

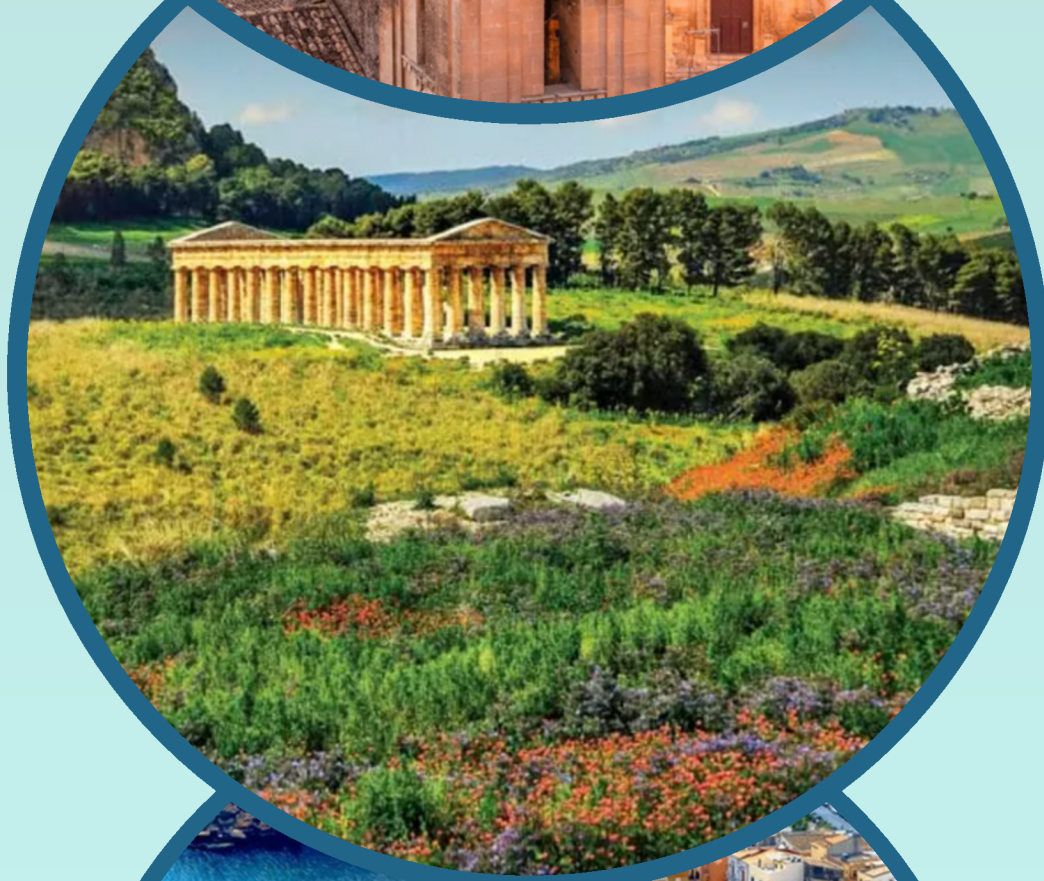
SICILY

EVOLVE

RETREAT

Restore the Body
Elevate the Mind
Explore the Sites
Heal the Soul

[Book Now](#)



DAILY OFFERINGS:

Rise & Shine!

- Daily Breathwork Practice
- Yoga (Various Flows)
- Breakfast
- Open Share Circle
- Nature Walks
- Personal Development Workshops (Various Topics & Speakers)
- Lunch
- Exploring Sicily: Salemi and Ancient Towns, Local Beaches, Hot Springs, Greek Ruins, Palermo and more...
- Dinner
- Karaoke, Music Performances, Dancing Lessons, etc.

All Activities are Optional

MORE INFO:

 +1-917-414-2424

 Salemi, Sicily, Italy

 riseandshinejourney.com/retreats/sicily



Casa Salemi, Sicily, Italy:
October 8th - 15th & October 18th - 25th 2025



Special Pricing for 2025