

YOUR skin care INGREDIENT GUIDE

Be in the know when it comes to common skin care ingredients. Use this guide to ace skin care ingredient education by learning ingredient names and benefits.



INGREDIENT	BENEFITS
ACTIVATED CHARCOAL	Absorbs up to double its weight in impurities; helps unclog pores
ALPHA HYDROXY ACID (ALSO KNOWN AS AHA, SUCH AS GLYCOLIC ACID)	Helps buff away dead skin cells with chemical exfoliants
ALPINIA GALANGA LEAF EXTRACT (ALSO KNOWN AS GALANGAL)	Supports natural collagen, elastin and hyaluronic acid
AMLA FRUIT EXTRACT (ALSO KNOWN AS PHYLLANTHUS EMBLICA EXTRACT)	Protects skin health and is shown to help support natural collagen production
ANTIOXIDANT	Protects skin health, protects against premature skin aging and provides free-radical defense
BENZOYL PEROXIDE (ALSO KNOWN AS DIBENZOYL PEROXIDE)	Penetrates pores to dry and clear acne blemishes
CERAMIDE	Helps improve skin hydration and support normal barrier function
FATTY ACIDS	Enhances skin hydration by preventing moisture loss
GLYCOLIC ACID	Enhances skin's own renewal process
GOTU KOLA (CENTELLA ASIATICA STEM CELLS)	Helps support the natural framework of skin
HYALURONIC ACID (ALSO KNOWN AS SODIUM HYALURONATE)	Cushions skin, holds onto moisture and plumps skin
PEPTIDES	Can help improve the appearance of sagging skin and wrinkles, helps contribute to younger-looking skin, supports skin's natural collagen and elastin. Depends on the kind of peptide.
RESVERATROL	Evens skin tone, fights visible signs of aging, protects the skin's surface, supports natural collagen and elastin, and helps prevent premature lines and wrinkles
RETINOL (ALSO KNOWN AS VITAMIN A)	Encourages cell turnover and renewal, supports natural collagen and elastin, helps reduce the appearance of fine lines and wrinkles, helps tone, tighten and firm
SALICYLIC ACID (ALSO KNOWN AS BETA-HYDROXY ACID)	Helps remove dead skin cells, helps keep pores unclogged to reduce build-up of P. acnes bacteria
SQUALANE	Helps support the skin barrier and reduces dryness
VERBENA OFFICINALIS EXTRACT	Supports skin's natural production of natural moisturizing factor (NMF)
VITAMIN C (ALSO KNOWN AS ASCORBIC ACID)	Impacts radiance, brightens, evens skin tone, supports natural collagen and elastin, helps reduce the appearance of fine lines and wrinkles
VITAMIN E (ALSO KNOWN AS TOCOPHERYL ACETATE)	Helps protect against premature skin aging, provides free-radical defense