

QSource Best Practices

The following document contains best practices for each PAX who has committed to providing leadership for leading the QSource Topic (QPoint) for a given week. With this in mind, it is best to become familiar with this procedure and standardize it to the best of your ability within your Region, such that the burden for preparing for that weeks topic is placed solely in the arena of thinking deeply on the topic, rather than attempting to navigate how it should be promoted or noted through various channels (social media, slack, etc.).

The following steps encompass the best practices the QSource SLT has determined to be the most effective when leading that week's QPoint.

- Announcement
- Reminder
- Time Commitment
- Substantive Content

1. Announcement

Similar to leading a workout, it is imperative that the Q of that week's QPoint take ownership on relaying this information to the PAX of his region interested in attending. The media by which this should be done is irrelevant; whether this announcement is Tweeted, shared on Slack, or notified through hand-written correspondence is moot. What is important is that the announcement is made. In this way, it provides accountability for the QPoint Q to hold fast to his commitment to lead and sets expectations with attending PAX on the topic at hand. Included in this announcement should be:

- The Q of the QPoint
- Date, time, and Location
- The QPoint itself
 - This information should be pointed to using www.f3nation.com/q/ as reference, but the Q should assume that each man has NOT read the content and proceed accordingly.

2. Reminder

The day before the discussion, a reminder may be necessary. See "Announcement" section above.

3. Time Commitment

Start and end on time. This respects the PAX time who attend and forces the QPoint Q to summarize (to the best of his ability) the content into a succinct allotted time slot. While a 30 minute discussion is traditionally the best format, the actual time allotted should be set and

agreed upon beforehand. In any case, once the expectation is set that the discussion will begin at a specific time, the QPoint Q should hold to that time, regardless of side-conversation.

4. *Substantive Content*

Start by reviewing the QPoint in the greater context of QSource, as well as the previous weeks's materials. The Socratic and Spurs are available for the Q to build on in facilitating discussion; and it is ultimately up to the Q to help lead the discussion by asking open-ended questions, allowing time for contemplation, and encouraging quieter members of the group to interact by asking for their input.

The Q may or may not include additional questions (provided on the website) as fodder for discussion, but this may not be necessary. Dependent upon the interaction of the group, the Q will have a veritable trove of content at his disposal to encourage engaging discussion with the PAX, including Questions, Challenges, and Scriptures. Ultimately, the Q needs to make clear to the attending PAX that the QPoint for that week can be (and should be) lived out in the context of marriage, family, and/or teams. Leadership has no boundaries, and as such, each QPoint has highly applicable content. This content should be expanded and made clear to the PAX to ensure the PAX are ultimately challenged when they walk away from the discussion.

When the allotted time has passed, the Q should wrap the discussion by asking for any additional questions from the PAX. It is the Q's choice on whether he ends the meeting in prayer or simple reflection of the previously discussed content.

The national QSource SLT would love to hear about (and share) any QSource discussions happening around the Nation. We want to celebrate YOU. As such, taking a quick picture during the meeting, posting to Twitter or Slack, and tagging QSource (@F3QSource) will help us to provide exhortation to your region and your group as you continue to grow in your search for Virtuous Leadership.