

District 45 Toastmasters Newsletter

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LET THE WORLD KNOW

PUBLIC RELATIONS MANAGER, ANNE DOUCETTE, MS5, LD5, IP5



Just like public relations is important in many activities in your life, it is also an integral part of your club culture. After all, publicity, in many forms, is how you get guests to visit your club. If you do not do any publicity, how to you get guests to visit your club? Even word of mouth is a form of publicity.

WHAT IS PUBLIC RELATIONS?

Good public relations (PR) is the practice of creating, promoting and maintaining a favorable image of an institution among its various audiences through the use of a variety of communication channels and tools.

The [Let the Word Know Publicity and Promotion Handbook](#) introduces you to public relations and how to attract attention for your club events through publicity. The handbook goes into more details on how to protect the Toastmasters brand, how to establish an *internal* communications program and how to develop an *external* public relations program for your club.

The handbook is divided into four sections:

- Section 1:** defines public relations
- Section 2:** explains how to craft an effective public relations program using fundamental tools and techniques
- Section 3:** offers proven methods for implementing a public relations program
- Section 4:** provides tips on how to be a successful public relations leader in your club

This handbook also lists available material in the resource section to make it a successful year for you and your club.

If you have any questions or need help, reach out to me: d45.annedoucette@gmail.com.



COMMITMENT AND ACCOUNTABILITY

DISTRICT DIRECTOR, HEATHER PERKINS, DTM



Commitment and accountability. What do those words mean to you and how do you see them connecting? To me, commitment is an integral part of accountability. Before we hold someone accountable for their actions, we need to be sure they understand the expectations, the time and have the ability/resources to do the job. There then must be commitment to the task.

Commitment means doing what we say we are going to do. When we join a Toastmasters club, we make a commitment to that club. We make a commitment to attend regularly and to be a fully engaged participant in meetings. When we take a leadership role, we make a commitment to the entire team – both those to whom we report and those who report to us.

When my children were little, I told them that if they made a commitment to a friend, they upheld that commitment even if a “better” offer came along. Should it be any different when we, as adults, make a commitment?

What about accountability? To whom are we accountable? We are accountable to ourselves and to others who rely on us. If we make excuses to ourselves for not fulfilling a commitment, we will make excuses to others. When we make excuses, we are not being accountable for our actions.



Some may argue that we don't need to make the same commitment and be held to the same standards of accountability for a volunteer position. To me, we should be held even more accountable because we took the position of our own free will and not because we are required to as part of our employment.



Are we holding each other accountable? We had the possibility of 186 President and VPE votes at our recent District Council meeting. Yet we only had 73 of those votes accounted for. I know some had valid excuses but 113? Will you hold your President and VPE accountable if they didn't attend? Who will hold you accountable if you don't attend your next meeting without telling anyone you won't be there? Will you hold your Area Director accountable if they do not conduct their visits? I know I will. Who will hold me accountable if I don't carry

through on my commitments to you? I hope you will. By expecting each of us to be accountable for our commitments, we will create a District where every club and every member achieves success.

“He that is good for making excuses is seldom good for anything else.”

Benjamin Franklin

THE MINUTE OF SILENCE

**PROGRAM QUALITY DIRECTOR
CRYSTAL COBB, DL2, EC5, PI5**



I recently visited a club and had the pleasure of taking on the Toastmaster role for the first time at this club.

There were two prepared speakers on the agenda. After the first one finished, I announced we would have a

minute of silence for the evaluator to finalize their notes and give other members the opportunity to type their feedback in a private chat to the speaker. Though surprised by this request, the Timer gladly accepted the challenge to stay focused!

During the general evaluation portion of the meeting, I was told that the club hasn't been giving the minute of silence recently, but that it worked well for two reasons:

- It gives the speech evaluator time to put their thoughts down on paper and not miss anything. Scrambling to take notes means less attention to the speaker.
- It gives other members a chance to send their feedback in the chat without distraction.

Remember when we used to meet in person, and we would write our feedback out on a little piece of paper? With Zoom, we aren't doing that, so we need to make sure that we are still supporting our members by providing feedback in the chat or by email.

Does your club include a minute of silence after each prepared speaker? If not, perhaps you could try it out. As Toastmaster, don't forget to remind attendees to provide their feedback to the speaker via email or private chat during the minute of silence. This is how we support our members and help them grow!



#TEAMDISTINGUISHED – IS YOUR CLUB STRUGGLING?

**CLUB COACH CHAIR
ANGELA CHUTE, DTM**



Is your Club struggling?

D45 Club Growth team is here to HELP your Club grow!

Club Coaches:

- Are you getting all the

assistance available to you? Join us!

#TeamDistinguished MasterClass / MasterMind

MasterClass introduces tools, tactics, strategies, KPIs Key Performance Indicators, as well as resources.

MasterMind brainstorming to address challenges, problem solve real issues in real time. Sharing wins and struggles with those in the same arena doing the work.

Leaders:

- Are you interested in becoming a Club Coach? Join us!

Clubs:

- Does your Club qualify for a Coach, but doesn't have a Coach assigned?
- What if your Club doesn't qualify for a coach, but you want help?

Join us!

#Clubs2Distinguished

Tools & Strategies

Don't struggle alone, JOIN us!

Let's IGNITE success!

Reach out to Angela Chute, DTM2, D45 Club Coach

Chair D45.angelachute@gmail.com

“Focus on Success” – Fall Workshop

Are You Focusing on Success?



Have you seen the array of speakers we have on the agenda for the Virtual Fall Workshop being hosted on Saturday, November 6th? This is an opportunity to learn from your fellow members and support them as they work through their Pathways project!

“Focus on Success” is sure to give you tips and tricks to help you and your club members be successful in reaching your goals. Come listen to our guest speaker, Godfrey E. McMaster, who is the 2017 World Champion of Public Speaking Finalist and placed among the top ten contestants out of a world-wide starting field of over 30,000 Toastmasters.

We love celebrating the achievements of our members! Our Fall Workshop wouldn't be complete without recognizing the success of others. Don't miss the awards ceremony – will your name be called?

Register now by visiting <https://d45toastmasters.org/fallworkshop>. You will find the agenda and details about each presentation on the website so you can choose which presentations you want to attend! Once you are registered, you will receive an email confirmation that includes the Zoom link to join. Be sure to add it to your calendar so you can log on easily the day of the workshop! On the next page, you will see the agenda for this event. We look forward to seeing you there!

Agenda

- 8:30am ET/9:30am AT - Virtual Lobby Opens
- 9:00am ET/10:00am AT - Welcome
- 9:05am ET/10:05am AT - Session 1 (45 mins - choose one of three)
 1. Lorelei Grecian “We Learn by What?”
 2. Betsy Black “Up Your Game through Mindfulness”
 3. Dahlia Das “Empathy for Effective Leadership”
- 10:00am ET/11:00am AT - Session 2 (45 mins – choose one of three)
 1. Angela Chute “IGNITE your Success for better Results, faster!”
 2. Jim Herren “How to be a Great Club Coach
 3. Reese Eskridge “Essentialist Leadership: Focusing on What Really Matters”
- 10:50am ET/11:50am AT- BREAK (30 mins)
- 11:25am ET/12:25pm AT - Keynote Speaker:
Dr. Godfrey E. McAllister
- 12:30pm ET/1:30pm AT - Awards Ceremony
- 12:50pm ET/1:50pm AT - Session 3 (20 mins - choose one of three)
 1. Tom Macisso “Turbo CHARGE your Meetings”
 2. Elise Thorsen “Make an Impact as a Club Mentor”
 3. Pierrette Hache “Construire son Discours”
- 1:15pm ET/2:15pm AT - Session 4 (20 mins- choose one of three)
 1. Albert Cormier “A DOSE of Pandemic-Fighting Proportions”
 2. David Phillips “Toastmasters: Enabling Personal Success”
 3. Cindy Sarvai “A Toastmasters Promise”
- 1:40pm ET/2:40pm AT Announcements & Closing



Going Hybrid – Tips and Tricks

Where were you on Saturday, September 18th at 9am ET/10am AT? If you weren't at the Hybrid Meeting panel presentation, you missed a fun time, but don't fret – we have you covered because we recorded it!

Our Hybrid Meeting Committee is led by Division G Director, Tom Goodwin. He hosted a panel presentation before the District Council meeting consisting of 3 panelists. Sharon Joseph, Roxanne Benzel and Elise Thorsen shared some great tips about hosting hybrid meetings.

A few points covered included:

- technology requirements
- setting up your in-person space
- engaging both audiences
- a reminder to roll with the punches – mistakes WILL happen!

We promote a safe learning environment and as clubs transition to hybrid meetings, we will need to learn lots of new skills and try new things! A key point to remember is that it is not mandatory for clubs to host hybrid meetings, it is completely up to you and your club members if this is something you will offer.

Check out the recording for some great recommendations from the panelists. By following their tips, you can start to prepare and plan for hosting a hybrid meeting! Watch for more helpful guidance coming from the Hybrid Meeting Committee soon!

To view the recording visit:

<https://www.youtube.com/watch?v=XjdH05l4TIQ>



“Striving for Success” Webinars

Ken Hubley presented an informative session on “easySpeak” at our Sunday Webinar, this past September 27.



Join us on **Sunday, October 24th at 7pm AT/8pm ET** for a presentation on hosting an open house. Clubs across the District are working to recruit new members. What better way than to showcase your club with an open house and have people come and experience all that you have to offer? Join Deji Randle as he runs through the planning, promoting and execution of an open house, whether it be in person or online. Don't forget the follow up though – that's the most important part!

A graphic titled "Open House Incentive" with a starburst border. It features a central white box with the text: "Reimbursement of up to \$25 US / \$30 CDN per club". To the right is a smaller image of a group of people at an open house. Below the main text, it lists requirements: "To qualify, you must: • Set up your Open House as an event on Facebook. • Boost the event. • Submit the bill for boosting."

AWARDS AND INCENTIVES

There are a number of awards presented each year and the District also has various incentives during the year. Each month some of these awards and incentives will be highlighted in each issue so clubs and members know what there is to strive for.

Awards

Terry Chinnery award – this award is presented in the *spring* to the club with the greatest percentage increase in members from the previous April. This award is automatically calculated by the District based on reports from Toastmasters International.

Ted Nichols award – this award is presented in the *spring* to the club with the greatest membership retention. The base membership on July 1 is the starting point and is compared to the membership after the April renewals with new members being taken into account. A club must have a minimum membership number of 20 to qualify. This award is automatically calculated by the District based on reports from Toastmasters International.

Incentives

Youth Leadership Program - Be among the first twenty-five (25) Toastmasters to complete a Youth Leadership Program and you will be reimbursed for the cost of the YLP materials. This means that if you need sets of material for one YLP, you will be reimbursed for both.

Club Coach Recognition – To earn this incentive, you must serve as club coach for two (2) or more clubs and:

- Attend a meeting of the coached clubs at least once per quarter.
- Conduct a joint meeting with both/all clubs’ executive committees once per month.
- Coaches must start in the club role no later than March 1st



The incentive is \$25 US/\$30 CDN per club served to be used for the benefit of Toastmasters.

Open House – this is for boosting your Open House on Facebook. You need to set up the Open House as an event. Boost the event and then submit the bill for boosting. You will be reimbursed up to \$25 US/\$30 CDN. This can be for either an in-person or online Open House.

Level 1 award – To be eligible for this award, complete a **first** Level 1 in any path by December 31, 2021. You will be entered into a draw for a Travel Mug. There will be two (2) winners per month.

Congratulations Member Education Incentive Winners

July
Jenny Theriault, Dartmouth Tic Talkers

Tanya Tripathi, Charlottetown Toastmasters Breakfast Club

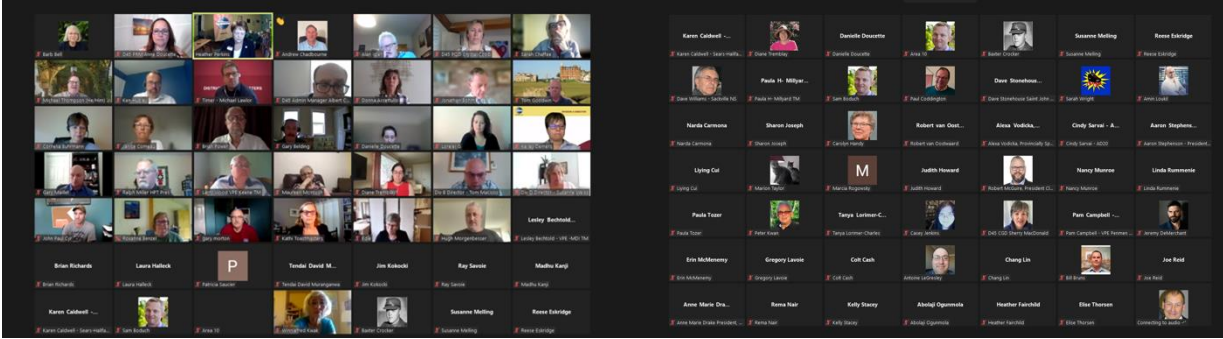
August
Keither Fisher, Live, Speak or Die Toastmasters

Patrick Kelly, of Millyard Toastmaster

To qualify, you must:

- Complete a first Level 1 in any path by December 31, 2021
- Entry into a draw for a Travel Mug (two winners per month)

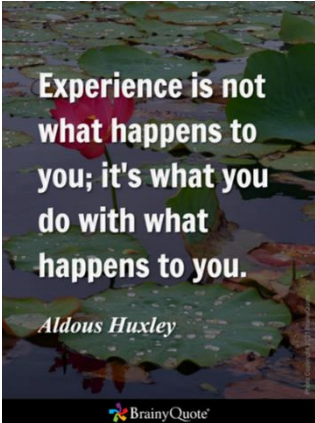
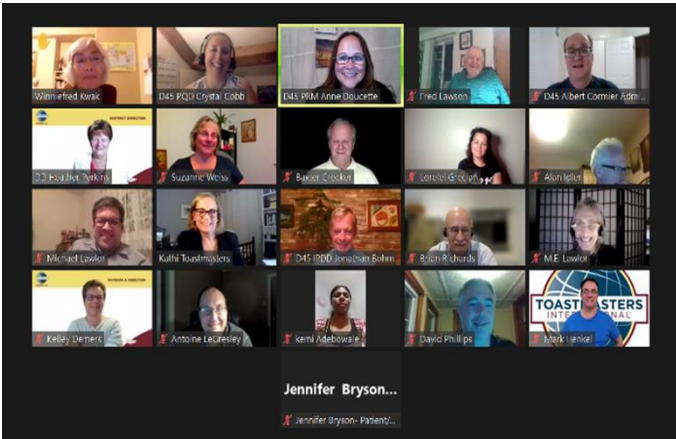
DISTRICT COUNCIL MEETING



The District Council meeting was held on Saturday, September 18. The district budget was approved. As well, the members passed a motion to not hold the Humorous Speech Contest unless the 2022 Annual Conference is held online. District leaders provided updates on the progress to date in the district and plans for upcoming events. The minutes of the meeting have been posted to the website and can be found [District 45 Toastmasters | District Council \(d45toastmasters.org\)](#). (or we can add a hyperlink)

MEET THE LEADERS TOWN HALL

An enthusiastic group of District 45 members attended the Meet the Leaders Town Hall on Sunday, September 22nd. The leaders provided an update on some of the plans and programs for the year. They repeated the call for volunteers - whether it be for the year or for a shorter term. We thank those who stepped up at the meeting to offer help. Members had the opportunity to share their questions and issues with the leaders. This information helps the team continue to shape our programming for the remainder of the year. We look forward to seeing even more of you at our next Town Hall in the new year.



Worldwide Impromptu Speaking Extravaganza

There will be Table Topics competitions held with former District winners from around the world. These will be held in October with a round-robin format followed by a final competition on **October 23**. There are also Bootcamps being held with tips on being a successful impromptu speaking. Two of District 45's own – **Jeffrey Doucet** and **Sharon Joseph** – will be competing. Please support Jeffrey and Sharon in their endeavors. Registration is open and accessible at <https://wiseclubs.org/oct-events-registration/>

As 32 District Champions battle it out, we guarantee that this is going to be an exciting test of communication skills ever to be witnessed in a competition involving Toastmasters. This may also be a great opportunity to showcase what Toastmasters can do for your prospects by inviting them to watch this extravaganza.

Sharon Joseph competes October 2 and Jeffrey Doucet competes October 16.

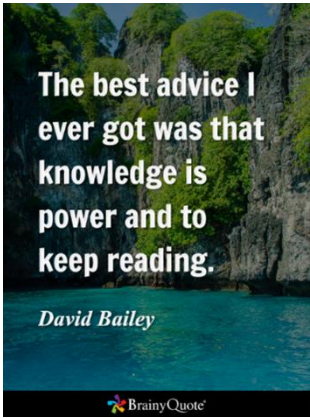
For more information, go to <https://wiseclubs.org/>.

Club Success Plan Incentive

Be one of the first 10 clubs to complete a Club Success Plan by October 31, 2021 for an award of \$50 USD/\$60 CDN.

The Plans must:

- include education, retention, and membership building goals and tasks to achieve Distinguished status or better by June 30, 2022
- be reviewed and discussed with Area and/or Division Director and submitted to Crystal Cobb, Program Quality Director (d45.crystalcobb@gmail.com)



Around the District – Division A



Concord Toastmasters welcomed **Betsy Baker** to the Executive Committee as the board’s new Secretary. Betsy was installed into her role this month when an unexpected vacancy occurred.

VP Membership, **Dale Randall** continues the “Bring a Guest” challenge this month. The member who brings the most guests in September will win a prize! Dale has welcomed our newest members with amazing and welcoming inductions! Welcome **Anne Burnett** and **Laura Magzis**!



Laura Magzis challenged herself with two roles on the same agenda! She presented her Icebreaker AND served as Word Master on Sept. 10th. On Sept. 17th, she showed her Zoom skills by donning her shades.

More Zooming fun with members **Betsy Black** and **Caryl Lajoie** as they shared amazing backgrounds.



Millyard Toastmasters celebrated their first in-person gathering with a surprise bridal shower for Toastmaster Gina. What is a Toastmaster’s gathering without Table Topics? No fear, we had fun providing advice to the happy couple. Lots of laughter and ‘real’ applause was had by all.

Division A has started a Word of the Week post on their Facebook page (<https://www.facebook.com/District-45-Toastmasters-Division-A-384998491987250>). Words with their definition and a sample use of the word is posted every Tuesday. The sample sentences are aimed at Toastmasters to entice new membership. Feel free to like and share these posts with your division and clubs.



Word of the Week (aka WOW)

lollygag
verb LAH-lee-gag

Lollygag means "to spend time doing things that are not useful or serious"—in other words, "to fool around and waste time."

Stop Lollygagging and join a Toastmasters club!



Around the District – Division C



District 45 wishes Toastmaster Andrew Byrne and his fiancé, Nara, a happy marriage. **Congrats to you both!** Andrew is a member of MidDay Toastmasters and the Rotary Club of Fredericton Sunrise. He has also served as a Sergeant at Arms and co-chair VP PR for his MidDay club, member of the Toastmasters/Rotary Alliance Action Team, and co-chair of Rotary District 7810's Public Image Committee as well as the same for his Fredericton club.

Toastmaster Seun Richards Agunbiade, from Saint John, New Brunswick, was in the news recently over a thriving business he recently launched. Click on the link below to reach the full article:

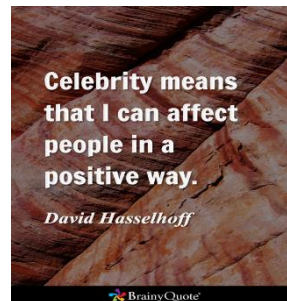
[How Saint John Inspired Seun Richards Agunbiade To Launch A Thriving Business - Huddle](#)



Toastmaster Dahlia Das, from Saint John, New Brunswick, was also in the news recently on why they moved to Saint John and started a family.

[Why This Couple Moved From India To Saint John And Started A Family - Huddle](#)

Dahlia and Som Das with their beautiful son Prayas.



Pictured: Carol Ann Hanley, DTM of MidDay Toastmasters and Patricia MacNevin, DTM, PDG of Riverside and Rise & Shine Toastmasters, at the St. Mary's Ferry Landing Neighbourhood Bazaar held on September 18. Deborah Wiggins from Ambitious City Toastmasters (Division 86) and a member of the soon to be chartered Changemakers Toastmasters was also a host.





Changemakers Toastmasters is helping women in our community become better advocates.

Shelley Petit and Kaitlyn Layden are both board members of the New Brunswick Coalition of Persons with Disabilities. Shelley is the Chair and Kaitlyn is the Social Media rep. They both suffer from disabilities and are working to improve the lives of the 26.7 % of New Brunswickers 15 and over who suffer from disabilities.

Both women joined Changemakers Toastmasters to improve their media presence. Be it TV interviews, radio, or print, even a chance to get their message across must be done concisely, precisely, and clearly. Both women have enjoyed their time to date and are looking forward to further growth in their skills. They are particularly enjoying table topics as it helps them with on-the-spot thinking and response. Kaitlyn Layden hopes to gain knowledge, confidence and make connections: "I felt very empowered and ready to start. It was as though I was born to be a part of the Toastmasters community. Activism is so important for all, no matter what your abilities are".



Leadership in Giving Back to the Community

Progressive leaders today broaden their impact by investing back into their communities, and we're proud of the many ways that Toastmasters give back to the cities, towns, and villages where they live. As chair of the non-profit L'Arche Saint John, Distinguished Toastmaster Jim Kockocki recruited two other Toastmasters to the board as well – Rising Tide Toastmaster Wayne Cooper and Saint John Toastmaster Dave Stonehouse. Wayne served as the lead organizer for a highly successful fundraising dinner for L'Arche that in September attracted hundreds of community and business leaders to the cause – L'Arche serves adults with intellectual disabilities, not only in Saint John but in nearly 40 countries around the world.

The Building Community dinner, featuring former Canadian diplomat and New Brunswick premier Frank McKenna in a fireside chat with Jim, inspired many to want to become involved in the non-profit organization as volunteers or donors.

The Magic of L'Arche Saint John, a touching short film spearheaded by Dave through his public relations firm The Stonehouse Agency, debuted at the dinner. (It can be viewed at www.larchesaintjohn.org.)

Congratulations to Jim, Wayne and Dave for investing back in such a meaningful way!



Left: A still from the short film *The Magic of L'Arche Saint John* spearheaded by Saint John Toastmaster Dave Stonehouse



Right: Dave Stonehouse, President of Saint John Toastmasters.



Left: Jim Kokocki, Past International President, right, with former Canadian Diplomat Frank McKenna, at the Building Community dinner for L'Arche Saint John on September 7.



Right: Wayne Cooper, Treasurer of Rising Tide Toastmasters in Saint John

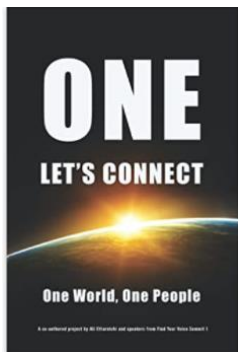
Around the District – Division E

Area Director Visit Complete!

Typically, the first Saturday of the month is reserved for our Advanced Toastmasters meeting. For our September meeting, it was extra special because we had our Area 3 Director, Lorelei Grecian attend for her official visit! During her visit, she delivered a speech titled “Owing My Experiences” where she talked about the wisdom of planning and how it can be applied to the Toastmaster experience. Lorelei was voted Best Speaker of the meeting – congratulations Lorelei! Spotlight Advanced Toastmasters Club meets once a month, and each meeting has a focus on leading a business portion and effective evaluations focused on delivery, content, and language. This is a great way to improve on your speaking skills. P.S. We love having guests attend!



We have some talented people in Division E!



Toastmaster Ali Ettarnichi is one of the many co-authors of this wonderful book “One: Let’s Connect: One World, One People”. Within these pages, you will discover some of the world's best coaches and speakers who are dedicated not only to connecting the world as One People, but also to help you find your voice and live the life that was meant for you.

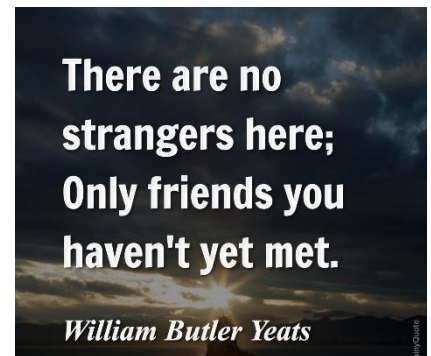
The book can be purchased on [Amazon.ca](https://www.amazon.ca).

Toastmaster Darlene Smith is one of 10 Canadian women who have put their hearts and souls into their stories of success in Real Estate investing. This book contains our life experiences - challenges, tragedies, and triumphs - on our way towards living extraordinary lives.

The book can be purchased on [Amazon.ca](https://www.amazon.ca)



Some members of the Charlottetown Toastmasters Breakfast Club got together in early September for the very first time in 18 months. It was great to see everyone in person, some for the very first time!



Around the District – Division G

The BrattleMasters club in Brattleboro, Vermont (Division G, Area 15) celebrated its first in person meeting Aug. 12 with its annual picnic at Living Memorial Park. Pictured are a combination of members, former members, members of the nearby Keene, NH club, friends and family who turned out for the combination meeting and picnic. The rainy day held hope that they might be able to recreate the 2015 photo of the club with a bright rainbow behind them. And 2021 did not disappoint, but the colors were starting to fade by the time the group posed for the photo. Can you see the 2021 rainbow?



For those clubs that need additional support in accomplishing goals and restoring club quality, the Club Coach Program offers the opportunity for experienced Toastmasters to assist clubs in achieving Distinguished status or higher in the Distinguished Club Program. Currently, coaches who help clubs achieve Distinguished status or better by June 30 earn club coach credit.

The Board of Directors is aware of the extra effort coaches must put forth as the pandemic continues to impact club meetings and membership growth. To provide additional recognition for coaches for the 2021–2022 program year, effective July 1, 2021, coaches can also earn District leader credit in addition to the club support credit if the club coach meets all the following criteria:

- *Help the club achieve Distinguished or better status by June 30, 2022*
- *Help the club reach a minimum of 20 paid members by June 30, 2022*
- *Serve a minimum of six months in the coach role*

We hope these additional considerations assist you and your club members in achieving the program year objectives and cultivate communication and leadership skills.

Anniversaries



Of the 1,200 members in our District, 47.5% have been a member for at least 5 years, 25.8% have been a member for at least 10 years and almost 14.6% have been a member for 15 years or more. Each month we will celebrate those members who celebrating an anniversary in that month. 5th, 10th, 15th etc. anniversaries will be recognized. The following are celebrating their anniversary with the club noted in **October**.

| Name | Club | # of Years |
|--------------------------|--------------------------------------|------------|
| David Fraser, DTM | Saint John Club | 35 |
| Debby Hoffman Adair, DTM | Concord Toastmasters Club | 30 |
| Lisa Rollins, CL | White Mountain Toastmasters Club | 15 |
| Raymond Mason, ACB, CL | White Mountain Toastmasters Club | 15 |
| Barbara Dorfschmidt, EC2 | Karner Blue Toastmasters | 10 |
| Sara Wagner, PM1 | Millyard Toastmasters | 10 |
| Edie Murray, IP2 | Annapolis Valley Toastmasters Club | 10 |
| Kathy Stanford, DTM | Dartmouth Toastmasters Club | 10 |
| Patricia McLean, CL | The Very Best Toastmasters | 10 |
| Linda Magoon, IP2 | Karner Blue Toastmasters | 5 |
| Monica Norris, IP2 | Bangor Toastmasters Club | 5 |
| Chang Lin, DTM | Portland Harborside Toastmasters | 5 |
| Pamela Tract, DTM | Wolfville Toastmasters | 5 |
| James Lawlor, MS5 | Provincially Speaking Toastmasters | 5 |
| Saeed Nikbakht, CC, CL | Provincially Speaking Toastmasters | 5 |
| Jennifer McClare, MS4 | Speakeasy Toastmasters Cub | 5 |
| Kimberly Terry, IP2 | Les Voix Du Succès-Successful Voices | 5 |
| Linda Crosby, PM5 | Dynamic Speakers Club | 5 |
| Craig Pepper | Dynamic Speakers Club | 5 |
| Linda Ramrath, DTM | Keene Toastmasters Club | 5 |
| Marie Wesson, CC, CL | Toast of the Valley Club | 5 |
| Shaeryn Payton, CC | Toast of the Valley Club | 5 |
| Alok Gupta, IP1 | Winning Speakers Club | 5 |
| Nidhi Hupta, PI3 | Winning Speakers Club | 5 |



Clubs celebrating any 5th anniversary of their club charter are recognized. Once a club has reached the **half-century mark**, every anniversary is included and celebrated. The following clubs are celebrating significant anniversaries in the month of **October**.

Les Voix Du Succès-Successful Voices #5330037 of Riverview, NB chartered 5 years ago on October 1, 2016.

Every month, members who have achieved designations Pathways are recognized. Some members, however, are not getting the recognition they deserve because of the privacy settings they have chosen. If you are not sure what you have chosen, log in and go to your profile. Click on privacy and consent. The final item says “Your Name on Public Reports”. If you have indicated no to this setting, only your member number and club shows on the reports indicating any achievement you may have earned. This means you can’t be recognized publicly by the district. Get the recognition you deserve. Change your setting to this consent to YES. There are currently 6 achievements not recognized because consent has not been given.

Level 1 – September 2021

| Name | Club | Designation |
|------------------------|--|-------------|
| Margrethe Heimgartner | The Maine Thing Advanced Toastmasters Club | EH1 |
| Daniel R. Wilson | Winning Speakers Club | EC1 |
| Susanne T. Melling | Green Mountain Toastmasters | PM1 |
| Victoria Ruth Belanger | Penmen Toastmasters | PM1 |
| David C. Phillips | Running Hill Toastmasters Club | PM1 |
| Colt Cash | River Talkers Toastmasters | PM1 |
| Helmi Yousif Alfarra | Saint John Club | PM1 |
| Patricia L. Saucier | Dirigo Toastmasters Club | SR1 |
| Philip S. Laven | Dartmouth Toastmasters Club | PM1 |
| Dawna-Jean Turchon | Dirigo Toastmasters Club | IP1 |
| Charlie Hayden | Nashua-Hudson Club | PM1 |
| Lesley Carter | Dartmouth TIC Talkers Toastmasters Club | IP1 |
| Pierrette Hache | Arcadie du Grand Caraquet | MS1 |
| Patrick Timothy Fleck | Lakes Region Toastmasters | PM1 |
| Thomas M. Macisso | Blueberry Hill Club | SR1 |
| Casey G. Jenkins | Portsmouth Toastmasters | EH1 |
| Cynthia J. Sarvai | Millyard Toastmasters | DL1 |

Level 2 – September 2021

| Name | Club | Designation |
|--------------------|--|-------------|
| David C. Phillips | Running Hill Toastmasters Club | PM2 |
| Dawna-Jean Turchon | The Maine Thing Advanced Toastmasters Club | IP2 |
| Marina D. Kirsch | Exeter Speak-Ups Club | PM2 |
| Thomas M. Macisso | Blueberry Hill Club | SR2 |
| John D. Blumsum | Spirit-Ed Toastmasters Club | EH2 |

Level 3 – September 2021

| Name | Club | Designation |
|----------------------|---|-------------|
| Glen D. Gorman | Civil Speakers Club | EC3 |
| Carol D. Coolidge | Champ Masters | EC3 |
| Paul F. Coddington | Concord Toastmasters Club | DL3 |
| Tanya Tripathi | Charlottetown Toastmasters Breakfast Club | PM3 |
| Abby R. van der Jagt | Dartmouth TIC Talkers Toastmasters Club | SR3 |
| Andrea Libby | Mt. Washington Valley Toastmasters | EH3 |
| Dawna-Jean Turchon | Kennebec Valley Toastmasters | IP3 |
| Maureen Daniels | Nashua-Hudson Club | IP3 |
| Donald J. Winn | Nashua-Hudson Club | DL3 |
| Reese M. Eskridge | Nashua-Hudson Club | PM3 |
| Lorelei Grecian | Riverview Canusa Toastmasters Club | IP3 |
| Robert Moran Maguire | Lakes Region Toastmasters | PI3 |

Level 4 – September 2021

| Name | Club | Designation |
|-----------------------|---|-------------|
| Tanya Tripathi | Charlottetown Toastmasters Breakfast Club | DL4 |
| Gina Elizabeth Lemcke | Millyard Toastmasters | VC4 |
| Maureen Daniels | Nashua-Hudson Toastmasters | IP4 |
| Jennifer Bryson | Premiere Toastmasters Club | DL4 |

Level 5 – September 2021

| Name | Club | Designation |
|-------------------|---|-------------|
| Tanya Tripathi | Charlottetown Toastmasters Breakfast Club | DL5 |
| Wendy Marr | River Valley Toastmasters | PM5 |
| Thomas G. Goodwin | Lakes Region Toastmasters | VC5 |
| Jennifer Bryson | Premiere Toastmasters Club | DL5 |

District Calendar

October Events

- 7 - #TeamDistinguished Masterclass (for Club Coaches)
- 11 - VP Education Peer Call
- 12 - VP Public Relations Peer Call
- 12- Division Directors peer call
- 14 - Senior Leadership team meeting
- 19 – District Executive Committee meeting
- 21 – VP Membership Peer Call
- 24 – District webinar
- 27 – President Peer Calls
- 28 - Senior Leadership team meeting

November Events

- 4 - #TeamDistinguished Master Class (for Club Coaches)
- 6 – Fall workshop
- 8 – VP Education Peer Call
- 9- VP Public Relations Peer Call
- 9 – Division Directors Peer Call
- 11 - Senior Leadership team meeting
- 16 – District Executive Committee meeting
- 18– VP Membership Peer Call
- 21 – District webinar
- 24 – President Peer Calls
- 25 – Senior Leadership team meeting

December Events

- 2 - #TeamDistinguished Master Class (for Club Coaches)
- 9– Senior Leadership team meeting
- 12 – Holiday Social
- 13 – VP Education Peer Call
- 14 - VP Public Relations Peer Call
- 14 – Division Directors Peer Call
- 16– VP Membership Peer Call

January 2022 Events

- 6 - #TeamDistinguished Masterclass (for Club Coaches)
- 10 – VP Education Peer Call
- 11 - VP Public Relations Peer Calls
- 11 – Division Director Peer Calls
- 13 - Senior Leadership team meeting
- 18 – District Executive Committee meeting
- 20 - VP Membership Peer Call
- 23 – District webinar
- 26 – President Peer Calls
- 27 – Senior Leadership team meeting
- TBD - Toastmasters Leadership Institute training

Others Events

- February 19, 2022 – Toastmasters Leadership Institute training sessions
- May 20 – 22, 2022 (tentative) – Annual conference

For Updated Events and Times, go to the District Calendar at <https://d45toastmasters.org/>

In Memoriam

We mourn the passing of a Toastmasters extraordinaire: Norma Pasatieri, DTM

Norma first joined a Toastmasters club in October 1992. She was known by many as a truly authentic, knowledgeable, supportive and kind friend. She was never afraid to share her opinion but always did so with a kind heart and with the best of interest for all. She believed there was always an opportunity to learn something new and attended many events held within and outside the District. She was always willing to lend a helping hand and even helped out at many speech contests this past Spring, all the while battling cancer. She was always up for an adventure and saw life as a blessing. Those who had the privilege to know Norma, know what an incredible human-being she was.



We will miss you Norma!

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