



Parent-Teacher Conference Guide

Talking About Behavior & Working Together to Help Your Child Grow

For caregivers who want clear, kind, and helpful conversations with teachers



Understanding What's Happening

Let's figure out what the behavior looks like and when it shows up.

- What exactly is the behavior that's causing concern?
- What usually happens right before it starts?
- How long does it go on?
- What helps it stop?
- Does it happen often?
- Are there things that seem to trigger it?
- Does it happen during certain parts of the day—like transitions, group work, or solo tasks?
- How does my child react when corrected or redirected?
- Do you notice any changes in their mood before or after?



Looking at Possible Causes

Let's think about what might be behind the behavior.

- Could it be related to frustration, boredom, anxiety, or social issues?
- Are there learning or sensory challenges that might be making things harder?
- How does my child get along with classmates—any conflicts or feeling left out?
- Have there been any recent changes in the classroom that might be affecting them?



Understanding the Classroom

Let's learn more about how the classroom works and how kids are supported.

- What are the classroom rules?
- What happens when a rule is broken?
- What strategies do you use to manage behavior?
- Can kids take a break or time-out to calm down?
- Is there a calming corner? What can kids do there?
- What are the expectations when they use that space?





Parent-Teacher Conference Guide

Talking About Behavior & Working Together to Help Your Child Grow

For caregivers who want clear, kind, and helpful conversations with teachers



Working Together

Let's come up with ideas and goals together.

- What have you already tried, and how did my child respond?
- Are there tools or supports in class that help—like breaks, visual reminders, or buddy systems?
- What's working well for other kids with similar challenges?
- Can we make a plan together for the next few weeks?



Connecting Home and School

Let's keep things consistent and supportive across both places.

- What can I do at home to help with behavior at school?
- Would a daily or weekly check-in help us stay on the same page?
- How can I help my child feel more included in the classroom?
- How can we celebrate small successes together?



Starting the Conversation

You might say:

"I'd love to learn more about how my child is doing in class. I know behavior often tells us something deeper—and I'm here to work with you to support their growth."

