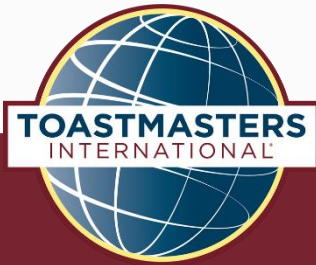


# D45 NEWSLETTER



## CAN-AM LINK



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## 2020 DISTRICT 45 FALL WORKSHOP

**D45 Program Quality Director**  
**Jim Wisted, DTM**



We are hosting our annual District 45 Fall Workshop on Saturday, November 7, 2020, 10 AM to 3 PM Atlantic Time (USA) / 9 AM to 2 PM Eastern Time (Canada).

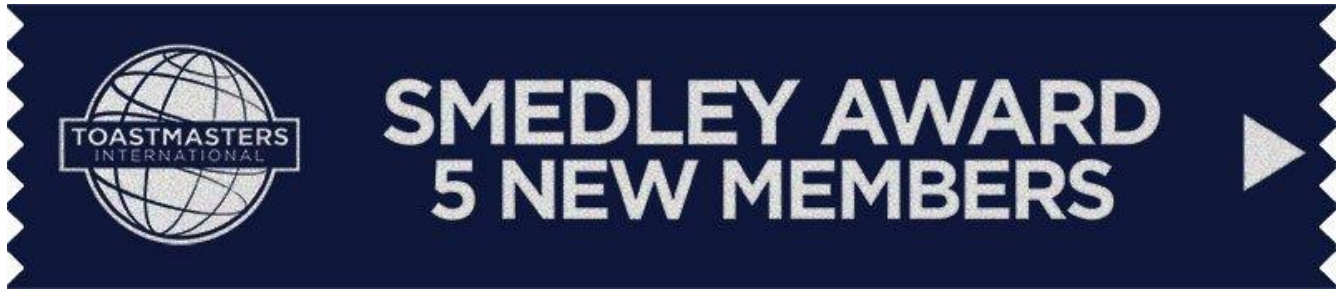
This year our workshop will be a first ever virtual event in accord with TI recommendation.

On the program, there are 8 educational presentations as well as a keynote speaker, and awards will be presented.

If you are interested in presenting at this workshop, please complete the presenter form we sent to your email and submit it to me no later than September 11.

We look forward to your submissions.

Stay tuned for regular updates on our Facebook page, D45 website and this CAN-AM newsletter.



**D45 Club Growth Director  
Melinda McCormack, DTM**

**Is Your Club on task to win the *Smedley Membership Award*?**



***What is the Smedley Award? How long do we have to earn this award?***

A membership contest that requires you to **add five new, dual, or reinstated members** with a join date between August 1 and September 30.

***Who is Ralph Smedley?***

Toastmasters founder Ralph Smedley is the founder of Toastmasters International, which began as series of speaking clubs he organized while working for the YMCA.

***What's in it for my Club?***

1. Smedley Award Ribbon for your Club's Banner
2. 10% discount off a Club Purchase from the Toastmasters Online Shop
3. Special Prize of YOUR CLUB's choosing from District 45!!! (valued at \$25)

***What's in it for you?***

1. Sponsor five new members and receive a unique Toastmasters label pin highlighting your accomplishment!
2. More Members at your Club meetings!

***Who do I contact if I have more questions about the Smedley Award?***

You have many people in District 45 supporting you as you work toward this membership goal. We are happy to help you succeed!

1. Your VP of Membership
2. Your Area Director
3. Your Division Director
4. Your Club Growth Director... [d45.melinda.mccormack@gmail.com](mailto:d45.melinda.mccormack@gmail.com)

## Club Coach Corner

David Cormier DTM,

Club Retention Chair (Club Coach Coordinator)



### WHY APPLY FOR A CLUB COACH?

Some of the first words that appear on Toastmasters International web site are, “Build A Better You.” We have heard the words time and time again. Toastmasters is a learning journey in communication and leadership. How often do we forget those words? As members, we are all responsible for reminding ourselves of the importance of those words. We are all here to share what we have learned from each other. The Toastmasters program is all about “Build A Better

You” for all members.

Some of you may have had a Club Coach appointed to your club before with varying degrees of success. We often forget we are all in a learning journey; not everyone learns or grows at the same rate. Why not open your club to a Club Coach when you qualify for it?

Three reasons to apply for a club coach:

1. As individuals, we are all unique. Everything changes with time, therefore; individual experiences will be unique, not necessarily the same as previous results. A Club Coach could bring positive results.
2. The club coach has a vested interest in your club. He or she will arm themselves with the tools needed for successfully restructuring your club, while quite possibly, bringing in a new level of energy.
3. This is a great way to open your club to an individual from another club. That individual will step out of the (Club Comfort Zone) and use the skills of communication and leadership in a non-authoritative role and a safe learning environment.

Last month District 45 had fifty clubs that could have applied for a club coach. There are plenty of opportunities for a win-win situation in District 45. Let’s all work together for our Toastmasters members and “Build A Better You.”

For more information on how to get appointed a club coach contact me at [d45.david.cormier@gmail.com](mailto:d45.david.cormier@gmail.com)

**WHY BE A CLUB COACH? WHAT IS IN IT FOR YOU?**

I remember when I was approached to coach a club, I accepted the challenge without knowing what I was getting myself into. I believed it was about saving a sinking ship! I started by attending a few meetings then, with my good intentions I told the executive team what I believed were good solutions. My solutions were like offering everyone a life jacket. The reality was, I was the one who needed the life jacket. In this new role, I found myself in uncharted water. What worked in my previous leadership role did not work in this type of environment. I had to lead leaders without the element of control; this was an area for me that needed to be refined. This coaching experience gave me a chance to learn some of the skills needed to lead without the element of traditional authority.

Why be a club coach? What is in it for you? This journey will expose you to an environment where you can learn and master the skills of leading without the element of traditional authority. There is a big difference between leaders and followers; club coaching can teach you those differences. Toastmasters international has tools available for coaching. You can learn in a safe environment. You learn by doing and applying what you have learned along the journey.

Successful Coaches demonstrate their learning when they have helped clubs achieve Distinguished status or higher in the Distinguished Club Program. For recognition, club coaches receive credit in the education program and receive a club coach certificate of accomplishment. In District 45 we also publish the name of successful club coach in District 45 monthly Newsletter.

For more information on being a Club Coach contact me, **David Cormier** at [d45.david.cormier@gmail.com](mailto:d45.david.cormier@gmail.com)



# IN MEMORY OF WENDY HARDING, DTM

*By Heather Perkins, DTM*

Past District Governor, Past International Director Wendy Harding, DTM died on August 24, 2020. Wendy joined Toastmasters in 1996 and never looked back. She helped organize many of the fall conferences held in Fredericton. Wendy served as District Governor for the 2009 – 2010 District year. Following her service as District Governor, Wendy ran successfully for International Director in 2011 at the convention in Las Vegas. She took some time out from her campaigning to get married in Paris (that would be the Paris hotel in Las Vegas). DTM Joe Grondin and DTM Heather Perkins stood for Wendy and Karl at their lovely wedding service. Everyone in attendance was a Toastmaster which is what Wendy wanted and why they got married at an International Convention.

Wendy always maintained a keen interest in Toastmasters and was unstinting in helping individuals and the District to achieve success. She served on Guidance Committees for High Performance Leadership projects and as an individual mentor to many members over the years. Wendy served on the International Leadership Committee and on the Discipline committee for Toastmasters International. This year, Wendy had early volunteered to serve as the District Leadership Committee Chair – a role she was greatly anticipating. One of her last comments to Heather Perkins the day before she died was to ask her to apologize to DD Jonathan Bohm for not being able to fill the role. That was

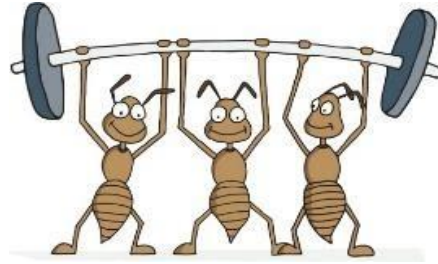


typical of Wendy's commitment and dedication to Toastmasters. In the words of PD45 Director Sandra Hachey (written before Wendy's death) "This world is going to be less of a kind and loving place when she leaves us."

Wendy was in the hospital for the six weeks prior to her death and knew that she was unlikely to recover. Wendy, again in typical Wendy fashion, took the time to put things in order. She accomplished that task and was able to see the people she wanted to see. With her husband Karl, and some other family members by her side, Wendy said her goodbyes, closed her eyes and stopped breathing. Wendy was a dedicated Toastmaster and a true friend. Wendy's death leaves a hole in the Toastmasters organization and in the hearts of everyone who knew her. Our hearts go out to her husband, Karl Stewart. Wendy, you will be missed. We love you.

# Ready and Willing

By Bill Crosby, DTM



Bill Crosby, DTM

If you had to choose ready or willing for the members in your club which would you pick?

- Ready... because of the commitment and preparation it takes to craft a speech?
- Willing... because members will be more likely to speak or cover a role?

There are deeper questions:

1. Why do members wait until the last minute to commit to roles?
2. Why the resistance to setting and tracking goals?
3. Why do members keep putting off speeches?

The answers may be found in the gym. A visit to the gym is not a performance. It is a place to do some reps, stretch and build endurance. Afterwards it feels good. People get stronger the more they go. The gym is all about preparation to feel better in the other parts of life.

Some members may resist speaking because it feels like a performance. Speeches never seem ready for the glare of evaluation. What if the Toastmasters club experience was more like the gym? What if roles and speeches were simply assigned at the end of each meeting. A third speaker slot is left open. Everyone shows up, works out and does their best. Expectations are set from the moment a new member joins that regular attendance, meeting roles and speeches are part of membership.

This will prepare members for the other parts of their life. Preparation for the presentations, social occasions and community involvement that motivated them to join Toastmasters.

Six-years ago our Area Governor, Cali Crowley, visited Kennebec Valley Toastmasters and challenged us to Sign up... Show Up...Step Up. A battle cry that rings true to this day.







Are you ready? Are you willing?

**Bill Crosby DTM**  
**Kennebec Valley Toastmasters**  
**The Maine Thing Advanced Toastmasters**



# Around the District



Division A	Division B	Division C	Division D	Division E	Division G
<a href="#"><u>Heather Fairchild, DTM</u></a>	<a href="#"><u>Bill Bruns, DTM</u></a>	<a href="#"><u>Jeremy DeMerchant, DTM</u></a>	<a href="#"><u>Alan Idler, DTM</u></a>	<a href="#"><u>Anne Doucette, LD3</u></a>	<a href="#"><u>Cindy Lee, IP3</u></a>
					



## CONCORD TOASTMASTERS

By Sarah Chaffee, VC4

**Concord Toastmasters** continue to raise the bar with high



Debby Adair, DTM

achieving members! This past month **Debby Adair** completed her DTM and **Paul Coddington**

completed his second DTM!

**Alex Campbell** has achieved

Level 2 in Presentation

Mastery.

As many of our legacy members transition to Pathways, the club has instituted a “5th Quarter” held directly after our meeting. It covers tips on negotiating Pathways and

the Toastmasters website. It is helping all our members to

get the most out of the program. This is being led by VPE,

**Jennie Parisi** and Mentor Coordinator, **David Hill**.

Concord Toastmasters will also be holding a day of

Icebreakers on September 25 to jumpstart all the

Pathways participants.

The VPM, **Betsy Black**, has just announced a competition

to bring in the most guests over the next months. To build

the suspense, she will not reveal the prizes until later, but

she has dropped hints that it is something that everyone

will want - perhaps an absentee ballot?



The will to win, the desire to succeed, the urge to reach your full potential... these are the keys that will unlock the door to personal excellence.

Confucius





## THE MAINE THING AVANCED TOASTMASTERS CLUB

The Maine Thing Advanced Toastmasters invited members of the newly chartered Impediments club to a meeting. The theme was “Back to Basics”, giving the Impediments’ officers some tips for their meetings. In addition, were two guests, one from Germany, the other from Mexico! As always, it was a fun filled meeting!



## Kennebec Valley’s first ever, Toastmaster of the Year

KVTM awarded its first TM of the year! The club was waiting to meet in person and did so at Capitol Park in Augusta, ME. Criteria for the award included:

- Positive Attitude
- Willingness to step out of their comfort zone
- Willingness to take on leadership roles
- Attendance
- Heart



Jeanie G. Davis, CC CL

Guests have come back to the club because of this individual. Members have said she is the heart of the club. Some of you experienced her warmth and friendliness at the last conference in Sunday River. KVTM’s Toastmaster of the year goes to the club President, aka “the Happy Hugger”, **Jeanie G. Davis!**

# A WORD OF APPRECIATION FROM OUR INTERNATIONAL PRESIDENT.

By Richard Peck, DTM



**Division B members Anne Gilson DTM PRA, Peggy Seymour DTM and DJ Turchon DTM** were awarded by the TI Training Team for assisting **Region 9 Advisor, Cyndi Wilson** in her District Leader Training.

This is some of what **International President-elect Richard E. Peck, DTM** had to say about those who assisted in the training:

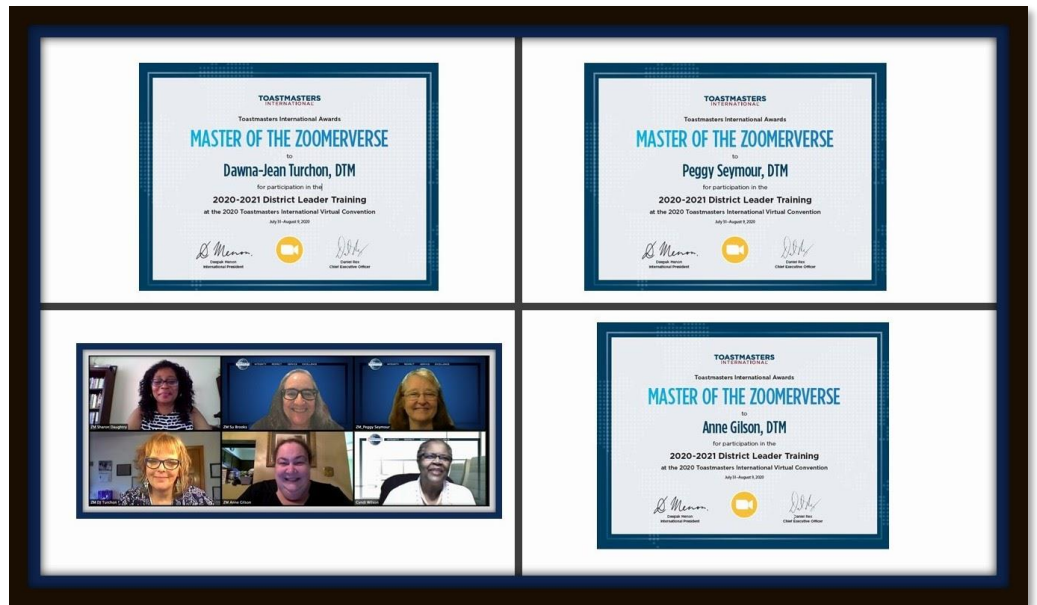
*When I asked the Region Advisors what they felt led to the success of the DLT the resounding response was the Zoom Masters and that they would not have been able to do it without you. They said that you made them feel more relaxed, that you had all of the technology working smoothly, and that you ensured all those in attendance could get online and attend.*

**Thank you** for stepping up, **Thank You** for being there to support the Region Advisors, **Thank You** for making this training such a success for our district leaders, **Thank You** for being a part of history.

*I hope that at some point in the future we will all be able to get together and I will be able to say **Thank You** in person.*

Sincerely,

Richard E. Peck, DTM  
International President 2020 – 2021



**From the TI Training Team:** Your efforts in assisting Cyndi Wilson and all the District leaders who attended District Leader Training deserves a heartfelt thanks from all of us.

With appreciation and in recognition for the outstanding work and time you put into making the first Virtual District Leader Training a success we present to you an award recognizing you as a “Master of the Zoomiverse!”

# Down East Meets Jersey Shore Networking Event



Angela Chute, DTM

Even COVID-19 cannot keep Toastmasters from networking! Zoom makes this the BEST time to reach out Club to Club, Area to Area, Division to Division and across District lines.

Districts 45 and 83 are bringing the FUN to Networking by creating an upcoming Networking Event: October 21, 2020.

Stay tuned for details! For more information reach out to [Angela Chute, DTM](#) or [DJ Turchon, DTM](#) in D45 and [Peggy Seymour, DTM](#) or [Su Brooks, DTM](#) in D83.

**Down East Meets Jersey Shore**  
**October 21, 2020**

**DOWN EAST D45**

**GREETINGS FROM THE JERSEY SHORE D83**

**TOASTMASTERS INTERNATIONAL**

**Networking Event**

**Angela Chute, DTM**  
Kennebec Valley Toastmasters  
The Maine Thing Advanced Toastmasters



## Division C is making waves... airwaves that is!



For the second month in a row, Division C is excited to celebrate a member launching a new podcast! Our Division C Director, Jeremy DeMerchant, who is a member of *Mid-Day Toastmasters*, *Beyond Toastmasters* and *Rise & Shine Advanced Toastmasters*, was inspired by his podcasting project in his last pathway and decided to turn his weekly Facebook live show into a full-blown podcast. Designed to help sales leaders grow stronger, high-impact sales teams, Jeremy shared his knowledge and experience, along with regular guest expert interviews, to provide current and aspiring sales leaders the tools they need to bring the best out in those they lead. Stay tuned for the September launch of *Sales Team Rescue* with Jeremy DeMerchant, and be sure to subscribe and review the show to help get it to the “New & Noteworthy” section on Apple Podcasts. Learn more at [SalesTeamRescue.com](https://SalesTeamRescue.com).

## Division C in the Classroom

*Mid-Day Toastmasters*, in partnership with the University of New Brunswick, will once again be hosting a year long Speechcraft for MBA students. This long-standing relationship has already introduced and attracted many UNB students to Toastmasters, resulting in an ongoing source of new members with new ideas to keep the club vibrant with energy. **Did you know** our past District 45 Finance Manager joined toastmasters after attending Speechcraft as a UNB student?





# News from Epic Area 19!

By Paula Tozer, EC4



Paula Tozer, EC4

***The clubs of Area 19 have jump-started the New Year with enthusiasm, engagement, and excellence!***

*Riverside Toastmasters* began their Public Relations program on Aug 19 with a special event featuring Accredited Speaker *Joe Grondin*. Joe's inspiring presentation, ***Developing Your Leadership***, energized and delighted everyone in attendance!

Our newly minted *Beyond Toastmasters* is off to a superb start due to strong leadership and an active, engaged membership. *Beyond Toastmasters* is a platform for developing professional speakers and those who wish to take their presentations skills to the next level. Drop by for a visit sometime soon!

*Mid-Day Toastmasters* is also welcoming many guests due to the efforts of President Portia Marsh and their stellar Executive team.

Our first *Area Council* meeting will be held on Aug 31. This will be a great opportunity to create solid alliances, brainstorm initiatives, and celebrate the rich resource base and diversity of our membership.

I am excited to support the *excellent leadership* in Area 19 and to help our clubs reach Distinguished status and beyond!

Paula Tozer, EC4  
Area 19 Director, D45



Times are tough now with the pandemic, but we can still find some positivity in these hard times. In the article "Is-It-Okay-to-Laugh-In-Serious-Times", Judy Carter advocates "flipping the fear" and finding the positive side of life's challenges. Laughter is good medicine and it helps with mental health. You can read more at: <https://www.toastmasters.org/magazine/magazine-issues/2020/aug/is-it-okay-to-laugh-in-serious-times>

**Patricia Saucier MS2**



## Virtual Advanced Club for TMs Across the Map

By Carmen Guillena, ACS, ALB



Carmen Guillena  
ACS ALB

District 45 is hoping to add another club to its roster; one inspired by the new, technical world we live in.

Sherry MacDonald, the club founder, believes the online nature of the club allows all members to participate since it removes the travel requirement.

She says she wanted to fill the gap for Toastmasters wanting to challenge themselves but who live in less populated areas.

“Having an online advanced club provides an opportunity for all Toastmasters, especially those in rural areas who otherwise would not have the opportunity to participate in an Advanced club,” she said.

Sherry, a Distinguished Toastmaster, is also a charter member of Provincially Speaking and joined Toastmasters in 2015. During the COVID-19 quarantine, she took advantage of clubs going digital and spent time visiting clubs within and outside the District. Interacting with new people gave her the inspiration for the new club.



Sherry MacDonald, DTM

“I thought of this after visiting several online clubs around District 45,” she said. “I realized that I was getting very comfortable with our club and members and wanted to stretch myself—and others may be feeling the same. I reached

out to a handful of people who I thought may be interested and that is where it all started. Four weeks after our first meeting, we had a commitment from 11 people and Intent to Charter forms were submitted.”

The club is looking for members who want to challenge themselves, get more comprehensive feedback and evaluation from multiple sources for each speech presented. Speeches will be recorded for the speaker to review later. Speakers will be given a formal speech evaluation, feedback from peers and time management review.

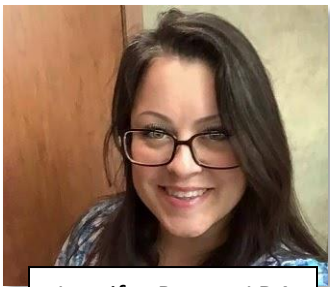
Weekly Sunday meetings will start September 13th between 7 and 8:30pm. The membership fee is \$80 every six months. For more information, contact Sherry MacDonald at [D45.SherryMacDonald@gmail.com](mailto:D45.SherryMacDonald@gmail.com) or Erin McMenemy at [emcmenemy@me.com](mailto:emcmenemy@me.com).





## My 100th Club Adventure

By Jennifer Brisson,



Jennifer Bryson LD4

With most of my other activities taking a hiatus due to COVID-19, I found myself looking for something exciting to do- a new challenge! I am in my first year as a Toastmaster, eagerly working towards my DTM, enrolled in my second Pathway and looking

forward to becoming a Club Coach and filling the role of VP Education for my home club this year. It was natural to turn towards Toastmasters and recognize the unique opportunity that we have been presented with, with most clubs holding online meetings.

I instantly set a goal for myself- I was going to join 20 different club's online meetings. I attended my first club on May 4, 2020 and had visited my 20<sup>th</sup> club by May 24<sup>th</sup>. I knew I was not done yet- I was learning so many new skills and having too much fun! I decided I would set my ultimate goal to attend 100 different club meetings, which I successfully completed on Sunday August 16<sup>th</sup>, when I visited Brisbane Sunrise Speakers Toastmasters in Australia!

I have met over 1200 new people, over came my desire to hide when the Table Topics portion of the meeting rolls around, and have a much greater appreciation and stronger understanding of what Toastmasters can do for anyone. It is not about the number of clubs that you visit- it is about taking advantage of this truly amazing opportunity, stepping out of your comfort zone and challenging yourself to learn and advance your skill set.

This journey has connected me with so many interesting people, opened doors to new opportunities, and I know that I will be reaping the benefits of this adventure for years to come! I ask you, have you visited another club virtually? If your answer is no, I strongly encourage you to accept the challenge.

### Jennifer Bryson

PEI Premiere Toastmasters Club #2738

VP Education



Congratulations to the newest D45 club!

**The Spellbinders Toastmasters Club** is in Division A, Area 12

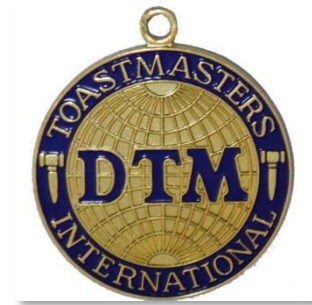


A maroon rectangular graphic with white text and logos. The text reads: "NEW CLUB!" in the top left, "The Spellbinders Toastmasters Club" in the center, "#7320727" below it, and "Charter date: 08.01.2020" in the bottom right. There are two "TOASTMASTERS INTERNATIONAL" logos, one in the top right and one in the bottom left. The background has a faint grid pattern.



A maroon rectangular graphic with white and gold text and logos. On the left is a gold star with a "1" and "YEAR" banner. The text reads: "Happy 1st Anniversary to the following clubs:" in gold, followed by "RESMED RAMBLERS #7549249 Chartered 8.22.2019" and "SPEECH AFIRE ADVANCED TOASTMASTERS #6787365 Chartered 8.28.2019" in white. A "TOASTMASTERS INTERNATIONAL" logo is in the bottom left.

## CONGRATULATIONS TO OUR NEWEST DTMs



### **Angela Chute, DTM**

Angela joined Brunswick Toastmasters in October 2016. She currently is a member of Kennebec Valley Toastmasters and a charter member of The Maine Thing Advanced Toastmasters.

She is the second member of Division B to have a Traditional and Pathways DTM!

When deciding on her Pathways DTM project, she answered Jonathan Bohm's (then PQD) request for help preparing D45's response to Covid-19. She quickly instituted a 4-Phase infusion into Zoom, finishing with 6 weeks of a Zoom help line.

Angela says she has met many awesome Toastmasters during her journey. She says Dawna-Jean Turchon stands out in the crowd: "Inspiration on steroids"! Angela said, "While struggling as VPE, she helped me laugh when I wanted to cry. She showed the value in the larger perspective of TI, gave me my first opportunity to present at a Division B TLI, encouraged me to step up as Area Director, then Division Director and visit Glasgow Scotland, via Zoom!"

Angela says Toastmasters has helped her learn to have fun and deliver quality, interactive presentations, and Workshops.

'Sponsor, mentor, conference, one role, one speech, one step over my discomfort zone. Here I am 2 DTMs later, 1 Traditional, 1 Pathways. It's been an adventure'. Angela's next goal in Toastmasters: setting her sights on qualifying for the Accredited Speaker Program.



### **Candice Buell, DTM**

Candice has been a member of Toastmasters for 20 years and is the member of Tri-City Toastmasters. Her DTM project involved revising Special Olympics programs for swimming teams and events.

Candice says Toastmasters completely changed her life. She is more comfortable with people and able to speak openly. She credits this to the programs and individuals who participate in helping her, and others, along.

Two people have especially inspired Candice in her Toastmasters journey: Heather Perkins and Carl Duivenvoorden. Candice will continue to enjoy her Toastmasters journey! She will continue supporting all clubs and members along the way!



### **DJ Turchon, DTM**

DJ Turchon has been a Toastmaster since 2015 and is a member of four clubs: Dirigo Toastmasters, Kennebec Valley Toastmasters, a charter member of The Maine Thing Advanced Toastmasters and charter

member of Connected Leaders Online Advanced Toastmasters. She is the first member of Division B to have a Traditional and Pathways DTM.

DJ's DTM project involved working with alumni of Good-Will Hinckley School in Fairfield, Maine and a documentarian from Five Road Films. They interviewed the older generation who attended GWH, preserving their oral history. DJ's mom, Aunt, and stepmother were included in those interviews, as they all attended the school.

DJ says many people have inspired her in Toastmasters. Three immediately come to mind. The first is Mary Tripp

(Dirigo TM) who suggested she join Toastmasters, the second is Tom Dowd (TD Legendary Leaders, KVTM), who was facilitating the first TLI DJ attended. He said, "If you belong to one club, you should consider belonging to two." The third is her Mom (Kennebec Valley and The Maine Thing), Jeanie Davis – known to some as "the Happy Hugger". Jeanie is 86 years young and still loves to learn new things. She is an inspiration to all in her clubs, proving you are never too old to try something new.

Personally and professionally, Toastmasters has helped DJ become more confident. She has taken on leadership roles in her volunteer activities and at work. She would not have considered taking on those roles had it not been for Toastmasters.

Next up: she just signed up for her 5<sup>th</sup> Path. The plan is to be a "plain ole Toastmaster" for a while. Perhaps she'll start competing again. Immediately on the agenda, working with fellow KVTM Toastmasters on a club project.



### **Heather Fairchild, DTM**

Heather joined Pleasant Street Toastmasters in September 2014. She is a charter member and VPE of her newly chartered club The Spellbinders Toastmasters Club. She is excited to see these members grow and flourish in the Pathways training curriculum.

For her HPL, Heather was going to organize the Spring 2020 Division A Speech Contest. She was well on the way to having the event organized when COVID hit. She had to switch gears and go entirely virtual, something with which she was completely unfamiliar with. She credits her team of advisors from Concord Toastmasters in the planning, Angela Chute and Nita Patel with her crash course in

Zoom. With all the help, the Division A contest was a huge success. Heather says, "Quite frankly, it was a very fun experience."

Toastmasters has helped Heather control her emotions while talking to a group. She has learned her emotions are not going away but has learned to control them in a way that makes her speeches more impassioned. She now looks at her emotions as an advantage rather than a hindrance. Toastmasters has helped her compact her messages which has helped in her personal growth.

Heather credits Karen Mackey and Sheila Mable as two of the influential Toastmasters in her journey. Karen suggested Area Director, Sheila taught her how to "just be myself". Heather says there are many others who have inspired her, but these two were the inspiration to help her achieve her DTM.

Next up in Toastmasters, Heather is working on Effective Coaching and Presentation Mastery. She plans to utilize the knowledge gained from EC to help her home club and the skills learned in PM to improve her speaking techniques within her newly chartered club. She is looking forward to completing her year as Division A Director.



### Marion Taylor, DTM

Marion has been a Toastmaster since 2009 and belongs to 6 clubs, Civil Toastmaster and a charter member McCain Toastmasters, River Valley Toastmasters, Rise and Shine Advanced Toastmasters and The Maine Thing Advanced Toastmasters!

Her newest DTM was not in Pathways, but she says, “hopefully soon!” Her HPL was running an open house, which brought in members of her club to lead and participate in the entire process.

Marion says Toastmasters has taught her butterflies to fly in formation. She credits all promotions in her professional life to Toastmasters showing her how to handle large projects, listen to what was being said, determine what was actually required, and how to converse with the members of projects to encourage their participation in all facets of the implementations. Many of those implementations were for applications being rolled out in different countries around the world. Marion believes that was where she learned how to work with different cultures, and she has enjoyed these experiences.

Marion has been inspired by fellow Toastmasters. “In no particular order” she credits Ross Mabey, Patricia MacNevin and Carl Duivenvoorden, to name a few. She says there are many others but these three come to mind first. Marion says people like Monica White, Kathaleen Strong and Melinda McCormack are the first to tell her to think before jumping in with both feet. They are her voices of reason who keep her from overloading herself, yet always step up when she needs them.

Marion plans on one more DTM in the traditional program before finishing a DTM in Pathways. “As my good friends in The Maine Thing clubs have said, I want to be a POT – Plain Ole Toastmaster! Maybe next year this will happen.”



### Paul Coddington, DTM

A sixteen-year member of Toastmasters, Paul Coddington completed the requirements for his second DTM award just ahead of the traditional program deadlines. He hails from the Concord Toastmasters Club in New Hampshire.

To finish his Advanced Leadership-Silver designation, Paul’s High-Performance Leadership project was a membership drive in Area 20 after in-person meetings were not allowed. The project’s mission was to bring Area 20 to Distinguished

status. Falling a bit short of that, the area claimed success when it received the Online Ovation award and all four clubs were each awarded the Online Trailblazer award!

Paul’s participation in Toastmasters has had a tremendous influence in his professional life. At the NH Department of Transportation, he is well-known as a Toastmaster and is frequently asked to facilitate meetings. Recently he was named to the DOT Commissioner’s special committee that was formed to write the department’s guidelines and procedures for online public meetings and hearings.

Last year, Paul was given his *Certificate of Proficiency* in the Pathways “Innovative Planning” path, and this year is enrolled in an additional two paths as well as the Pathways Mentor Program.



## Monthly Awards



### Trailblazer Award

Name	CLUB
Angela Chute	The Maine Thing Advanced TM
Stacy Plourde	Horseshoe Pond Toastmasters Club
Marion P. Taylor	Civil Speakers Club



### Distinguished Toastmaster

DESIGNATION	MEMBER NAME	CLUB NAME	DATE REC'D
DTM	Marion P. Taylor	Civil Speakers Club	August 5, 2020
DTM	Paul F. Coddington	Concord Toastmasters Club	August 9, 2020
DTM	Candice L. Buell	Tri-City Toastmasters	August 11, 2020
DTM	Dawna-Jean Turchon	Kennebec Valley Toastmasters	August 13, 2020
DTM	Angela M Chute	The Maine Thing Advanced Toastmasters	August 20, 2020
DTM	Heather Melissa Fairchild	Pleasant Street Toastmasters	August 21, 2020





### Advanced Leader Silver

DESIGNATION	MEMBER NAME	CLUB NAME	DATE REC'D
ALS	Marion P. Taylor	Civil Speakers Club	August 5, 2020
ALS	Candice L. Buell	Tri-City Toastmasters	August 11, 2020
ALS	Heather Melissa Fairchild	Pleasant Street Toastmasters	August 21, 2020



### Pathways Mentor Program

DESIGNATION	MEMBER NAME	CLUB NAME	DATE REC'D
PWMENTORPGM	ED Babcock	Tri-City Toastmasters	August 11, 2020



### PATHWAYS LEVELS

LEVEL	PATH	MEMBR	CLUB	DATE
<b>LEVEL 1</b>				
Level 1	DL1	Michael A. Thompson	Schooner Toastmasters	August 13, 2020
Level 1	EC1	Melanie Renee Michaud	Bangor Toastmasters Club	July 31, 2020
Level 1	EC1	Melanie Renee Michaud	Bangor Toastmasters Club	July 31, 2020
Level 1	EH1	Candice L. Buell	Tri-City Toastmasters	August 11, 2020
Level 1	IP1	Ito Damola-Aina	Premiere Toastmasters Club	August 19, 2020
Level 1	IP1	Stacy Plourde	Horseshoe Pond Toastmasters Club	August 13, 2020
Level 1	LD1	Peter A Covert	George Burton Club	August 4, 2020
Level 1	MS1	Dawna-Jean Turchon	Kennebec Valley Toastmasters	August 18, 2020
Level 1	MS1	Janet Smith	Wolfville Toastmasters	August 19, 2020
Level 1	MS1	Sherry L Kahn	Winning Speakers Club	August 10, 2020
Level 1	PI1	Andrew Nickolas Byrne	Mid Day Toastmasters	August 21, 2020
Level 1	PI1	Joshua Scowcroft	Toastmasters of Greater Burlington	August 27, 2020
Level 1	PM1	Angela M Chute	Kennebec Valley Toastmasters	August 12, 2020
Level 1	PM1	Ayodeji Randle	Charlottetown Toastmasters Breakfast Club	August 18, 2020
Level 1	PM1	Jagruti H Patel	Winning Speakers Club	July 31, 2020
Level 1	PM1	Jagruti H Patel	Winning Speakers Club	July 31, 2020
Level 1	PM1	Michael D Rousel	Rutland Area Toastmasters	August 6, 2020
Level 1	PM1	Robert Moran Maguire	Lakes Region Toastmasters	August 3, 2020
Level 1	VC1	Kevin Chick	Mid Day Toastmasters	August 5, 2020
Level 1	VC1	Lingfeng Wen	Halifax Toastmasters At SMU	July 31, 2020
Level 1	VC1	Lingfeng Wen	Halifax Toastmasters At SMU	July 31, 2020

<b>LEVEL 2</b>				
Level 2	MS2	Patricia L. Saucier	The Maine Thing Advanced Toastmasters	August 4, 2020
Level 2	PM2	Oluwatosin Ruth Omodayo	Provincially Speaking Toastmasters	August 6, 2020
Level 2	IP2	Carl W. Huntley	Bangor Toastmasters Club	August 10, 2020
Level 2	DL2	Melanie E Wells	Provincially Speaking Toastmasters	August 11, 2020
Level 2	PM2	Angela M Chute	Kennebec Valley Toastmasters	August 12, 2020
Level 2	IP2	Stacy Plourde	Horseshoe Pond Toastmasters Club	August 13, 2020
Level 2	PI2	Tricia Anne Foley	Harbourside Club	August 17, 2020
Level 2	DL2	Robert Philip Caron	Wolfville Toastmasters	August 18, 2020
Level 2	MS2	Reginald Crick	George Burton Club	August 19, 2020
Level 2	PI2	Andrew Nickolas Byrne	Mid Day Toastmasters	August 21, 2020
Level 2	LD2	Karina Sparks	Saint John Club	August 21, 2020
Level 2	DL2	M.E. Lawlor	Champ Masters	August 26, 2020
Level 2	IP2	Wendy Harding	Rise and Shine Advanced Toastmasters	August 24, 2020
Level 2	EH2	Albert Cormier	Toast of the Coast Toastmasters Club	August 24, 2020
Level 3	DL3	Vijaya Natarajan	Concord Toastmasters Club	August 14, 2020
Level 3	EH3	Marion P. Taylor	Rise and Shine Advanced Toastmasters	August 6, 2020
Level 3	IP3	Stacy Plourde	Horseshoe Pond Toastmasters Club	August 13, 2020
Level 3	LD3	Mary E Hann	Tri-City Toastmasters	August 11, 2020
<b>LEVEL 3</b>				
Level 3	PM3	Angela M Chute	Kennebec Valley Toastmasters	August 12, 2020
Level 3	PM3	Ulanovsky Elena	TM of Manchester Club	August 14, 2020
Level 3	PM3	Wendy Marr	River Valley Toastmasters	August 20, 2020
Level 3	SR3	Halysson Cunha	Merrimack Motivators	August 18, 2020
<b>LEVEL 4</b>				
LEVEL 4	EH4	Marion P. Taylor	The Maine Thing Advanced Toastmasters	August 8, 2020
LEVEL 4	IP4	Stacy Plourde	Horseshoe Pond Toastmasters Club	August 13, 2020
LEVEL 4	MS4	Thomas M. Macisso	Blueberry Hill Club	August 12, 2020
LEVEL 4	PM4	Angela M Chute	Kennebec Valley Toastmasters	August 12, 2020
LEVEL 4	PM4	Diane C. Blair	Tri-City Toastmasters	August 11, 2020
LEVEL 4	VC4	Heather Marchione	Toast of the Coast Toastmasters Club	August 20, 2020
<b>LEVEL 5</b>				
LEVEL 5	PM5	Angela M Chute	Kennebec Valley Toastmasters	August 12, 2020
LEVEL 5	IP5	Imelda Montinola	George Burton Club	August 18, 2020

# Calendar

## September Events

- 13<sup>th</sup> – Webinar: Membership Growth
- 26<sup>th</sup> – District Council meeting, time tba
- 27<sup>th</sup> – Webinar: Public Relations

**Area Director visits continue**

## October Events

- 11<sup>th</sup> – Fireside Chat with Senior Leadership Team
- 25<sup>th</sup> – Webinar: Marina Kirsch and Todd Rothstein
- 31<sup>st</sup> – Area Director reports should be submitted

## November Events

- 7<sup>th</sup> - Online Fall Workshop
- 8<sup>th</sup> – Webinar: Becoming a District Leader
- 22<sup>nd</sup>- Webinar on membership/club growth

## Member Anniversaries

Member	Club	# Years
Andrea LeBlanc	Provincially Speaking Toastmasters	05
Christopher Solarski	Cole Harbour Toastmasters	05
David McConville	Merrimasters Toastmasters Club	05
Farhana Kanth	Provincially Speaking Toastmasters	05
Pamela Richardson	Merrimasters Toastmasters Club	05
Prince Awhaitey	Champ Masters	05
Rhea Hamlin	Wolfville Toastmasters	05
Ross McLaren	Provincially Speaking Toastmasters	05
Sherry MacDonald	Provincially Speaking Toastmasters	05
Brett Soucy	Granite Place Club	10
Grace Cohen	Concord Toastmasters Club	10
Philip Elwood	Spirit-Ed Toastmasters Club	10
Priscilla Mahoney	Running Hill Toastmasters Club	15
Lisa Higgins	Ecotoasters Club	20
Walter Power	Horseshoe Pond Toastmasters Club	20
Greg Willihnganz	Toastmasters of Greater Burlington	30
Diane Cyr	Portsmouth Toastmasters	35

## NEWSLETTER TEAM

### EDITOR

#### Richard Lefevre, DTM

Richard Lefevre joined Toastmasters in 2018 and earned his DTM in 2020. He is the current District 45 Public Relations Manager. Richard is the president of The Very Best Toastmasters, charter member of The Maine Thing, and also a charter member of Beyond Toastmasters. He hopes to bring his speaker skills to a professional level where he can help couples to reconnect with their love story.



### PROOFREADER

#### Anne Gilson, DTM

Anne Gilson joined Toastmasters in 2006 and earned her DTM in 2011. She was District Governor for District 83 during the 2014-2015 Toastmasters year, reminding her district that “Every Member Matters”. Last year, Anne served as the Region Advisor for Region 9. She is the only committee member who lives in New Jersey, USA! Anne is a member of The Maine Thing as well as three clubs in District 83 (Talk of Monmouth, What Exit? and ACES Toastmasters).



### TI RESEARCHER

#### Patricia Saucier, MS2

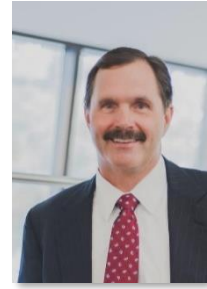
Patricia Saucier joined Toastmasters on February 1, 2012. She has completed her Competent Communicator and Competent Leader in the Legacy program. She has completed level one in Pathways under Motivational Strategies. Patricia is part of two clubs: Dirigo Toastmasters and The Maine Thing. She hopes that Toast of the Mid-coast charters soon as she is part of that club as well.



## CONTRIBUTOR

### Bill Crosby, DTM

Bill has been a member of Kennebec Valley Toastmasters since 2012. In April he earned the designation of DTM after eight years of Toastmasters membership. He recently joined a second club, The Maine Thing, with future plans to focus on mentoring, coaching and community outreach. He is an avocational trainer for Dale Carnegie Maine alongside his 40-year career as a sales executive in the beverage industry.



## CONTRIBUTOR

### Von Eric Tandoc, DTM

A Distinguished Toastmaster, teacher, facilitator, and Amazon's best-selling author, Von Eric is a natural leader, influencer, and coach. 2019/2020 saw him found 'Paper Planes' and initiate a book-drive of children's and professional level publications which were donated to his alma mater. He has filled almost every club officer role and became an Area and Division Director for District 99 before joining District 45.



## TRANSLATOR

### Denise Haché, EC1

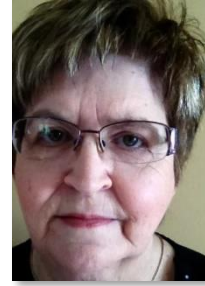
As soon as she joined the Toastmasters ComMunique Acadie Club on May 1, 2018, Denise started in the Pathways program by choosing the path Effective Coaching. The following fall, she became secretary of the club. With her completed Level 1, she remains on the lookout for new challenges, so she welcomed the opportunity to do translation for the D45 newsletter in order to improve her English skills. In addition to starting a second year of translation, Denise Haché is now President of the Toastmasters ComMunique Acadie Club and a member of the Arcadie du Grand Caraquet Club.



## TRANSLATOR

### Pierrette Haché, DTM

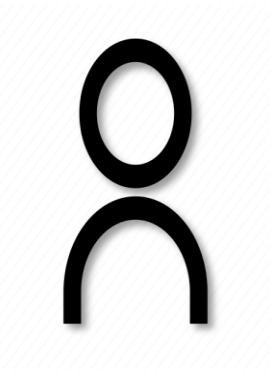
Pierrette started Toastmasters with the group ComMunique Acadie de Tracadie in 2009. Immediately she felt comfortable with this group, but she wanted to start a club in her community and was founding president of the Acadie du Grand Caraquet in 2011. She continued her journey and obtained her DTM in April 2020. Now she wants to focus on helping clubs and continuing to work for francophones.



## NEWSLETTER ADVISOR

### Dawna-Jean Turchon, DTM

DJ Turchon has been a Toastmaster since 2015. She is currently a member of four clubs: Kennebec Valley, Dirigo, The Maine Thing Advanced Toastmasters and Connected Leaders Online Advanced Toastmasters. She is a charter member of the two advanced clubs. DJ is also the immediate past Public Relations Manager and past newsletter editor.



## CONTRIBUTOR / GRAPHIC DESIGNER

### You

Are you looking for an opportunity to be involved outside of your club? There is a position awaiting you amongst our team. No special skills are required; join us today.

If you have graphic design experience, your help would be much appreciated. Contact the PRM, Richard Lefevre, DTM at [d45.rlefevre@gmail.com](mailto:d45.rlefevre@gmail.com) for more info.