

## District 45 Spring Conference Agenda

Friday May 17th, 2024

(All times in Eastern)

6 pm - 7 pm	<b>First Timers Event</b>	<b>DTM: VIP Reception (By Invitation Only)</b>	<b>Flag Line up for Opening Ceremonies</b>
7 pm - 7:10 pm	Travel / Break (10 minutes)		
7:10 pm - 8:30 pm	<b>Table Topics Contest</b>		
8:30 pm - 8:40 pm	Travel / Break (10 minutes)		
8:40 pm - 9:00 pm	<b>Opening Ceremony / Flag Parade</b>		

District 45 Spring Conference Agenda  
 Saturday, May 18th, 2024  
 (All times in Eastern)

7:00 am - 8:50 am	Breakfast		
7:50 am - 8:50 am	<b>Club officer Training (In Person Only)</b>		
8:50 am - 9:00 am	Travel / Break (10 minutes)		
9:00 am - 10:00 am	<b>Starting with Why</b> (Jeff Sobel, DTM, PIP)		
10:00 am - 10:10 am	Travel / Break (10 minutes)		
10:10 am - 11:10 am	<b>Market Like a Pro</b> (Sheryl Roush, DTM, PDG, Accredite Speaker)		
11:10 am - 11:20 am	Travel / Break (10 minutes)		
11:20 am - 11:50 am	<b>GEM Reception: Going the Extra Mile By Invitation Only</b>	<b>The Virtues Acquired</b>	<b>The Secret to Impromptu Speaking</b>
12 pm - 1 pm	Lunch <b>District 45 Awards</b>		
1:10 pm - 1:20 pm	Travel / Break (10 minutes)		
1:10 pm - 1:40 pm	<b>Effective PR Strategies For Toastmasters</b>	<b>Developing a Mission</b>	<b>Motivation</b>
1:50 pm - 2:00 pm	Travel / Break (10 minutes)		
2:00 pm - 2:30 pm	<b>Mentoring</b>	<b>Voice Play!</b>	<b>Speak, Lead, Inspire</b>
2:30 pm - 2:40 pm	Travel / Break (10 minutes)		
2:40 pm - 3:40 pm	<b>Give Yourself Permission</b> (Joe Grondin, DTM, Accredited Speaker)		
3:30 pm - 3:40 pm	Travel / Break (10 minutes)		
3:50 pm - 5:50 pm	<b>International Speech Contest</b>		
5:50 pm - 7:00 pm	Break		
7 pm - 9:30 pm	<b>District Director Banquet</b>  <b>Heart of a Toastmaster: IGNITE Momentum. AWAKEN Opportunity</b> Keynote Speaker: Sheryl Roush, DTM, PDG, Accredited Speaker		
9:30 pm - Midnight	<b>Dance Party!!</b>		

District 45 Spring Conference Agenda  
Sunday, May 19th, 2024  
(All times in Eastern)

8:00 - 8:50	<b>2024-25 SLT &amp; Div Directors Leadership Huddle</b>		
8:50 - 9:00	Travel / Break (10 minutes)		
9:00 - 11:00	<b>Humorous Speech Contest</b>		
11:00 - 11:10	Break (10 minutes)		
11:10 - 12:00	<b>2023-24 Closing Ceremony</b>  <b>District Director Remarks</b> <b>Humorous Speech Contest Winner</b> <b>Raffle / 50/50 Winners</b>		
Safe Travels!			