



EUREKA!
School System

Pingu's English School
The UK Based Brand

Success begins from here
Playgroup to O-Level/IGCSE

Connect ~ Collaborate ~ Cooperate

Celebrating

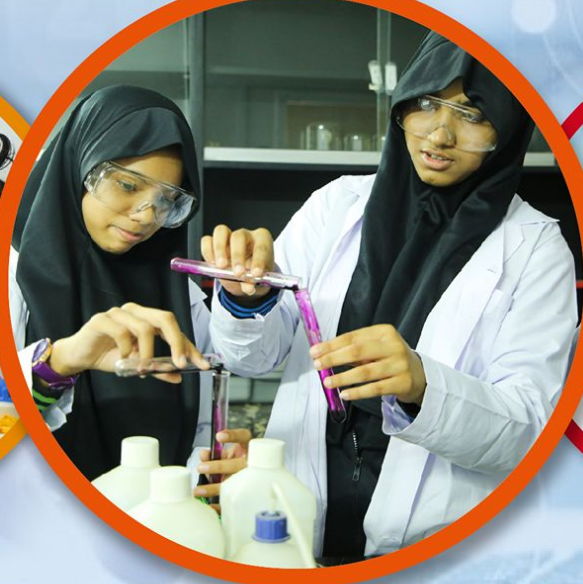
10

YEARS

Of Holistic
Excellence

Newsletter

Academic Session 23-24



**"Our journey towards excellence,
from vision to reality."**



Admissions Open

Playgroup to IGCSE

Pre-School

Primary

IGCSE

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THE OFFICAL PUBLICATION
OF PESESS



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LeaderinMe®

Rotary



Rotary



Interact





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Playgroup to IGCSE

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Message From The Chairperson/ Founder Eureka Global Education

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ



**Profound regards,
Muhammad Kashif Memon
Chairperson/ Founder
(Eureka Global Education)**

I extend my heartfelt welcome to you, embracing you into the vibrant world of Eureka School System. In our dynamic educational landscape, Eureka School System stands as a testament to innovation, excellence, and unwavering dedication to nurturing young minds. As the Chief Executive Officer of this esteemed institution, I take immense pride in the transformative journey we embark upon with every student. At Eureka School System, we understand that education is not merely about imparting knowledge about fostering a love for learning, igniting curiosity, and inspiring the next generation of leaders, thinkers, and creators. Our commitment to holistic development goes beyond textbooks, encompassing character building, critical thinking, and a deep appreciation for diversity. We embrace the power of modern education, equipping our students with the tools they need to thrive in an interconnected world. Our curriculum, aligned with Cambridge standards, ensures academic rigor while encouraging innovation, creativity, and the enhancing of essential life skills. Eureka School System is a community where each student is seen as an individual with unique talents and potential. Our dedicated educators go the extra mile to nurture these talents, instilling a sense of purpose and self-belief in our students. We believe in the potential of every child and work tirelessly to unlock it. As a Cambridge Registered International School, we are part of a global network committed to excellence. Our students not only benefit from this esteemed association but also contribute to it through their accomplishments and achievements. I invite you to explore our website, delve into our offerings, and witness the transformative journey that Eureka School System offers. Whether you are a student, a parent, or a well-wisher of education, your presence here is a testament to your commitment to creating a brighter future.

Thank you for considering Eureka School System. Join us in shaping the leaders and innovators of tomorrow, empowering them to leave an indelible mark on the world.

Jazak Allah Khair,

السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ

Message From The COO



**Profound regards,
Syed Muhammad Waqas
COO, Eureka Global Education**

It is with immense pleasure and pride that I welcome you to Eureka School System, an inspiration of holistic education and unwavering commitment to nurturing young minds. At Eureka School System, we believe in the transformative power of education. Our mission goes beyond academic excellence; it encompasses the cultivation of character, the fostering of creativity, and the empowerment of global citizens. Every day, we strive to create an environment where students not only learn but also flourish, where their innate curiosity is kindled, and their potential is unleashed. Our journey at Eureka School System is driven by a relentless pursuit of quality and innovation. We understand that education is not a one-size-fits-all approach, which is why we emphasize personalized learning experiences that cater to diverse learning styles and aspirations. Our esteemed educators, who are not just teachers but mentors, guide students through their academic voyage, instilling in them a love for learning that transcends the classroom. As a Cambridge Registered International School, we are committed to upholding the highest standards of education. Our curriculum is designed to challenge and inspire, to equip students with the skills they need to excel in an ever-evolving Artificial Intelligence world. We harness the power of technology to enhance learning, nurturing the digital proficiency required for success in the 21st century. Eureka School System is more than just a school; it's a community. We foster strong partnerships with parents, valuing their involvement in their child's education journey. Our inclusive and diverse environment prepares students to thrive in a global society, celebrating cultures, perspectives, and ideas from around the world. Through rigorous academics, co-curricular activities, and character development, we aim to transform individuals who are not only accomplished but also compassionate. Individuals who are self-confident to contribute positively to society, to lead with integrity, and to make a difference. I invite you to explore our website and discover the remarkable opportunities that Eureka School System offers. Join us in shaping the future, one student at a time. Together, let's embark on this journey of exploration, growth, and endless possibilities.

Jazak Allah Khair,

Principal's Vision and Goals



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As a team lead, I firmly believe in the power of teamwork. I believe that a company or school can only thrive when we work together towards a common goal. It's about 'us' and 'we', not 'I' alone. By collaborating and supporting each other, we can achieve great things and drive progress and growth. Can be quoted as:

Teamwork is key. Together, we will always succeed!

Ammara Mansoor PECHS Campus



“

"Confidence is a blissful treat. By creating a safe environment, offering encouragement, and celebrating their efforts, we nurture our learners' self-belief. When they feel supported and valued, they see their potential, paving the way to embrace challenges with courage."

Hifza Ansari
Gulshan Block-8



“

"Education is not just about imparting knowledge, but about shaping minds, building character, and inspiring futures. May our learners go on to achieve great things and make a positive impact in the world."

Nida Mustafa Shaikh
Principal Hyd Campus





“

"In the garden of childhood, education is the sunlight that nurtures the seeds of potential into blossoming futures."

Saba Uzair

Gulshan Block-7



“

"An activity based classroom is a place where learners with all sorts of individualities, levels and labels come together as equals to form a new type of learning environment"

Sadia Nawaz

Airport Campus



“

We believe not only in teaching and transferring knowledge but also transforming students' personalities with lifelong skills as needed in the today's AI era to connect, cooperate and collaborate with the real world. The vision and mission has always been to bring the best out of each and every student's unique potential and differing abilities more differently and more creatively, facilitating each to reach their next best higher level.

N.A Sheikh

DHA Campus





“

Children's education thrives on the foundation of conceptual learning, where curiosity leads to understanding, and understanding blossoms into a lifelong love for knowledge.

Faryal Nasir Siddiqui

Business Development Manager



“

At PESESS, we believe excellence is an attitude, not just a skill. We prepare learners for the future by equipping them with global perspectives, leadership, and innovation skills, aiming to elevate the learning experience for all.

Mishal Athar

IGCSE Network Academic Head



“

Dear Learners,
Embrace challenges as opportunities for growth, for it is through perseverance and resilience that we sculpt our brightest futures. Let every setback be a stepping stone to success, and every hurdle a chance to soar higher. Together, let's cultivate a community where each individual's journey is nurtured with empathy, understanding, and unwavering support.

Sundus Idrees

F.B Area Campus



ENRICHMENT ACTIVITIES BY PESESS

PESESS's diverse array of enrichment activities fosters holistic growth among learners, addressing their intellectual, physical, emotional, social, and creative needs. This comprehensive approach yields numerous benefits, including improved academic performance, enhanced physical and mental well-being, development of crucial life skills such as empathy and teamwork, cultivation of creativity and self-expression, and a deeper understanding and appreciation of diversity. Through these enriching experiences, learners emerge as well-rounded individuals equipped to navigate the complexities of the modern world with confidence and resilience.

Robotics And Mind Maths:



Robotics offers hands-on learning, fostering problem-solving and coding skills while preparing learners for STEM careers. Mind maths enhances mental agility and calculation speed, improving concentration and mathematical fluency. Together, these disciplines nurture creativity, critical thinking, and confidence, empowering students to excel academically and in real-world problem-solving scenarios.



Taekwondo:

Taekwondo cultivates discipline, focus, and physical fitness through rigorous training and practice. It instills confidence, self-control, and respect for oneself and others, fostering personal growth and character development. Additionally, Taekwondo provides effective self-defense skills, promoting safety and empowerment in everyday life.



Physical Education:

Physical Education (PE) promotes lifelong health and fitness by encouraging regular physical activity and exercise. It enhances motor skills, coordination, and cardiovascular health, contributing to overall well-being. Additionally, PE fosters teamwork, sportsmanship, and leadership skills, preparing students for success both on and off the field.



Skating:

Skating provides a thrilling way to stay fit, boosting cardiovascular health and muscle strength. It enhances balance, coordination, and agility, promoting overall physical well-being. Moreover, skating offers a fun and exhilarating outlet for self-expression and stress relief.

Quranic Classes:

PESESS provides Quranic classes for Muslim students, offering spiritual guidance and fostering a deeper connection to Islamic teachings and values

Experiential Learning:

PESESS champions experiential learning, emphasizing hands-on exploration and real-world application of concepts. Through immersive experiences and interactive activities, students engage actively with their subjects, fostering deeper understanding and retention. Our approach encourages curiosity, critical thinking, and problem-solving skills, preparing learners for success in an ever-evolving world. By integrating practical experiences into the curriculum, PESESS empowers students to connect theory with practice, nurturing lifelong learners equipped for diverse challenges.

National and International Academic Contests

PESESS fosters national and international academic contests such as IKMC, IKLC, Hippo and ICATS, providing students with opportunities to showcase their knowledge and skills on a global stage. Participation in these contests enhances critical thinking, problem-solving abilities, and academic excellence. Moreover, engaging in such competitions promotes confidence, perseverance, and a spirit of healthy competition among students, preparing them for future academic and professional endeavors.

Chinese Language:

PESESS offers Chinese language classes, providing students with the opportunity to explore a rich linguistic and cultural heritage. Learning Chinese at PESESS not only equips students with practical language skills but also fosters cross-cultural understanding and global competency, preparing them for diverse opportunities in an increasingly interconnected world. One benefit of learning multiple languages is enhanced cognitive abilities, including improved problem-solving skills and enhanced memory.



Highlights of AS23-24

• Independence Day

PESESS celebrated Pakistan's 76th Independence Day with great zeal and fervor. The festivities included vibrant cultural performances, patriotic speeches, and a display of national pride. It was a memorable event that united the community in celebration.



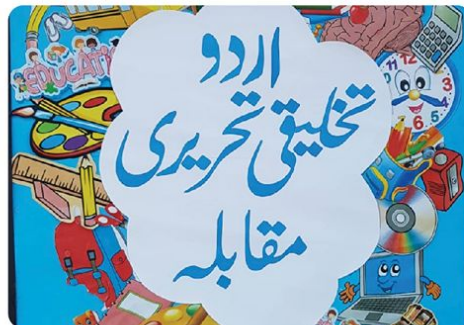
• Defence Day

Defence Day was celebrated across all PESESS campuses with great enthusiasm and respect. The events featured tributes to the armed forces, patriotic performances, and educational sessions highlighting the significance of the day. Students and staff came together to honor the sacrifices and valor of our national heroes.



Creative writing competition

Eureka School system believes creative writing is a crucial component of learning for our students. It helps enhance their imagination, critical thinking, and communication skills. Recently, we held an inter-campus competition to foster these abilities, encouraging students to express their creativity and storytelling talents.



National/International contests

PESESS actively participates in various international competitions such as IKMC/IKLC and Hippo. These opportunities are crucial for our students as they promote global exposure, enhance competitive skills, and foster a spirit of excellence. Student participation in these events is essential for their academic growth and personal development, encouraging them to excel beyond the classroom.



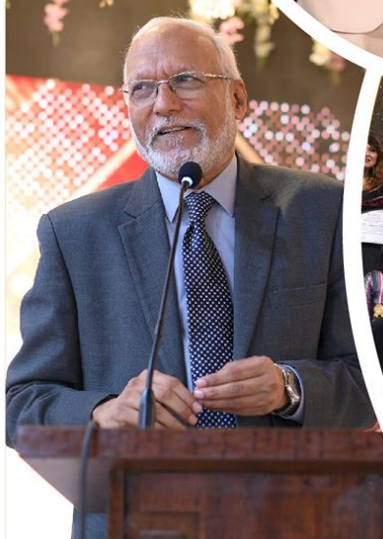
2nd TEACHERS AWARD CEREMONY 2023-2024

#TEACH #TRANSFER #TRANSFORM

Teacher's Award Ceremony was a beautiful tribute to the incredible dedication of our staff members. It was a wonderful occasion to come together and appreciate the tireless efforts of our educators who inspire and shape the future of our students every day.

The evening was filled with heartfelt gratitude, joyous applause, and reflections on the profound impact teachers have on our community. Recognizing their hard work and commitment reminds us of the vital role they play in nurturing and educating the next generation. Thank you to all our amazing teachers for your passion, creativity, and unwavering dedication. You truly make a difference, and we are grateful for everything you do.







Declamation Contest

PESESS campuses recently held a Declamation Competition in both Urdu and English. Students passionately delivered speeches on various topics, showcasing their eloquence and confidence. The event highlighted their linguistic skills and provided a platform for them to express their thoughts and ideas effectively. It was a wonderful opportunity for learners to enhance their public speaking abilities and cultural appreciation.

Grandparent's Day

PESESS recently celebrated Grandparents Day with warmth and joy. The event was filled with heartfelt moments as students honored their grandparents with performances, heartfelt speeches, and creative presentations. Activities included storytelling sessions, where grandparents shared their wisdom and experiences, and interactive games that bridged the generational gap.



EMUN 24

PESESS recently hosted an EMUN (Educational Model United Nations) event for our Lower Secondary to IGCSE level students at the head office. The event saw enthusiastic participation from our learners, who engaged in dynamic debates and discussions, honing their diplomatic skills and global awareness. It was a remarkable platform for students to develop their public speaking, negotiation, and critical thinking abilities.



Blissful Bonding Bash

We hosted the Blissful Bonding Bash carnival, where parents and children gathered for a day of fun-filled activities. The event provided a wonderful opportunity for families to enjoy quality time together, strengthening their bonds through various engaging games and interactive sessions. The main purpose of the carnival was to foster meaningful connections between parents and their little ones.



Grand Athlete's Day 24

PESESS recently celebrated Grand Athletes Day with great enthusiasm. The event featured exciting matches of throw ball, cricket, and football, showcasing the exceptional teamwork and skills of our learners. In addition to these sports, learners performed impressive Ninja and Taekwondo routines, and demonstrated their skating prowess, captivating everyone with their remarkable athletic abilities. The Grand Athletes Day was not only a celebration of physical fitness but also an embodiment of the school's spirit of camaraderie and sportsmanship. The event concluded with an awards ceremony recognizing the outstanding performers and teams, inspiring all participants to continue striving for excellence in both sports and academics.





GRAND ATHLETES' DAY 2023-2024
SPORTS

GRAND ATHLETES' DAY 2023-2024

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GRAND ATHLETES' DAY 2023-2024

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GRAND ATHLETES' DAY 2023-2024

GRAND ATHLETES' DAY 2023-2024

ATHLETES' DAY 2023-2024

ATHLETES' DAY 2023-2024

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ATHLETES' DAY 2023-2024

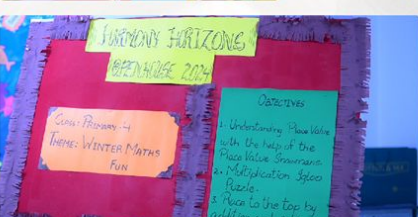




PESESS Exposition 24



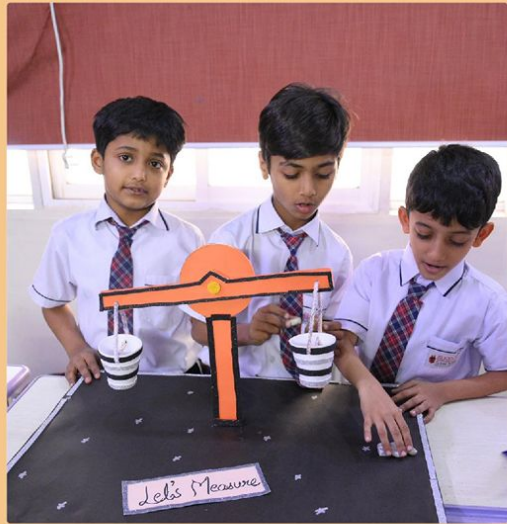
We recently arranged an exposition event where our learners showcased and explained all the important curriculum activities to new enrollments and interested parents. Demonstrating deep knowledge and confidence, our learners engaged with visitors, providing insightful overviews of our educational programs. The event served as an excellent platform for new families to understand our curriculum and witness the competence and enthusiasm of our students, making it a valuable experience for all attendees.



STREAM24 EXHIBITION

STREAM (Science, Technology, Robotics, Engineering, Arts, and Mathematics) with great enthusiasm. The event featured a variety of engaging activities and projects that highlighted the interdisciplinary connections between these fields. Learners showcased innovative experiments, creative artworks, and engineering marvels, demonstrating their knowledge and skills. The celebration fostered a deeper appreciation for integrated learning and inspired students to explore the endless possibilities within STREAM disciplines.





The Blessings of رمضان



The Blessing of Ramadan (TBR)

During the holy month of Ramadan, PESESS conducted live transmissions to promote the importance of this sacred time. Learners from across the PESESS network participated enthusiastically in various categories, sharing their insights, recitations, and reflections on Ramadan. This initiative not only deepened the understanding of Ramadan's significance but also fostered a sense of unity and community among participants. It was one of the most memorable and enriching experiences we have had, highlighting the spiritual and cultural richness of Ramadan.





Eid مبارك

This year, we celebrated Eid with a special transmission following the success of "The Blessings of Ramadan" series. Our storytellers and hosts received well-deserved appreciation as we delved into the joyous festivities of Eid. We enjoyed engaging guessing games, including fun riddles about Eid, and concluded by sharing our wonderful experiences as hosts and storytellers at TBR. It was truly a memorable and delightful experience!

Eid Feast

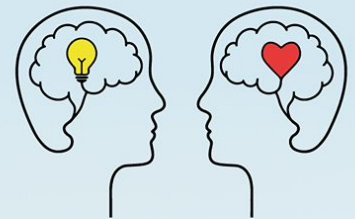
We had a joyous EID feast at school for our learners and a network-wide celebration for our teachers, where everyone came together under one roof to share the happiness of EID. The event was filled with delicious food, lively conversations, and a strong sense of community. It was a wonderful occasion to celebrate togetherness, gratitude, and the festive spirit of EID, creating cherished memories for all.



Team's Professional and Personal Enrichment Program at PESESS

At PESESS, we firmly believe that investing in teacher training is paramount to educational success. We prioritize the professional development of our educators, ensuring they are equipped with the necessary skills and knowledge. Our commitment to continuous learning fosters an environment where teachers can thrive and innovate, staying current with the latest educational trends and techniques. By providing access to advanced training programs, workshops, and seminars, we empower our educators to enhance their teaching strategies and effectively address diverse student needs. This investment in our teachers directly translates to a richer, more dynamic learning experience for our students, ultimately driving academic excellence and personal growth. At PESESS, we understand that well-trained, motivated teachers are the cornerstone of a successful educational community.

Moreover, this year we launched a program where lead trainers and master trainers will be selected annually from our campuses. Their role is to provide guidance and support to teachers network-wide, ensuring that all subject-related queries are resolved and fostering a culture of continuous improvement in teaching practices.



Symposium

PESESS arranged a Symposium to enhance learners' PPT presenting skills. Students were given various topics to prepare and present their presentations in front of a large audience. This event provided an excellent platform for them to develop their research, public speaking, and presentation skills.



Thematic Day

Pingu's recently celebrated a Thematic Day to highlight one of our most important activities, Role Play. Learners from Early Years 1 to Early Years 3 participated in various role plays inspired by Pingu's storybooks and units. Such activities offer numerous benefits, including enhancing social and emotional development, improving communication skills, fostering creativity and imagination, and promoting empathy and understanding of different perspectives. Through role plays, students actively engage in experiential learning, gaining firsthand experience and deepening their understanding of the world around them.



Paper Review Day

After our final assessments, we called our learners to school for Paper Review Day, where they enjoyed a delightful feast and reviewed their final term exam papers. The twinkle in their eyes as they saw the results of their hard work was truly amazing, reflecting their dedication and achievements. It was a rewarding experience for both students and teachers, celebrating the culmination of their efforts.



Witty Whiz

We hosted an exhilarating contest designed to challenge and test the intellectual abilities and skills of our students, ranging from Early Year 3 to IGCSE level. Throughout the competition, learners were presented with a series of demanding questions in each round. The focus was on collaboration and teamwork, as participants worked together to find the correct answers. In the end, the victorious team earned the well-deserved honor of taking home the coveted shield, celebrating their hard-earned success and collective effort!



Graduation Ceremony 24



On the 3rd of June 2024, we joyfully celebrated the Graduation Ceremony of Pingu's, marking a significant milestone for our young learners. This special event was a culmination of their preschool journey, a time filled with growth, discovery, and countless memorable moments. Each child was awarded trophies and certificates, symbolizing their hard work, dedication, and the many accomplishments they achieved throughout their time at Pingu's English School.

We were particularly impressed with the confidence displayed by our Early Year 3 performers. Their speeches and presentations vividly captured their experiences and growth during their time at Pingu's. These young graduates eloquently shared stories of their favorite activities, the friendships they made, and the many things they learned. Their ability to speak with such clarity and enthusiasm was a testament to their remarkable progress and readiness for the next stage of their educational journey. Throughout the ceremony, we reflected on the many milestones and achievements of our young learners. From their first steps into the classroom to their growing independence and curiosity, each moment has been a step towards building a strong foundation for their future education. The teachers and staff at Pingu's English School have played an essential role in nurturing their development, providing a supportive and encouraging environment that has allowed each child to thrive. We are incredibly proud of our young graduates and extend our heartfelt congratulations to each of them. Their achievements are a testament to their dedication, the support of their families, and the nurturing environment fostered by our staff and community. As they move on to the next chapter of their educational journey, we are confident that they are well-prepared to embrace new challenges and opportunities.



Pingu's English School





Graduation Ceremony 24



On the 4th of June 2024, we had the immense pleasure of celebrating the Graduation Ceremony of Eureka School System. It was a momentous event, marking a significant milestone in the journey of our dedicated learners. Each graduate was honored with trophies and certificates, recognizing their hard-earned achievements over the past year. The atmosphere was filled with pride and joy as families, friends, and faculty gathered to celebrate this special occasion. The confidence and eloquence displayed by our graduates were truly inspiring. They took to the stage with poise, delivering heartfelt speeches that reflected their unique journeys. Through their words, they shared stories of personal growth, challenges overcome, and the invaluable lessons they learned along the way. Their clarity and enthusiasm were a testament to their remarkable progress and the supportive community that has nurtured their development.

We are immensely proud of each graduate and their remarkable progress. Our heartfelt congratulations go out to all of them. Their dedication, perseverance, and hard work have been exceptional, and we are confident that these qualities will continue to guide them in their future endeavors. As they embark on the next chapter of their lives, we look forward to seeing them thrive and achieve even greater heights.

A special thanks to the faculty and staff whose unwavering support and guidance have been instrumental in the success of our graduates. The Graduation Ceremony of Eureka School System was not just a celebration of achievements, but also a testament to the power of education and community in transforming lives. Here's to the bright futures that lie ahead for each of our graduates!

EUREKA! School System





Team Recognition Ceremony 24



Teach transfer transform

On 10th June 2024, we proudly celebrated the Teams Recognition Ceremony, a special event honoring the outstanding dedication and hard work of all staff members of the PESESS Network. The ceremony was graced by the presence of several esteemed chief guests, alongside our entire team, who have collectively contributed to a successful academic session in 2023-2024. During the ceremony, team members were recognized with various titled awards, acknowledging their exceptional contributions in different areas. In addition to these prestigious awards, certificates of appreciation and incentives were also distributed to honor the commitment and achievements of our staff throughout the year. This event not only celebrated individual and team accomplishments but also reinforced the spirit of collaboration and excellence that defines the PESESS Network. We look forward to another year of remarkable achievements and shared success.

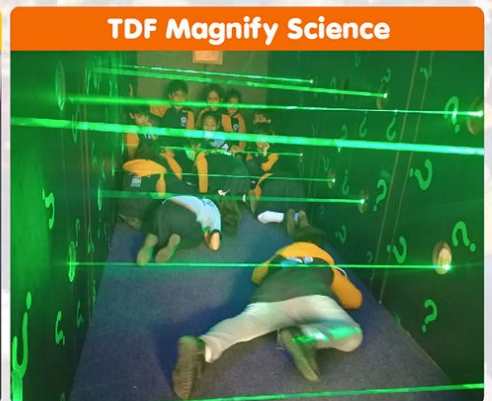




Trim, edge, and shave
OneBlade does it all

Excursion 24

PESESS ensures that learners gain exposure to the outside world by organizing various excursions. These trips provide students with valuable real-world experiences, enhancing their learning beyond the classroom. By visiting different places, learners broaden their horizons, develop a deeper understanding of diverse environments, and apply their knowledge in practical settings. These excursions are integral to fostering curiosity, critical thinking, and a well-rounded education



Power of EI and EQ

by Syed Muhammad Waqas

◆ The Hidden Superpower EI

Emotional Intelligence (EI) is a term coined by two psychologists, Peter Salovey and John Mayer, in 1990, which refers to the ability to distinguish, understand, and succeed emotions in oneself and others effectively. EI is a set of skills that involve empathy, self-awareness, self-regulation, motivation, and social skills. Unlike IQ, which measures one's cognitive abilities, EI is related to one's emotional skills, which are critical for personal and professional success. In recent years, Emotional Intelligence has gained significant attention due to its powerful impact on personal and professional growth. Researchers have found that individuals with higher EI tend to be more successful in their personal and professional lives. High EI individuals are better able to manage stress, handle interpersonal conflicts, build positive relationships, and make sound decisions. In this article, we will discuss the importance of emotional intelligence and how possessing high EI can benefit an individual.

◆ Self-Awareness: The First Step towards High EI

Self Awareness is the foundation of emotional intelligence. It is the ability to recognize and understand one's own emotions and their impact on others. Self-awareness helps individuals to develop a better understanding of their strengths and weaknesses, which helps them make informed decisions. It also enables them to understand their emotional initiations and take appropriate channels to manage them effectively. High EI individuals possess a high level of self-awareness, which supports them to identify their emotional states precisely. They are better able to recognize when they are undergoing negative emotions, such as anger, frustration, or anxiety, and take steps to manage them commendably. This skill helps them to maintain a positive attitude and remain calm in stressful situations.

◆ Self-Regulation: Managing Emotions Effectively

Self-regulation is the ability to manage one's emotions effectively. High EI individuals are better able to control their emotional responses, which helps them to stay calm in challenging situations. They are less likely to react impulsively and make rash decisions that can have long-term consequences. Self-regulation is also essential for building progressive relationships. High EI individuals are better able to communicate their emotions effectively, which helps them to build trust and understanding with others.

◆ Empathy: Understanding Others' Emotions

Empathy is the ability to understand and share the feelings of others. High EI individuals possess a high level of empathy, which enables them to connect with others on a deeper level. They are better able to understand the needs and emotions of others, which helps them to build stronger relationships and resolve conflicts effectively. Empathy is also essential for effective leadership. Leaders who possess high EI are better able to understand the needs and emotions of their team members, which helps them to build stronger and motivate their team effectively.

◆ Motivation: Driving towards Success

Motivation is the ability to stay focused on one's goals and maintain a positive attitude in the face of challenges. High EI individuals possess a high level of motivation, which enables them to achieve their goals effectively. They are better able to manage setbacks and overcome obstacles, which helps them to stay focused on their goals. Motivation is also essential for building resilience. High EI individuals are better able to bounce back from setbacks and learn from their failures, which helps them to grow and develop as individuals.

Social Skills: Building Positive Relationships

Social skills are the ability to communicate effectively with others and build positive relationships. High EQ individuals possess a high level of social skills, which enables them to connect with others on a deeper level. They are better able to listen actively, express themselves clearly, and collaborate effectively with others. These skills are critical for building positive relationships in both personal and professional settings. High EQ individuals are also better able to adapt to different social situations and understand social norms. They are able to navigate complex social dynamics and build strong, positive relationships with people from different backgrounds and cultures.

The Power of High EQ:

The benefits of possessing a high EQ are numerous and far-reaching. Individuals with high EQ are more likely to be successful in their personal and professional lives. They are better equipped to handle stress, manage interpersonal conflicts, build positive relationships, and make sound decisions. They are also more likely to be effective leaders, motivators, and problem solvers. In the workplace, individuals with high EQ are more likely to be successful in leadership positions. They are better equipped to inspire and motivate their team members, manage conflicts effectively, and build strong relationships with stakeholders. High EQ individuals are also more likely to be successful in their personal lives. They are better equipped to manage their own emotions, build positive relationships with their loved ones, and maintain a healthy work-life balance.

Developing High EQ:

While some individuals may possess a natural talent for emotional intelligence, it is a skill that can be developed and improved over time. There are many resources available for individuals who are interested in developing their emotional intelligence skills, including books, courses, and coaching programs. One effective way to develop high EQ is through mindfulness practice. Mindfulness is the practice of being present and non-judgmental in the moment. By cultivating mindfulness, individuals can develop greater self-awareness, self-regulation, and empathy, which are critical components of high EQ. Another way to develop high EQ is through social skills training. Social skills training can help individuals develop effective communication skills, build positive relationships, and navigate complex social dynamics.

Conclusion:

In conclusion, Emotional Intelligence is a critical skill that can have a powerful impact on personal and professional success. High EQ individuals possess a range of skills, including self-awareness, self-regulation, empathy, motivation, and social skills, which enable them to thrive in a variety of settings. Developing high EQ requires practice, mindfulness, and social skills training, but the benefits are well worth the effort. By developing high EQ, individuals can achieve their goals, build positive relationships, and lead fulfilling,

The Magic of Numbers

How Math makes the World Go Around



Mind Maths

Math. The very word can conjure up images of dusty textbooks and endless rows of equations. But beneath that seemingly dry exterior lays a world of wonder, a language that unlocks the secrets of the universe and shapes our everyday lives. Math isn't just about numbers; it's about patterns, relationships, and logic. It's a powerful tool that allows us to make sense of the world around us.

From the moment we wake up, we're using math. We hit the snooze button, a calculation based on the time we need to get ready. We brew a cup of tea, measuring the amount of water and tea leaves needed. Even scrolling through social media involves algorithms, complex mathematical formulas that determine what content we see. The influence of math extends far beyond the kitchen counter. It's in the music we listen to, the architecture of the buildings we admire, and the technology that connects us.

From the towering skyscrapers to the humble brick home, math is the foundation of strong and beautiful structures. Architects use geometry to design buildings that are not only aesthetically pleasing but also structurally sound. They calculate weight distribution, forces, and angles to ensure a building can withstand the elements. Even the world of technology is driven by math. From the intricate calculations that power our smartphones to the algorithms that recommend movies on streaming services, math is everywhere.

Engineers rely on complex mathematical models to design and build everything from computers to spacecraft. Math isn't just about solving equations; it's about developing a way of thinking that is logical, analytical, and creative. For example; math teaches us how to break down complex problems into smaller, more manageable steps. This critical thinking skill is invaluable in all aspects of life, from balancing a budget to making important decisions. Math helps us develop strong logical reasoning skills. We learn to identify patterns, analyze data, and draw well-supported conclusions. These skills are essential for success in any field. Mathematicians constantly develop new ideas and approaches to solving problems. This creative thinking can be applied to all areas of life, from the arts and sciences to business and technology.

Math may not always be easy, but it is an essential and rewarding endeavor. By understanding the magic of numbers, we can unlock a world of possibilities and gain a deeper appreciation for the world around us. So next time you're faced with a math problem, don't despair. Embrace the challenge, and discover the magic that lies within the world of numbers.

Written by Azlaan Zaidi

Class: LS2

Campus: (F.B Area)

Navigating Parenthood

Navigating parenthood is a profound journey filled with challenges and joys. Here are some insights from real-life experiences:

Patience is Key: Parenthood requires immense patience. Children test boundaries and make mistakes, but staying patient and calm can help guide them effectively.

Flexibility

Parenting rarely goes as planned. Being adaptable and open to changing circumstances can reduce stress and make the journey smoother.

Communication

Open and honest communication with your children fosters trust and understanding. Listen actively and be willing to have difficult conversations.

Self-Care

Taking care of yourself is crucial for being a good parent. Prioritize self-care to maintain your physical, mental, and emotional well-being.

Quality Time

Spending meaningful time with your children strengthens your bond and creates lasting memories. Quality over quantity matters.

Learning Together

Parenthood is a learning experience for both parents and children. Embrace the journey of growth and discovery together.

Community Support

Seek support from other parents, friends, family, or support groups. Sharing experiences and advice can provide valuable insights and reassurance.

Celebrate Milestones

Celebrate your children's achievements, big and small. Recognizing their efforts boosts their confidence and encourages positive behavior.

Set Boundaries

Establish clear boundaries and rules while also allowing room for independence and growth.

Consistency is key in enforcing boundaries. **Unconditional Love:** Above all, love your children unconditionally. Show them that you are their biggest supporter, no matter what challenges may arise. Every parent's journey is unique, but these insights can serve as guiding principles to navigate the ups and downs of parenthood with grace and resilience.



Written by Sadia Manzoor

Airport Campus

NEWS FROM PESESS

◆ Entrepreneurship Program from Primary - IGCSE

Pingu's English School and Eureka School System proudly introduce the Entrepreneurship Program from Primary 5 to IGCSE, equipping students with essential skills for the modern era. This innovative curriculum encompasses Photography, Videography, Graphic Designing, Editing, and Emotional Intelligence, empowering students to thrive in diverse professional landscapes.

Digital Marketing:

We are thrilled to announce that PESESS is introducing a Digital Marketing program for learners from Primary to IGCSE levels. This program will cover social media marketing, content creation, SEO, email marketing, and data analytics, helping students develop creativity, analytical thinking, technical proficiency, communication, problem-solving, and teamwork skills. This initiative aims to prepare our students for future success in an increasingly digital world.



Photography:

We are excited to announce that PESESS is introducing Photography and Video Editing classes for learners from Primary to IGCSE levels. This program will cover fundamental techniques in photography, as well as video editing skills using various software tools. Through these classes, students will develop creativity, technical proficiency, and attention to detail, storytelling abilities, and teamwork. By learning these valuable skills, our students will be better equipped to express themselves



◆ LeaderInMe by FranklinCovey

Pingu's English School and Eureka School System are excited to announce the integration of the LeaderInMe program by FranklinCovey into our curriculum. Leader in Me, a comprehensive framework spanning PK-12, cultivates student leadership, promotes a culture of trust, and enhances academic achievement. This established method equips students, educators, and families with vital leadership and life skills, equipping them for future success.

LeaderinMe®



FranklinCovey
Education

◆ IKMC 24

At PESESS, we proudly celebrate participation in various international contests, one of which is the International Kangaroo Mathematics Contest (IKMC). This prestigious competition challenges students to apply their mathematical skills and problem-solving abilities in a global arena. By engaging in IKMC, our learners not only enhance their mathematical proficiency but also gain valuable experience in competing at an international level, fostering confidence and a spirit of academic excellence.



◆ ICATS

At PESESS, we proudly celebrate participation in various international contests, one of which is the International Competitions and Assessments for Schools (ICATS). This renowned contest evaluates students' skills in subjects like English, Mathematics, Science, and Digital Technologies on a global scale. Through ICATS, our learners enhance their academic proficiency, critical thinking, and problem-solving abilities, while also gaining valuable experience in competing internationally. This participation fosters a spirit of academic excellence and confidence among our students.



◆ Regional Round Hippo 24

PESESS is thrilled to announce that, based on the results of HIPPO 24, eight learners from our school have been selected to compete in the regional quarter-finals in Istanbul, Turkey. Whereas one learner has directly qualified for the Final round to be held in Italy.

This achievement reflects our students' dedication to academic excellence and their outstanding performance on a global platform. We congratulate them on this remarkable accomplishment and wish them the best of luck as they represent our school at the next level of competition.



Harmain Waqas



Umamah Zeeshan



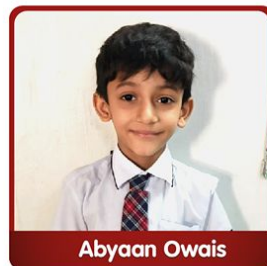
Maha Malik



Arham Aslam Virani



Fabiha Shakeel



Abyaan Owais



Nofil Ali



Ehan Hashwani

◆ Direct Finalist Hippo 24



Khawaja Mutahar Rizwan



We are thrilled to announce that **Khawaja Mutahar Rizwan** has qualified as a direct finalist for Hippo 24. Due to his outstanding achievement he will compete against other top learners in the Final round in Italy. Join us in celebrating his success and wishing him the best in the upcoming competition.

STRATEGIC PARTNERS



Leader in Me®

PESESS Network

FB Area Campus

Bungalow D-8, Block-11,
FB Area, Near Tahir Villa,
karachi.
Contact # 0335-1340195

DHA Campus

Building # 20-E,
24th Commercial Street,
Phase II, Ext. DHA karachi.
Contact # 0336-2136485

PECHS Campus 1

Bungalow 140-C, Block-2,
Allama Iqbal Road,
PECHS, karachi.
Contact # 0333-1162773

PECHS Campus 2

Bungalow 139-O, Block-2,
Street # 1, PECHS,
karachi.
Contact # 0333-1162771

Gulshan Campus

Bungalow E-74, Block-7,
Gulshan-e-Iqbal ,
karachi.
Contact # 0333-1162757

Airport Campus

Bangalow C-26, Block-A,
Kazimabad Model Colony,
Near Airport,
karachi.
Contact # 0334-3268428

Hyderabad Campus

Plot # 635, Block-B,
Unit # 2, Latifabad,
Hyderabad.
Contact # 0301-0919304