

# Media Kit

*IC Journey to Wellness*  
*Jill M. Peters-Gee, M.D.*



## About me

### About Dr. Jill M. Peters-Gee

Dr. Jill M. Peters-Gee is a distinguished retired urologist with a deep commitment to the interstitial cystitis (IC) community. With years of experience in the medical field, she has dedicated her post-retirement career to supporting and advocating for individuals with IC/BPS (Bladder Pain Syndrome).

### Key Accomplishments

- **Founder and Facilitator:** Established the Connecticut IC/BPS Support Group to provide a safe space for individuals to share experiences and receive support.
- **Medical Advisory Council Member:** Actively contributes to the Interstitial Cystitis Association, advising on medical matters and promoting awareness.
- **Proclamation Achievement:** In July 2024, Dr. Peters-Gee successfully obtained a proclamation from Governor Ned Lamont, officially recognizing September as Interstitial Cystitis Month in Connecticut.
- **Published Author:** Authored "IC Journey to Wellness," a comprehensive guide to managing and living with IC/BPS.



## IC Journey to Wellness

### IC Journey to Wellness

"IC Journey to Wellness" is a pivotal resource for anyone affected by interstitial cystitis. Dr. Peters-Gee combines her professional expertise and personal commitment to offer practical advice, emotional support, and comprehensive information about living with IC/BPS. The book includes:

- Personal stories and testimonies
- Evidence-based treatment options
- Lifestyle and dietary recommendations

- Coping strategies and mental health support
- Resources and support networks

# Media Contact

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For interviews, speaking engagements, or further information, please contact:

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- **Website:** [www.icjourneytowellness.com](http://www.icjourneytowellness.com)

## Follow on Social Media

- **Facebook:** <https://www.facebook.com/drpetersgee/>
- **Instagram:** <https://www.instagram.com/drpetersgee/>



## What's Coming

Dr. Jill M. Peters-Gee continues to be a beacon of hope and knowledge in the IC community, leveraging her extensive medical background and personal dedication to improve the lives of those affected by this chronic condition.

Online Webinars and educational content coming soon.

## Contact info

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