in Pathways are recognized. If you feel you have not been recognized, it may be because of your privacy setting. You must answer yes to “Your Name on Public Reports” in your profile. Otherwise, you can’t be recognized publicly by the District. Get the recognition you deserve.

Member Awards

Level 1 – June 2022

Name	Club	Designation
Babatunde Awoyiga	Schooner Toastmasters Halifax	PM1
Ricardo Andino	Horseshoe Pond Toastmasters	IP1
Manju Basnet	Sussex Toastmasters Club	EC1
Lesley Bechtold	MDI Toastmasters	MS1
Lucie Kocum	Successfully Speaking Women	IP1
Heather Perkins	East Hants Toastmasters	LD1
Mark McDonald	Fidelity Orators	PM1
Mitkumar Modi	Bedford Basin Toastmasters	MS1
Michele Richards	MDI Toastmasters	PM1
Dean Robinson	Karner Blue Toastmasters	LD1
Todd Rothstein	Blueberry Hill Club	MS1
Patricia L. Saucier	Toast of the Midcoast	PM1
Noella Samson	Dartmouth Toastmasters	IP1
Carol Sczylvian	Penmen Toastmasters	DL1
Donna Tasker	Blueberry Hill Club	PM1
John "Jack" Toscano	Penmen Toastmasters	DL1
Simon Tremblay	Charlottetown Toastmasters Breakfast Club	MS1
Claudia Vila Ortega	Successfully Speaking Women	PM1
Laura McLaughlin Weik,	MDI Toastmasters	PM1
Suzanne Weiss	Cole Harbour Toastmasters	LD1
Ariana Ziminsky	Concord Toastmasters	EC1

Mentoring Path – June 2022

Name	Club
Stephane Parent, DTM	Charlottetown Toastmasters Breakfast Club
Geraldine Smith, PM4	Premiere Toastmasters Club

Member Awards

Level 2 – June 2022

Jennifer Bonnevie	Cole Harbour Toastmasters	IP2
Andrew Burke	Provincially Speaking Toastmasters	PM2
Tianju Chang	Premiere Toastmasters Club	PM2
Bruce Dodge	Nashua-Hudson Club	PM2
Matthew Jencks	Dirigo Leaders	SR2
Rachel Jones	True Blue Toastmasters	IP2
Deborah Maxted	True Blue Toastmasters	PM2
Madhu Kanji	Sussex Toastmasters Club	EC2
Farhana Kanth	Provincially Speaking Toastmasters	PI2
Ryan MacDougall	Cole Harbour Toastmasters	EH2
Elisabeth Mock	Bangor Toastmasters Club	PM2
James Murphy	Spirit-Ed Toastmasters Club	PM2
Heather Perkins	East Hants Toastmasters	LD2
Carol Sczylvian	Penmen Toastmasters	DL2
Marion P. Taylor	Riverside Toastmasters	VC2
Ann Walls	Concord Toastmasters Club	PM2
Rachel Walsh	2211 Toastmasters	EC2
Ann Welch	Winning Speakers Club	EC2
Maria Winn	2211 Toastmasters	MS2
Daniel Wilson	Winning Speakers Club	EC2

Level 3 – June 2022

Name	Club	Designation
Jennifer Bonnevie	Cole Harbour Toastmasters	TC3
Maureen Daniels	Nashua-Hudson Club	PM3
Charlie Hayden	Nashua-Hudson Club	PM3
Veerendra Nagalla	Civil Speakers Club	PI3
Heather Perkins	East Hants Toastmasters	LD3
Cynthia J. Sarvai	Millyard Toastmasters	TC3
Geraldine Smith	Premiere Toastmasters Club	PM3
Robin Tyagi	Spirit-Ed Toastmasters Club	IP3

Level 4 – June 2022

Name	Club	Designation
Carol Coolidge	Champ Masters	EC4
Madhu Kanji	Sussex Toastmasters Club	IP4
Lisa McDonald	Rising Tide Toastmasters Club	MS4
Veerendra Nagalla PI4	Civil Speakers Club	PI4
Todd Rothstein	Blueberry Hill Club	PI4
Geraldine Smith	Premiere Toastmasters Club	PM4
Cynthia J. Sarvai	Millyard Toastmasters	TC4
Dawna-Jean Turchon	Pine Tree Toastmasters Club	TC4

Level 5 – June 2022

Name	Club	Designation
John Blumsum	Spirit-Ed Toastmasters Club	EH5
Baxter Crocker	Spirit-Ed Toastmasters Club	PM5
Todd Rothstein	Blueberry Hill Club	PI5
Todd Rothstein	Blueberry Hill Club	PM5
Cynthia J. Sarvai	Millyard Toastmasters	TC5
Heather Urquhart	Civil Speakers Club	DL5

Trailblazer Award – June 2022

Name	Club
Jennifer Bonnevie	Cole Harbour Toastmasters
Carol Coolidge	Champ Masters
Maureen Daniels	Nashua-Hudson Club
Veerendra Nagalla	Civil Speakers Club
Todd Rothstein	Blueberry Hill Club
Carol Sczylvian	Penmen Toastmasters
Geraldine Smith	Premiere Toastmasters Club
Heather Urquhart	Civil Speakers Club
Ann Welch	Winning Speakers Club

District Calendar

August 2022 Events

17 – 20 International convention in Nashville or online

Stay tuned for updates. There will be events starting in September that have yet to be scheduled.

September 2022 Events

District Council meeting online – Date to be determined

November 2022 Events

Fall Extravaganza – Date to be determined

For Updated Events and Times, go to the District Calendar at <https://d45toastmasters.org/>

Around the District – continued from page 10

DIVISION D



East Hants Toastmasters #6935107 chartered in January 2020, just before the pandemic hit. We were able to achieve Distinguished Club status in that first year but the pandemic took a toll on us. Several members lived in areas where internet access was spotty at best which made it difficult for them to participate. We failed to make Distinguished in our second year. Then along came our VPPR Louise Parker. Louise has diligently posted to Facebook. It took a while but we are making gains. We were able to recruit enough new members to make Select Distinguished this year. We have several people interested in joining over the next couple of months to help us continue on the road to success. Thanks to Crystal Cobb and Michael Thompson who helped us achieve this success.



What success has your club has? Has a member of your club achieved a milestone – in the club or outside? Celebrate your successes with the rest of the District by publicizing it in the newsletter. Send your story to d45.newsletter@gmail.com by the 20th of each month for the next month’s newsletter.

Newsletter Publisher – Crystal Cobb, VC1, DL5, EC5, PI5
 Newsletter Editor – Heather Perkins, DTM
d45.newsletter@gmail.com