

BRIEF BIO

Mia Paulus is a speaker, author, and serial entrepreneur who has spent the last 15+ years building multiple successful companies across construction, real estate, outsourcing, and virtual services, all while raising seven children. She's spoken at high-level masterminds, including Russell Brunson's Inner Circle, and most recently scaled a business past \$2 million in under eight months. Known for her honest, lived-in approach, Mia doesn't teach surface-level strategies. She equips business owners with grounded, experience-tested frameworks that bring clarity to chaos and alignment to growth. If you're ready to build a business that works for your life, Mia's the one you want in the room.

TARGET AUDIENCE

Mia's message resonates with entrepreneurs tired of chasing trends, burned out from building businesses that don't reflect their values, and ready to lead with clarity, conviction, and purpose.

SUGGESTED INTERVIEW TOPICS AND QUESTIONS

Main Street Energy in a Wall Street World

You often talk about "Main Street Energy." What does that mean, and why is it something we should want?

The Loneliness of the Visionary

You've talked about the loneliness of being a visionary, especially when others can't yet see what you see. How can entrepreneurs navigate that isolation while still holding onto their bigger vision?

Building in the Middle

What's the most overlooked phase of business growth, and what can entrepreneurs do when they feel stuck in the middle?

The Best Way to Combat Advice Fatigue

Why do so many entrepreneurs experience "advice fatigue," and how can they find their filter for decision-making?

What the World Is Telling You to Do and Why It Won't Work

Why do business owners keep following advice that doesn't work for them, and what should they do instead?

How to be Resilient by Design

How do you build resilience as a founder without burning out or giving in to hustle culture?

The Business Revolution: How Small and Medium-Sized Businesses Can Shift Business Culture

What makes small to medium-sized businesses so powerful, and what does it look like for them to lead a business revolution?

Make Entrepreneurship Enjoyable Again

What are some key shifts business owners need to make to build a business that supports their life instead of draining it?

