

## Workers Compensation History

Date: \_\_\_\_\_

Name \_\_\_\_\_ Date of Accident \_\_\_\_\_

1: Name of employer at time of accident: \_\_\_\_\_

2: Length of employment prior to accident: \_\_\_\_\_

3: Type of work being done at the time of injury: \_\_\_\_\_  
\_\_\_\_\_4: In your own words, please describe the accident: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5: have you been treat by another doctor of this accident? ( ) YES ( ) NO

If yes, please list the doctor's name and address: \_\_\_\_\_  
\_\_\_\_\_

What type of treatment did you receive? \_\_\_\_\_

How long were you treated by this doctor? \_\_\_\_\_

6: Are you: ( ) Improved ( ) Unchanged ( ) Getting Worse

7: What medications are you taking? \_\_\_\_\_  
\_\_\_\_\_

Do these medications help? ( ) YES ( ) NO ( ) Don't Know

8: Have you had physical therapy? ( ) YES ( ) NO

If yes, how often? ( ) Daily ( ) Every other day ( ) Several times a week

( ) Weekly ( ) Every other week ( ) Monthly ( ) Other \_\_\_\_\_

Does the physical therapy help? ( ) YES ( ) NO ( ) Don't know

9: Prior to this accident, have you ever had any physical complaints similar to what you have now?

( ) YES ( ) NO ( ) Don't know

If yes, describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Were these similar complaints the result of a previous accident(s)? ( ) YES ( ) NO

If yes, please provide details of the accident: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

10: Have you had any of the serious accidents which required medical care? ( ) YES ( ) NO

Describe: \_\_\_\_\_  
\_\_\_\_\_

11: Have you had any serious illnesses that required hospitalization? ( ) YES ( ) NO

Describe: \_\_\_\_\_

12: Have you had any surgeries? ( ) YES ( ) NO

If yes, list type of surgery and date: \_\_\_\_\_

13: Have you had any nervous or mental illnesses? ( ) YES ( ) NO

Have you had psychiatric care? ( ) YES ( ) NO

14: Have you received a medical discharge from the Armed Forces? ( ) YES ( ) NO

15: Have you returned to work since your accident, please fill out the information below:

| DATE | EMPLOYER | OCCUPATION | LIGHTDUTY<br>REG. DUTY | FULL- TIME<br>PART- TIME |
|------|----------|------------|------------------------|--------------------------|
|      |          |            |                        |                          |
|      |          |            |                        |                          |
|      |          |            |                        |                          |
|      |          |            |                        |                          |

**CURRENT MEDICAL COMPLAINTS**

**BACK PAIN**

1: Currently, I have pain in my: ( ) Low Back ( ) Mid Back ( ) Upper Back

2: My Pain began: ( ) Gradually ( ) Suddenly

3: I have pain: ( ) Sometimes ( ) All of the time

4: My pain goes into my: ( ) Right leg ( ) Left Leg ( ) Both

5: I have tingling and/or numbness in my: ( ) Right leg ( ) Left leg ( ) Both

6: My pain is worse when I:

Cough or sneeze ( ) Yes ( ) No

Sit ( ) Yes ( ) No

Bend ( ) Yes ( ) No

Walk ( ) Yes ( ) No

Lift ( ) Yes ( ) No

Push ( ) Yes ( ) No

- Pull ( ) Yes ( ) No
- 7: My back is worse with sexual activity: ( ) Yes ( ) No
- 8: My pain wakes me up during the night: ( ) Yes ( ) No
- 9: Changes in the weather affect my pain: ( ) Yes ( ) No

**Neck Pain**

- 1: My neck pain began: ( ) Gradually ( ) Suddenly
- 2: I have pain: ( ) Sometimes ( ) All of the time
- 3: My Pain goes into my: ( ) Right Arm ( ) Left Arm ( ) Both
- 4: I have tingling and/or numbness in my: ( ) Right Arm ( ) Left Arm ( ) Both
- 5: My pain is worse when I:
- Cough or sneeze ( ) Yes ( ) No
- Bend forward ( ) Yes ( ) No
- Lift ( ) Yes ( ) No
- Push ( ) Yes ( ) No
- Pull ( ) Yes ( ) No
- Turn My Head ( ) Yes ( ) No
- 6: My pain wakes my up during the night: ( ) Yes ( ) No
- 7: Changes in the weather affect my pain: ( ) Yes ( ) No
- 8: I have neck stiffness: ( ) Yes ( ) No
- 9: I have headaches: ( ) Yes ( ) No
- 10: If I do get headaches, they occur ( ) Sometimes ( ) All of the time

**OTHER PAIN**

Please describe any current medical complaint you are experiencing that were not previously covered on this questionnaire, or list any additional comments regarding your condition:

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## JOB DESCRIPTION

1: In a typical 8-hour workday, I (Circle # of hours/activity)

|        |   |   |   |   |   |   |   |   |
|--------|---|---|---|---|---|---|---|---|
| Sit:   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Stand: | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Walk:  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |

2: On the job, I perform the following activities: (In terms of an 8-hour workday,

“Occasionally”= 33%, “Frequently”= 34-66%, and “Continuously”= 67-100% of the day.)

|                               | NOT AT ALL | OCCASIONALLY | FREQUENTLY | CONTINUOUSLY |
|-------------------------------|------------|--------------|------------|--------------|
| Bend/Stoop                    | ( )        | ( )          | ( )        | ( )          |
| Squat                         | ( )        | ( )          | ( )        | ( )          |
| Crawl                         | ( )        | ( )          | ( )        | ( )          |
| Climb                         | ( )        | ( )          | ( )        | ( )          |
| Reach above<br>Shoulder level | ( )        | ( )          | ( )        | ( )          |
| Crouch                        | ( )        | ( )          | ( )        | ( )          |
| Kneel                         | ( )        | ( )          | ( )        | ( )          |
| Balancing                     | ( )        | ( )          | ( )        | ( )          |
| Pushing/Pulling               | ( )        | ( )          | ( )        | ( )          |

3: On the job, I lift:

|                 | NOT AT ALL | OCCASIONALLY | FREQUENTLY | CONTINUOUSLY |
|-----------------|------------|--------------|------------|--------------|
| Up to 10 pounds | ( )        | ( )          | ( )        | ( )          |
| 11-24 pounds    | ( )        | ( )          | ( )        | ( )          |
| 25-34 pounds    | ( )        | ( )          | ( )        | ( )          |
| 35-50 pounds    | ( )        | ( )          | ( )        | ( )          |
| 51-74 pounds    | ( )        | ( )          | ( )        | ( )          |
| 75-100 pounds   | ( )        | ( )          | ( )        | ( )          |

4: Do you have to bend over while doing any lifting?      ( ) Yes      ( ) No

5: Are your feet used for repetitive actions, such as operating foot controls?      ( ) Yes      ( ) No

6: Do you use your hands for repetitive actions, such as:

|            | <b>SIMPLE GRASPING</b> | <b>FIRM GRASPING</b> | <b>FINE MANIPULATING</b> |
|------------|------------------------|----------------------|--------------------------|
| Right Hand | ( ) Yes ( ) No         | ( ) Yes ( ) No       | ( ) Yes ( ) No           |
| Left Hand  | ( ) Yes ( ) No         | ( ) Yes ( ) No       | ( ) Yes ( ) No           |

7: Are you required to work on unprotected heights? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

8: Are you required to be around moving machinery? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

9: Are you exposed to marked changes in temperature and humidity? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

10: Are you required to drive automotive equipment? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

11: Are you exposed to dust, fumes and/or gases? ( ) Yes ( ) No

Describe: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

12: Please list any additional comments: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_