

District 45 Toastmasters Newsletter

CAN-AM LINK



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REFLECTIONS ON 2020

DISTRICT DIRECTOR JONATHAN BOHM, DTM



As we zoom to wrap up this 2020, sit back and look at where you are. Have you been working your path? Have you signed up for the free

Path that Toastmasters has given to all paid members? Are you gaining, growing and getting what you want from our unparalleled education program? Have you been engaged? Webinars, workshops, websites -- there's a lot out there, oodles of opportunities to propel you to greater achievement. Looking ahead, making resolutions and realigning goals, let's take stock of what we have done to get us where we are.

A year ago, would you have possibly imagined that you'd be giving your speeches from your own living room? Except for a handful of forward-thinking clubs, this would have been a mere mirage.

Now we are all Zoom comfortable. In a flash we glommed onto this state-of-the-art technology. We've adapted the delivery of our club meetings, our TLIs, our Conference and Fall Workshop. Toastmasters are leaders in so many ways, and now we are leading the charge toward online performance and presentation excellence.

We have had scores of tests this year, and our District 45 members have met, managed and passed with flying colors. Why not? We are number one in the world for Pathways enrollment for the third year in a row. District 45 embraces change and tackles all challenges.

Every one of us can take pride in what we have done under extraordinarily trying circumstances, not just in Toastmasters but in so many upended circumstances of our lives.

December is a transitional month, the thin air of the short days taking us from fall into the brumal days of a new season and a new year. A busy time for so many of us, wrapping up our work and perhaps a few presents, doing our human best to shine light in the dark days. And so it is with District 45. We were plunged into the unknown of a yet unending pandemic. We did not recoil. We did not slack off, did not give up.

Let's all take a moment to thank each other for our shared passion. Let's offer a toast to our continuing *engagement* and *educational* achievement, raising our glasses to move forward with mutual *encouragement*. Let's celebrate together. Please join us on December 13 for an online celebration of the season, of the year, and of who we are as Toastmasters.

Club Growth Tip

Spread the Word

WE MAKE TOASTMASTERS A SECRET when we don't talk about our activities. You don't need to wait for a special event. Of course, when you have an event, be sure to mention it. Here are a few ideas on how to invite others to your club.

Oh, TM is great. You should come.

Come to our next TM meeting, John is speaking about bubble gum in art. He always gives funny and informative speeches.

TM is holding an open house next week, I'd like you to be my guest.

TM is having a social, I'd like you to meet some of the people who have been a positive influence on me.

TM is conducting leadership training, come and learn about leading a volunteer organization.

TM is holding the largest public speaking contest in the world, it starts with club contests, come to our club and see where it all starts.

These ideas work for both online meetings as well as for in-person meetings. Too many clubs and members seem to be waiting for in-person meetings to resume to recruit. Since this may not happen for months yet, you are doing your members and your club a disservice by this approach. Members are learning skills with online meetings that are proving useful in the work environment. Share these benefits as well:

I am more comfortable speaking up in online meetings are work because of Toastmasters.

I was asked to host a meeting at work because I knew more about running an online meeting because of Toastmasters.

This is a great time to spread the word. It will help you prepare for *Talk up Toastmasters* which is an annual membership promotion in February and March. Start spreading the word now and together our clubs will grow.

Fall Workshop Recap

The District 45 Fall Workshop was recently held on November 7, 2020 via Zoom. Toastmasters of District 45 proved we could **Zoom through Obstacles** and hold an energizing and empowering Workshop. We started the morning with a touching tribute to Distinguished Toastmaster Wendy Harding. Past District Governor, Past International Director who passed away earlier in August. We then moved on to a series of amazing breakout sessions with eight dynamic speakers who spoke on a variety of topics such as leadership and personal development. Following the networking lunch, we had a lively session with our awe-inspiring keynote speaker, Sheryl Roush, DTM, PDG, AS, who shared the "7 Secrets to Connect with Anyone". Past International President Jim Kokocki



followed Sheryl leading a thought-provoking discussion on the personal benefits of district leadership especially for the upcoming Toastmaster year. We ended the Workshop celebrating the accomplishment of members, Clubs, Areas and Divisions since the annual conference this past May. Thanks to Marion Taylor for all her work in getting the awards together and certificates produced. I would like to thank our presenters and keynote speakers. Kudos to all who helped make this Workshop a success, especially those who helped organize the event and those members who served in key roles during the event to ensure a smooth and very successful workshop for the benefit of all District 45 Toastmasters.

POWER OF CONTROL AND POWER OF INFLUENCE



Psychologist David McClelland believed that the specific needs of the individual are acquired over time and get molded with one's experience of one's life. He has identified three basic motivating needs we all have. One of them is

our *need for power*. He describes power as having the ability to induce or influence the behavior of others. Have you ever stopped to think for a minute how your *need for power* affects the influence you have on people? Are you aware of the type of *need for power* you are expressing? There are powers we express that can positively influence peoples and there are powers that push people away. John French and Bertram Raven both argued that power could be divided into *Five Powers which are:*

1. *Power by Reward* where rewards are offered as motivators.
2. *Coercive Power* where threats are used as motivators.
3. *Legitimate Power is bestowed because of the position the leader holds.*

These three powers are powers of control and become non-effective when dealing with volunteers. It seems the more we try to control others in our *need for power*, the more we push people away.

The other two types of power are:

4. *Expert power* is attained when we have a high level of knowledge or a set of specialized skills where others need to acquire to accomplish their personal goals. We are usually drawn to these individuals more than to someone just holding a formal position title.

5. *Referent power* is one of the most influential powers we can have. It is acquired by building strong interpersonal relationships with our people.

Investing time, value, and energy in people gives us power. *Expert* and *referent* powers are powers of influences that work in any type of environment. While referent power is, to some extent, bestowed upon us we can choose which of these powers is best to exercise in any given situation.

For questions concerning the Club Coach Program, please join us on our **Club Coach Program Q & A** on December 17 from 8:00 to 9:00 pm AST, 7:00 to 8:00 pm EST or contact [David](#).

David Cormier, DTM
District 45 Club Retention Chair

Stay tuned for regular Coaching updates on our [D45 Facebook page](#), [D45 website](#), [D45 newsletter](#) and our [District 45 Coach's Corner Facebook Page](#).

District Leader Nominations



Over the past couple of months, I've updated you on my role this year as District Leadership Committee (DLC) Chair for District 45. This assignment takes place in each of Toastmasters 122 districts around the world. I have assembled the DLC team that will call for nominations, assess nomination papers, interview candidates, and then nominate a slate of candidates for your consideration at the District 45 Annual Business Meeting (ABM) in May 2021. The voters at the ABM are the Club Presidents and VPs Education in attendance. Because the District Council meeting will be held on line, Presidents and VPEs must be in attendance to vote. There is no proxy voting for an online meeting.

The District Leadership Committee has been finalized. There is a requirement for Divisions to be equally represented (excluding the Chair) and this has been accomplished. Your Committee members who will be working hard to find the best candidates for elected District offices are:

- A - Casey Jenkins
- B - Greta Heimgartner
- C - Carl Duivenvoorden
- D - Suzanne Weiss
- E - Norma Pasatieri
- G - Linda Crosby

I expect we'll invite nominations as soon as mid-December with a cut-off date for submissions of mid-January. Shortly thereafter interviews will begin, followed by deliberations and internal voting by the DLC members. We are expected to propose a slate of nominees to the District Director at least six weeks prior to the ABM in May. The slate of nominees will then be made available to you, the voters, at least four weeks prior to the ABM.

If you have interest in serving as a Division Director, Public Relations Manager, Club Growth Director, Program Quality Director, or District Director in the upcoming years and wish to discuss these roles and opportunities, please email me at jimkokocki@gmail.com and we can arrange a time to talk. I am available to anyone interested to serve in District leadership in 21/22 or in subsequent years.

How will the value of your days be measured?

What will matter is not what you bought, but what you built
not what you got but what you gave

What will matter is not your success, but your significance

What will matter is not what you learned, but what you taught

What will matter is every act of integrity, compassion
courage or sacrifice that enriched, empowered or encouraged others.

Michael Josephson

Leaving a Legacy



The year was 1997; Grace Durgin walked into Kennebec Valley Toastmasters. From the start she became a team player, helping the club and its members. Grace held every club officer role at least once, was Area 5 Governor three times, competed in the District Humorous Speech contest twice. Those who have heard her "Pantyhose" speech, know how funny she is. Grace also earned her DTM; KVTMs first. After 24 years, Grace has made the decision to "retire" from Toastmasters. KVTM gave her a rousing fond farewell! Grace had no idea the meeting was in her honor.

Grace's speech compared Toastmasters "back in the day" to Toastmasters now. She gave a mini-history lesson of the KVTM meeting changes. A DTM to the end, her speech was well thought out, inspiring and entertaining – all in 6:55 minutes!

Table Topics had a theme: *A Toast to Grace*: "...thank you for making me a better speaker, and a better person.", "...thank you for your kind words and entertaining speeches." "...leadership, beauty and style...", "...it's all in the name – Grace." There were cheers, tears and laughter.

KVTM created a perpetual award in Grace's honor: the "Grace Durgin Teamwork Award". Each year, it will be awarded to the member who best embodies "Teamwork". Grace's legacy will live on!

Thank you to all who made Grace's farewell a heartfelt, rousing success: Grace's friends, family, and fellow Toastmasters: **Mike Harris** (Blueberry Hill), **Richard Lefevre** (The Maine Thing Advanced Toastmasters; **Jeanie G. Davis**, **DJ Turchon**, **Angela Chute**, **Bill Crosby**, **Pam Lombard**, **Bonnie Sammons**, **Cito Cruz**, **Aiden Gregory**, **Tina Cook** (KVTM Members); **Greta Heimgartner** (Area 5 Director), **Lisa Higgins** (Area 14 director), **Tom Macisso** (Area 6 Director), **Bill Bruns** (Division B Director), **Jonathan Bohm** (D45 Director).



"Walking into Kennebec Valley Toastmasters 24 years ago, was one of the best decisions of my life."
– **Grace Durgin, DTM.**

DJ Turchon, DTM



Harnessing the Winds of Change

Change is all around us and it's inevitable. The rate of change is often so sweeping and so substantial that it can be difficult to know what to do. How do we prepare ourselves to deal with change? How do we use the winds of change and harness them for our advantage? There are five basic qualities of professionalism that can help us manage the change we face in all aspects of our lives and particularly the change we face in our clubs. The five qualities of professionalism are stated here along with some suggestions on how using those qualities in your club can help your club and your members be successful.

Learning

Learning must be ongoing or we quickly stagnate. Encourage life-long learning in your clubs by all members. Ensure the more senior members are continually active in a variety of ways so they continue to learn. Some of the ways in which you can encourage learning are:

- ✓ ensuring all speeches are project speeches
- ✓ conducting Speechcraft or Youth Leadership courses
- ✓ participating in joint meetings
- ✓ encouraging members to visit other clubs
- ✓ encouraging attendance at Area, Division and District events
- ✓ ensuring all officers and other interested members attend club officer training.

Salesmanship

If we are to succeed, we must be able to sell ourselves, our ideas and our organization. How do we do that? Find out what the needs of a potential member are and tell that person how Toastmasters can fulfill that need. The need may be speaking or it may be learning how to run a meeting, how to constructively evaluate, leadership skills or social opportunities. Always be positive about the organization - wear your Toastmasters pin. Let people know how you have benefited from your participation in Toastmasters.

Adaptability

Abraham Lincoln said, "As times are new, so we must think and act anew." The real test of a professional is to improvise, to make do, to adapt. Does your club adapt and do you help your members adapt, improvise and make do? Our meetings encourage adaptability through Table Topics. Table Topics can help members learn to improvise and to think "on their feet". Adaptability has been, and will need to continue to be, shown through the use on online meetings.

Putting People First

We must always remember to put people first. Remember, all club members are volunteers and their time and needs must be respected. Determine the member's needs and ensure the club program is meeting those needs. Determine the commitment that each member wants to make and respect that. Remember that members' needs and their commitment will change over time and that should be taken into account. As the members feel they are benefiting from the program, they will be more likely to take a greater interest and assume greater responsibility but they have to first see the benefit to themselves. Incorporating social opportunities also helps members get to know each other better which in turn leads to members feeling more valued.

Excellence

If we are going to be able to cope and to adjust and to use change, we must strive for excellence. We should strive for excellence in all aspects of our meetings. Club leaders and senior members should act as role models for newer members and approach each task with a view to how it could be done better than last time. Do not settle for mediocrity in the business meeting, in Table Topics, in speeches, in introductions or in evaluations. If the club executive set the standard in these areas, the members will respond accordingly.

Pathways Tips

As you progress in the levels of your path, you will notice that the projects get more detailed and the requirements change. Speeches tend to get longer and you are asked to plan, execute and evaluate events and projects. You may even need a committee to assist you with these projects. My challenge to you is to think outside of your club, Area and Division. You could present a topic at a Sunday night webinar; you could do a podcast or a blog and ask that it be featured on our new website; or you could ask to help plan the next series of officer training. There are many opportunities to step outside your comfort zone and improve your leadership skills. Seek out new and exciting opportunities outside of your club, all while working on your path!

Crystal Cobb

A number of projects can be done while you are filling a role during your club meeting. The Active Listening project is an elective for most Paths in Level 3 and it's a required project in several Paths in Level 2. This project requires you to be Table Topics Master and show you are listening by commenting on each topic as you segue to the next speaker. The Manage an Online Meeting project is an elective project in Level 4 for all Paths. All of our meetings are online now so if you are serving as Toastmaster or Chair of your meeting, you can be evaluated for this project.

Heather Perkins



Webinars



SAVE THE DATE!

Join your District Leaders on Sunday, December 13, 2020 at 7 pm Eastern Time / 8 pm Atlantic for a holiday social. The agenda is still in the planning stages but we are promising a FUN time. There is rumor that the Grinch will be there; there may or may not be a Christmas reading; there may be some games to play; and there could even be prizes! Bring your own drinks and snacks – this way you won't be disappointed by the choices! Watch our Facebook page for more details soon!

January Webinars

The first webinar in January will be another Fireside Chat with your District leaders. This is **your** opportunity to ask your questions and find out plans for the rest of the year. You could ask about incentive programs, District awards, plans for the annual conference in May, updates on the website or any other issues about which you would like more information. Perhaps you have a great idea for recruiting new members that you would like to share. Maybe you want to brag about how effective your club has been in getting members to work the educational program. This is your chance to discuss whatever is important to you!



Announcements

Wendy Harding Award for Member Engagement



The District is pleased to announce a new award recognizing Distinguished Toastmaster Wendy Harding, Past District Governor, Past International

Director. This award, the Wendy Harding Award for Member Engagement will be given to clubs that have 70% or more of their base membership achieve an educational award. The award is based on the number of members achieving Levels, not on the number of Levels achieved. For example, if your base membership is 20 you would need to have 14 members achieve at least one Level to qualify for the award. If you grew your membership to 25, you would still only need 14 members to achieve a Level as your base does not change. Achievements by new members count. Wendy always encouraged members to be fully engaged in the Toastmasters program. The intent of the award is to recognize Wendy's commitment to member engagement by asking clubs to engage their members in the Toastmasters educational program.

Website survey/contest

Have you checked out our new website yet? If not, you are going to want to! We will be sending out a survey this month asking for your feedback on different aspects of the website. We will use your feedback to enhance our website with the information you want! There may even be a bit of a challenge in there with the chance to win an allegedly fabulous prize! More details to follow soon! Your new website address is: d45toastmasters.org

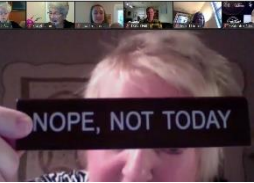
Things to Remember

Your Club Success Plan should not be a document that you complete at the start of the year and then ignore or maybe only pull out when your Area Director visits. Your Club Success Plan should be your plan for a successful year. Each executive meeting take the time to review the Plan. Are you on track with educational achievements? If not, what can be done to encourage members to achieve their goals? Have you looked at the District awards that the members or the club can achieve? Is every member enrolled in, and actively working, Pathways?

Are you promoting the club the way you planned? What should you do differently to promote your club in an online environment? What can you do differently to ensure guests are a regular part of your meeting and you can convert those guests into members? You have the plan so work the plan. Work toward achieving at least some level of Distinguished Club by April 30th. By planning to achieve Distinguished Club by April 30th, you have a buffer in case of unexpected events that may mean it will take you longer to achieve Distinguished. Even if you think you will not make the membership goal, you should still be striving to achieve the other goals in the Distinguished Club Plan. Encourage your members to be engaged and achieve their educational goals. Your club and your members will enjoy a successful year.

Concord Toastmasters

As a lead in to the holiday season, Concord Toastmasters celebrated with the themes of apple crisp, leftovers, and an attitude of gratitude. We have been inspired to cook, eat and appreciate our gifts. Unable to share the bounty in typical club fashion, Toastmaster David Hill conjured up the aromas of a hot apple crisp with a dollop of whipped cream or ice cream.



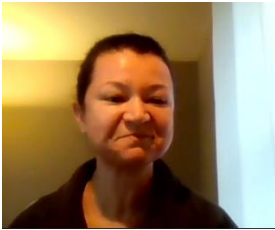
reflect on warm memories or about themselves. It also during a Zoom meeting. Using excellent tool that we often

A meeting theme of props had everyone joining in. Even our timer shared his Batman watch, which he promised to use



for timing. It great way for members to share a bit helped us to expand our expression an item to enhance a story is an forget to use.

The club continues with its internal contest to bring in the greatest number of new members. Through word of mouth, digital presence, and social media Concord Toastmasters has been spreading the word about our club and the Toastmasters leadership and public speaking program. This past month we inducted three new members: Alex Fernald, Michael McClory, Evania Ferley.



The club has planned its upcoming slate of contests in preparation for area contests. Please join us to hear the best that Concord Toastmasters has to offer for the International Contest on January 8, the Evaluation Contest on February 5, and the Tall Tales Contest on March 12. We ALWAYS welcome guests!

“
When in doubt,
choose change.
Lily Leung

True Blue Toastmasters – Division E

True Blue Toastmasters recently held a demonstration meeting “Face Your Fears” on Oct 29th that shared a standard meeting with eight guests joining us to learn a little bit about Toastmasters and our club including two wonderful speeches and a couple of impromptu speeches that stretched our speaking off the cuff skills.

Ongoing Joint Meetings – Division D

Many clubs are struggling with membership and being able to fill all the roles at a meeting. Many clubs have been having guests from other clubs or holding joint meetings. East Hants Toastmasters and Speakeasy Toastmasters have taken joint meetings to a new level. East Hants meets the 1st, 3rd and 5th Wednesdays while Speakeasy meets weekly on Wednesday. On the East Hants meeting nights, the two clubs are holding joint meetings for the foreseeable future. These joint meetings allow for better scheduling of roles with minimal to no doubling up of roles. There may even be the occasional meeting where a member may be able to attend and not have a role. It also gives each club a different perspective on evaluations and Table Topics. It has allowed for three speakers to be scheduled for most meetings. This means that guests will experience a quality club meeting showcasing the full Toastmasters program. If your club is struggling with filling roles, why not find another club that meets at the same time? Since everyone is meeting online, physical location is not an issue. Let’s take advantage of technology to provide the best experience for everyone.



Division G

Thanks to my area directors’ inspiration, Division G will be offering a super fun and educational session to its members at the upcoming TL! Stay tuned for more details.

We are starting to plan our Winter contest schedule, as well.

- 1/21 Joint Area 7 club contest (exact date TBD)
- 2/10/21 Winning Speakers club contest
- 3/20/21 Area 7 and Area 25 joint area contest
- 4/24 Division G contest

Finally, from all of us in Division G to all of you throughout District 45 – we wish you peace, love, and safety over the holiday season and beyond. We are so grateful to be a part of this special group. Take care.

Holiday Wishes for Everyone in the District

For you, the member - lots of speech ideas and plenty of opportunity to achieve your goals.

For your club - a steady supply of guests and new members and enough members attending to easily schedule a meeting.

For the Area Directors - the appropriate number of contestants for each club in the Area and an audience of at least 40 Toastmasters.

For the Division Directors - all your club officers attend training, all your clubs pay by April 1st, and the best Division contests ever.

For Jim K, as District Leadership Committee Chair - lots of qualified candidates for all elected positions.

For Crystal - plenty of information for the website and consistent promotion through the newsletter, Facebook and Twitter.

For Melinda - all clubs that aren't paid reach at least 8 members, at least 3 more new clubs and fewer than 15% of clubs needing a club coach.

For Jim - over 50% of clubs with 20 or more members and running quality meetings to help members achieve success.

For Jonathan - everyone working to engage members, provide educational opportunities and encourage achievement so the District will establish a foundation that will lead to continued success.



Anniversaries



Of the 1,700 members in our District, only 29.5% have been a member for at least 5 years, 15.5% have been a member for at least 10 years and almost 8% have been a member for 15 years or more. Each month we will celebrate those members who celebrating an anniversary in that month. 5th, 10th, 15th etc. anniversaries will be recognized. The following are celebrating their anniversary with the club noted in **December**.

Name	Club	# of Years
Caryl Lajoie	Concord Toastmasters	30
Margaret Ferguson	Savvy Speakers	25
Deborah Maxted	True Blue Toastmasters	15
Diane Blair	Tri-City Toastmasters	5
Camille Ferland	Beyond Toastmasters	5

“

Change will not come if we wait for some other person or some other time. We are the ones we’ve been waiting for. We are the change that we seek.

Barack Obama

GH

Every month, members who have achieved designations Pathways are recognized. Some members, however, are not getting the recognition they deserve because of the privacy settings they have chosen. If you are not sure what you have chosen, log in and go to your profile. Click on privacy and consent. The final item says "Your Name on Public Reports". If you have indicated no to this setting, only your member number and club shows on the reports indicating any achievement you may have earned. This means you can't be recognized publicly by the District. Get the recognition you deserve. Change your setting to this consent to YES. There are currently 88 achievements not recognized because consent has not been given.

Member Awards

Level 1 – November 2020

Name	Club	Designation
Barbara Alberstat	George Burton Club	PM1
Babatunde Awoyiga	Schooner Toastmasters	DL1
William Bruns	Toast of the Midcoast	EH1
May Burrell	Riverside Toastmasters	MS1
Robert Caron	Wolfville Toastmasters	DL3
Ronald Cartwright	Fidelity Orators	LD1
Crystal Cobb	Spotlight Toastmasters	DL1
Tina Cook	Kennebec Valley Toastmasters	IP1
Thomas Goodwin	Lakes Region Toastmasters	EH1
Ramanathan Gurumurthy	McCain Toastmasters	DL1
Pierrette Hache	Arcadie du Grand Caraquet	PM1
Rhea Hamlin	Wolfville Toastmasters	PI1
Kaylee Kach	Savvy Speakers	PM1
Janet Leary-Prowse	Running Hill Toastmasters	LD1
Katie Lister	Provincially Speaking Toastmasters	EC1
Lisa McDonald	Rising Tide Toastmasters	MS1
Lorri Menard	Souhegan Speakers and Leadership Club	EH1
Heather Perkins	East Hants Toastmasters	IP1
Janice Pynn	Speakeasy Toastmasters	SR1
Emily Richard	Saint John Club	PM1
Paula Tozer	Riverside Toastmasters	VC1
Monica White	River Valley Toastmasters	EC1

Trailblazer Award – November 2020

Name	Club
Albert Cormier	Toast of the Coast, Spirit-ed

Member Awards

Level 2 – November 2020

Name	Club	Designation
Barbara Alberstat	George Burton Club	PM2
Pierrette Hache	Arcadie du Grand Caraquet	PM2
Jeyasheela Kamaraj	River Valley Toastmasters	PM2
Andrea Libby	Mt. Washington Valley Toastmasters	EH2
Melanie Michaud	Bangor Toastmasters	EC2
Heather Perkins	East Hants Toastmasters	IP2
Dale Randall	Concord Toastmasters	VC2
Catherine Ryan	Concord Toastmasters	IP2
Mamadou Tibicoro Sanogo	Charlottetown Toastmasters Breakfast	PM2
Kathaleen Strong	River Valley Toastmasters	PM2
Paula Tozer	Riverside Toastmasters	VC2

Level 3 – November 2020

Name	Club	Designation
Adam Burch	Penmen Toastmasters	PM3
Christian Gamblin	Saint John Club	PI3
Winniefred Kwak	George Burton Club	EC3
Norma Pasatieri	Speak-Easy Toastmasters	EC3
Heather Perkins	East Hants Toastmasters	IP3
Kathaleen Strong	River Valley Toastmasters	PM3
Kathleen Zwicker	Riverside Toastmasters	PM3

Level 4 – November 2020

Name	Club	Designation
Paul Coddington	Concord Toastmasters	EH4
Philip Laven	Dartmouth Toastmasters	VC4
Heather Perkins	East Hants Toastmasters	IP4

Level 5 – November 2020

Name	Club	Designation
Sarah Chaffee	Concord Toastmasters	VC5
Albert Cormier	Spirit-Ed Toastmasters	EH5
Liyang Cui	Penmen Toastmasters	EC5
Anne Doucette	Charlottetown Toastmasters Breakfast Club	IP5
Heather Perkins	East Hants Toastmasters	IP5

Upcoming Events

Networking EVENT! You are INVITED!

Down East meets the Jersey Shore Zoom Networking Event is your opportunity to meet and develop connections with Toastmasters of D45 & D83 who have expertise and achievements in areas that interest you.

Why Network?

- 1. Fresh perspectives
- 2. Valuable resources
- 3. Meet Life Long Learners
- 4. Stay Curious
- 5. Have Fun
- 6. Meet new Friends

Why D45 & D83?

In case you haven't yet discovered it for yourself; the smartest, funniest, most highly curious lifelong learners are Toastmasters!

Why virtual?

No expense, no traveling, no masks required.

Why you?

You are smart. You have unique insights. You have a fresh perspective. You are funny. You are a lifelong learner. You add value.

Why now?

You have the time; we've secured the platform. Ditch boredom. Let's challenge the status quo!

Why not?

One hour of your time helps you tackle your Pathways "Make Connection through Networking" project! This opportunity doesn't come around often.

Join us?

Be a resource ~ Gain a resource!

Date: January 20, 2021

Time: 7pm ET/ 8pm AT

Register TODAY!

EventBrite

link: <https://bit.ly/38bCKd3>

Contact [Angela Chute](#),

DTM for more information.



DOWN EAST MEETS THE JERSEY SHORE

Toastmasters Networking Event

Wednesday, January 20, 2021

7-8 pm Eastern Time; 8-9 pm Atlantic Time

Upcoming Events

TRUE BLUE TOASTMASTERS
Wednesday, December 9th, 2020
Time - 7 PM to 9 PM
Theme - "It's Within Your Reach"
Meeting via ZOOM
Contact - joe@joegrondin.com



"IT'S WITHIN YOUR REACH"

True Blue invites you to our special event, – “It’s Within Your Reach” on Wednesday, December 9th, 2020 from 7 to 9 pm Atlantic time using ZOOM

Part of this event will be a panel discussion with the special guests:

- Jim Kokocki (Leadership – Past International President)
- Emilie Thompson (Benefits from a new Toastmaster’s perspective)
- Kevin Robart (Public Speaking – 2019 World Championship of Public Speaking Finalist)
- Kelley Nagle (From Toastmaster to Politician)

The meeting will also have prepared speeches and some Table Topics which is sure to be fun. If you are intrigued, mark your calendar for Dec 9th and reach out to Joe for the link, so you do not miss it!

“
I have accepted fear
as part of life –
specifically the fear
of change... I have
gone ahead despite
the pounding in
the heart that says:
turn back.
Erica Jong

Upcoming Events



Are you looking for a dynamic club where you can advance your speaking skills in a fully virtual environment? Then look no more!

East Coast Online Advanced Toastmasters wants you to join us as part of this exciting new club, about to charter!

This club was born pre-Covid from the desire to support remote Toastmasters who did not have a local advanced club. We are an all-inclusive group looking to support

Toastmasters from every corner

What makes our club dynamic? The role of the Advanced Timer is one component. In this role, the various sections of a speech are micro – timed (intro, segments of the body and conclusion), and calculated as percentages. This will assist you in knowing how you spend time communicating your message. This information can be used to edit the message to ensure time it being used effectively, and the focus is on the necessary areas to satisfy the purpose of your speech.

Evaluations and Table Topics are focused on as well, which means all speaking opportunities are reviewed for enhancements. The more feedback you receive, the faster you can grow your skills.

This club is permanently online. When clubs go back to meeting in person, we will continue to be here for you. We meet every Sunday at 7pm Atlantic time. We are just a couple charter members away from being official!

Reach out to one of our interim Executives or find us on Facebook to get connected... *and be our guest!*



[East Coast Online Advanced Toastmasters](#)



EastCoastOAT@gmail.com

Or, reach out to one of the team...

President – Sherry MacDonald **VP Education** – Erin McMenemy

VP PR – Tracy Gatis **Secretary** – Angela Stoddart

SAA – Jennifer Bonnevie



District Calendar

December Events

- 8th – Membership Series. 6:30 ET / 7:30 AT
- 10th – Club Growth Q and A, 6 pm ET / 7 pm AT
- 12th – Area 17 Humorous Speech Contest, 6 pm AT
- 13th – Holiday Social, 7 pm ET / 8 pm AT
- 17th – Club Coach Q and A, 7 pm ET / 8pm AT

January Events

- 5th – Membership Series. 6:30 ET / 7:30 AT
- 10th – Fireside Chat, 7 pm ET / 8 pm AT
- 12th - Membership Series. 6:30 ET / 7:30 AT
- 13th – TLI Session 1a
- 14th – TLI Session 1b
- 19th – TLI Session 2a
- 21st - TLI Session 2b
- 24th – Club Central webinar, 7 pm ET / 8 pm AT
- Second Round Area Director visits begin

February Events

- 6th – TLI Session 3a and 3b
- 11th – Club Growth Q and A, 6 pm ET / 7 pm
- 13th – TLI Session 4a and 4b
- 14th – District webinar TBD, 7 pm ET / 8 pm AT
- 28th – Preparing for Club Elections webinar, 7 pm ET / 8 pm AT
- Second Round Area Directors visits continue

March Events

- 11th - Club Growth Q and A, 6 pm ET / 7 pm
- 14th – District webinar TBD, 7 pm ET / 8 pm AT

March Events continued

- 20th – Joint Area 7 and 25 contests, Time TBD
- 28th – District webinar TBD, 7 pm ET / 8 pm AT
- Second Round Area Directors visits continue

April Events

- 3rd – Division C International Speech Contest
- 8th - Club Growth Q and A, 6 pm ET / 7 pm
- 11th – Fireside Chat, 7 pm ET / 8 pm AT
- 28th – District webinar TBD, 7 pm ET / 8 pm AT
- 16th – Division D Humorous and Evaluation contests, 7 pm AT
- 23rd – Division D International Speech Contest, 7 pm AT
- 24th – Division G contests, time TBD
- Second Round Area Directors visits completed

May Events

- 9th – District webinar TBD, 7 pm ET / 8 pm AT
- May 13 – 16, District 45 Annual Conference including District Council meeting, Humorous Speech Contest, Evaluation contest and International Speech Contest
- 23rd – District webinar TBD, 7 pm ET / 8 pm AT

June Events

- 10th - Club Growth Q and A, 6 pm ET / 7 pm
- 13th – District webinar TBD, 7 pm ET / 8 pm AT
- 27th – District webinar TBD, 7 pm ET / 8 pm AT