

PureNourish™, Power Boost™ and Beauty Boost™ are packed with key vitamins and nutrients that are essential to supporting weight loss. When added to your daily regimen, they can reduce your calorie intake while providing vital protein and nutrients to aid your full-spectrum transformation.

REAL PEOPLE, REAL RESULTS.



ALLERGEN-FREE

Unlike most shake products, PureNourish and the Boosts are entirely free of soy, preservatives, dairy, genetically modified organisms and wheat.

NUTRIENT-DENSE

When your only focus is cutting calories, you simultaneously cut out lots of key nutrients. PureNourish and the Boosts are more nutrient dense, per calorie, than similar products and have no empty sugars, reducing caloric intake without sacrificing daily dietary requirements.

POSITIVELY BALANCED

If your body isn't adequately supported by the right blend of nutrients, low-calorie diets can cause fatigue, muscle loss and damage to your hair, skin and nails. The synergistic fusion of PureNourish combined with the Boosts allows you to achieve your weight loss transformation goals without depriving your body of balanced nutrients.

These results are not typical. The Slenderiiz Program helps you take in fewer calories than you burn via calorie-restricted eating, healthier food choices and increased physical activity. You can expect to lose up to 12 to 15 pounds in a month depending on a number of factors.





Supplement Facts

Serving Size: 2 Scoops (32.5 g)

	Amount Per Serving	%Daily Value*
Total Calories	116	
Total Fat	2.5 g	3%
Saturated Fat	0.7 g	3%
Trans Fat	0 g	**
Polyunsaturated Fat	1.2 g	**
Monounsaturated Fat	0.5 g	**
Cholesterol	0 mg	0%
Total Carbohydrate	9.3 g	3%
Dietary Fiber	7.4 g	25%
Sugars	<1 g	**
Protein	18 g	30%
Vitamin A (as beta carotene) 15	0 mcg RAE	16%
Vitamin C (as calcium ascorbate)	30 mg	33%
Vitamin D (as cholecalciferol)	10 mcg	50%
Vitamin E (as d-alpha tocopheryl acetate)	7 mg	45%
Thiamin (as thiamin HCI)	1 mg	83%
Riboflavin	1 mg	77%
Niacin (as niacinamide)	10 mg	62%
Vitamin B6 (as pyridoxine HCI)	1 mg	59%
Biotin	150 mcg	500%
Pantothenic Acid (as d-calcium pantothenate)	5 mg	100%
Calcium	40 mg	3%
(as calcium ascorbate, calcium phosphate d-calcium pantothenate)	ι,	
lodine (as potassium iodide)	38 mcg	25%
Magnesium (magnesium amino acid chelate) 40 mg	10%
Zinc (as zinc gluconate)	3.8 mg	25%
Chromium (as Chromium Picolinate)	21 mca	80%

Chromium (as Chromium Picolinate) 31 mcg 89% Sodium 6 mg 1% Potassium (as potassium iodide) 5 ma Digestive Blend[†]

(Probiotics, Prebiotics, and Enzymes)
Soluble Corn Fiber, Alpha-Amylase, Neutral Protease,
Lactase, Lipase, Cellulase, Lactobacillus plantarum Docosahexaenoic Acid (DHA Powder)

* Percent Daily Values are based on a 2,000 calorie diet **Daily Value not established.

Other Ingredients: Pea Protein, Sunflower Lecithin, Natural Flavors, Stevia Leaf Extract (Rebaudioside A), Xanthan Gum, Guar Gum, Cranberry Fruit Protein Powder, Dutch Cocoa Powder, Coconut Oil Powder, Cranberry Fruit Powder, L-Tryptophan





PureNourish[™]

HIGH PROTEIN, PURE NUTRITION

PureNourish is a dietary supplement designed to enhance digestion and optimize nutrient absorption. Each serving combines 15 essential vitamins and minerals with 18 grams of high-quality plant protein, a blend of probiotics, prebiotics and enzymes and 25% of your daily recommended fiber in a satisfying supplement shake plus it's only 116 calories! Using pea protein, rather than animal-sourced protein, enhances digestion and aids optimal nutrient absorption while keeping the sodium content to a low 6mg per serving.

BLENDED BRAIN POWER

Believe it or not, your brain is actually 60% fat and supported by Omega-3 fatty acid, primarily in the form of DHA (docosahexaenoic acid). Think of it as a charger for your body - it's critical for optimal brain function. This specific type of fatty acid is absorbed by the brain in preference to other fatty acids, making it the best way to boost your brain power.



RECOMMENDED USAGE

Mix two scoops of PureNourish with your choice of Beauty Boost or Power Boost and 8 oz. of cold water. Shake vigorously to blend. For a creamier shake, use almond or coconut milk.





Supplement Facts Serving Size: 1 Scoop (14.48 g) Servings Per Container: about 28				
	Amount Per Scoop			
Total Calories	55			
Total Fat	2.3 g	2%		
Saturated Fat	1.9 g	10%		
<i>Trans</i> Fat	0 g	**		
Cholesterol	0 mg	0%		
Total Carbohydrate	5.6 g	2%		
Dietary Fiber	1.9 g	6%		
Sugars	3.1 g	**		
Protein	1.4 g	**		
Sodium	0 mg	0%		
Branched-Chain Amino Acid Blo	end 724 mg	**		
L-Leucine L-Isoleucine				
L-Valine				
L-Glutamine	579 mg	**		
Medium-Chain Triglycerides (Coconut Based)	724 mg	**		

Other Ingredients:

Cocoa Powder (Theobroma Cacao), Agave Powder, Coconut Milk Powder (Cocos Nucifera), Sunflower Lecithin, Natural Flavor, Guar Gum, Stevia, Salt.

Power Boost™

LOSE THE WEIGHT, KEEP YOUR STRENGTH

Power Boost supports lean muscle mass while boosting mental cognition, increasing energy and promoting weight loss through a blend of L-glutamine (an amino acid found in your muscles) and medium-chain triglycerides.

It's blended with cocoa beans, valued not just for their wonderful flavor but also for their high antioxidant content and increased cardiovascular benefits. Coconut oil is also added to provide a rich source of energy that tends to be burned by the body rather than stored as fat.

Use Power Boost as an addition to PureNourish or on its own to help replenish energy and nutrients post-workout.

















RECOMMENDED USAGE

Mix one scoop of Power Boost with two scoops of PureNourish and 8 oz. of cold water. Shake vigorously to blend. For a creamier shake, use almond or coconut milk.



Supplement Facts

Serving Size: 1 Scoop (5.8 g) Servings Per Container: about 28

	Amount Per Scoop	% Daily Value*
Total Calories	0	
Total Fat	0 g	0%
Sodium	32 mg	1%
Total Carbohydrate	5 g	2%
Sugar Alcohol	4 g	**
Biotin	1000 mcg	333%
Papaya Fruit Powder	750 mg	**
Citrus Bioflavonoids	10 mg	**
Dermaval™ Proprietary Blen	d 50 mg	**
Pomegranate fruit concentra concentrate, okra pod conce	, , ,	

concentrate, okra pod concentrate, coffee fruit extract, acerola fruit juice, camu camu fruit juice, onion bulb extract, açaí berry, mangosteen fruit concentrate.

Aquamin® (Red Seaweed) 550 mg

Other Ingredients:

Erythritol, Natural Mandarin Orange Flavor, Natural Flavors, Stevia Leaf Extract (Rebaudioside A), Citric Acid.

Beauty Boost™

SPARKLE AND SHINE

Beauty Boost contains a proprietary blend of ingredients with a bevy of health benefits, especially for those who've recently experienced rapid weight loss or are looking to manage their weight.

Although it's formulated to address the specific nutritional needs of hair, skin and nails, your internal systems will also benefit from Beauty Boost's vitamins, minerals and bioflavonoids found in a variety of natural plant extracts.

Whether you're experiencing a decline in the quality of your hair, skin and nails, or you're simply looking for an extra boost to your beauty regimen, this powerful supplement will have you feeling renewed and restored.















RECOMMENDED USAGE

Mix one scoop of Beauty Boost with two scoops of PureNourish and 8 oz. of cold water. Shake vigorously to blend. For a creamier shake, use almond or coconut milk.

^{*}Percent Daily Values are based on a 2,000 calorie diet **Daily Value not established.



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What makes PureNourish unique?

Unlike most shake products, PureNourish is entirely free of soy, preservatives, dairy, genetically modified organisms and wheat. This makes PureNourish safe to consume for many individuals who have intolerances to these ingredients. Simply put, PureNourish is the premium choice for nutrition!

What makes Power Boost unique?

Power Boost helps improve protein metabolism and stamina recovery and provides branched-chain amino acids (BCAAs). Branched-chain amino acids help maintain muscle on a low-calorie diet, while medium-chain triglycerides accelerate nutrient conversion and assist with appetite suppression, giving you a convenient way to get the most from your nutrition without sacrificing quality.

What makes Beauty Boost unique?

Specialized ingredients such as biotin, papaya fruit powder, Aquamin™ red seaweed extract and Dermaval™ superfood provide additional vitamins, minerals and enzymes that have been proven to be useful to the body. Try Beauty Boost and take your PureNourish to the next level!

What are the benefits of PureNourish?

- Supports healthy digestion
- Supports optimal memory function
- Aids cardiovascular and liver wellness
- Contains plant-derived amino acids
- Good source of DHA Omega-3's
- Probiotic, prebiotic and enzyme blend
- Nutrient dense without the calories
- Sweetened with stevia
- 15 vitamins and minerals
- 18g of plant protein
- Vegan
- Non-GMO
- · Gluten free, soy free and dairy free
- · Low glycemic
- · No artificial flavors or colors
- · Natural vanilla flavor

What are the benefits of Power Boost?

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- Enriched with pure cocoa for antioxidants and cardiovascular support
- Medium-chain triglycerides from all-natural coconut oil enhance endurance
- L-glutamine supports optimal athletic performance and recovery
- Branched-chain amino acids decrease mental fatigue and preserve lean muscle mass
- · For use with PureNourish Natural

What are the benefits of Beauty Boost?

- Flavored with mandarin orange extract and dried papaya
- Formulated with Dermaval[™], a superfood supplement, for additional phytochemicals and enzymes
- Contains Aquamin[™], a seaweed extract rich in bioavailable minerals
- · Added biotin for healthy nails
- For use with PureNourish Natural

What is the recommended dosage of PureNourish?

Add two scoops to 8 oz. water, blend and enjoy once per day.

What is the recommended dosage of Power Boost and Beauty Boost?

Add one scoop of either Power Boost or Beauty Boost to your PureNourish shake or use alone with 8 oz. of water or your favorite nut milk and enjoy once per day.

How long does one pouch of PureNourish, Power Boost and Beauty Boost usually last?

If used daily with the recommended daily use, all Slenderiiz products will last about 28 days.





How should I store PureNourish and the Boosts?

Store in their sealed pouches in a cool, dry location.

What can I mix PureNourish with?

Mix PureNourish with water or your favorite nut milk.

What can I mix the Boosts with?

Add one scoop of either Power Boost or Beauty Boost to your PureNourish shake or use alone with 8 oz. of water or your favorite nut milk.

Can I take PureNourish or the Boosts if I am allergic to one of the ingredients or am taking medication?

Always consult a healthcare physician prior to beginning any new weight loss program or dietary supplement if you have allergies or are taking medication.

Can I take PureNourish or the Boosts if I am pregnant or breastfeeding or have a medical condition?

Always consult a healthcare physician before beginning any new weight loss program or dietary supplement while pregnant or breastfeeding or if you have a medical condition.

What does DHA do?

The human brain is made up of nearly 60% fat. In recent years, we've learned that fatty acids are among the most crucial molecules that determine your brain's integrity and ability to perform. Essential fatty acids (EFAs) are required for maintenance of optimal health but they can't be synthesized by the body and must be obtained from dietary sources. The long chain omega-3 fatty acid, docosahexaenoic acid (DHA), is a major lipid in the brain recognized as essential for normal brain function. The DHA used in PureNourish is sourced from Algae — a vegan source of DHA.

What are amino acids?

Amino acids are small molecules that are used as building blocks for all proteins, assisting in the creation and growth of muscles, connective tissue and skin.

What are essential amino acids?

Essential amino acids can't be made by your body and must be obtained through your diet. These are histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, tryptophan and valine.





Slenderiiz Giving Greens® is a whole-food veggie,

nutritive powdered drink mix that makes it easy to fuel your body with vital phytonutrients, vitamins and minerals. This wholesome drink features sprouted-seed nutrition and a six-enzyme superfruit blend that supports your heart health and your digestive process to help weight management plus healthy immune function.

2 SCOOPS. MIX. THRIVE.

A busy life makes it challenging to feed your body the nutrition it craves, but Giving Greens makes it easy. With only 20 calories per serving, simply mix Giving Greens' nutritive powder in water or blend in a smoothie and enjoy! This easy addition to your routine optimizes the digestive process, supports cardiovascular health, fights free radicals and boosts immunity.



DIGESTION



SUPPORTS WEIGHT MANAGEMENT



FUNCTION SUPPORT



HEART HEALTH

MANAGES BLOATING

2.5 LBS. OF VEGGIES IN EVERY SERVING

Just one serving includes spinach, alfalfa and chlorella, plus broccoli, carrot, tomato, beet, spinach, cucumber, brussels sprouts, cabbage, celery, kale, asparagus, green bell pepper, cauliflower and parsley for optimum nutrition. Try eating all of THAT in one day!

HARD-WORKING ENZYMES

Our premium six-enzyme blend features papain, amylase, protease, lipase, cellulase and glucoamylase. These highly active digestive enzymes help break down protein, carbs, fiber and fats to aid easier digestion and better nutrient absorption.











DAIBY







NON GMC

SOY FREE



SPROUTED SEED NUTRITION

Sprouted seeds are brimming with nutrition, and when harvested at the peak of the sprouting process nutrition levels are maximized and healthy compounds are unlocked.

TASTE THE DIFFERENCE

This guilt-free, nutritional powerhouse helps ensure you and your loved ones get the veggies you need without the dinnertime fight. Superfruits goji berry, blueberry and acerola cherry combine with cinnamon and a hint of stevia and xylitol to provide a naturally sweet flavor while giving you a happy antioxidant boost. Sweetened by nature, even kids give it two thumbs up!

A CART FULL OF VEGGIES

Fiber helps to keep you regular, support blood sugar levels that are already in the healthy range and aid in weight management, but only a little more than three percent of Americans are meeting the recommended fiber intake. With Giving Greens, you never have to worry about whether you're getting enough in your diet — just two scoops contain the equivalent of five servings of veggies!



Supplement Facts

Serving Size: 2 Scoops Servings Per Package: 28

Pe	Amount r Serving	%D V *
Calories	20	1%
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Total Carbohydrate	4 g	1%
Dietary Fiber	1 g	7%
Sugars	<1 g	**
Protein	1 g	**
Vitamin C (as Acerola fruit extract)	30 mg	33%
Sodium	5 mg	<1%
Superfood Vegetable Blend (Spinach Leaf Powder, Asparagus Broccoli Leaf Powder, Cauliflower Powder, Kale Leaf Powder, Parsley Root Powder, Carrot Powder, Toma	Powder, Celery L Powder, Green F	eaf Powder, Cucumber Pepper Powder, Beet
Superfruit Blend (Blueberry fruit powder, Acai berry	200 mg	**
Organic Broccoli Sprouted Seed	150 ma	tt powder)
Enzyme Blend (Amylase, Protease, Glucoamylase	173 mg	** se, Papain)
Alfalfa Grass Powder	1,400 mg	**
Alidia diass rowdei		
Coconut Juice Powder	200 mg	**
	200 mg 100 mg	**

Other Ingredients: Xylitol, Xanthan Gum, Stevia leaf extract, Citric acid and Malic acid

*Percent Daily Values are based on a 2,000 calorie diet

** Daily Value (DV) not established

KEY BENEFITS:

- Optimizes the digestive process
- · Supports weight management
- Supports healthy immune function
- Supports cardiovascular health
- Fights damage caused by free radicals
- Improves nutrient absorption
- Increases skin hydration and clearness
- · Helps manage bloating

THE ACTIVES:

Superfood Vegetable Blend:

Spinach (*Spinacia oleracea*) Leaf, Asparagus Powder, Brussel Sprout Powder, Broccoli Leaf Powder, Cauliflower Powder, Celery Leaf Powder, Cucumber Powder, Kale Leaf Powder, Parsley Powder, Green Bell Pepper Powder, Beet Root Powder, Carrot Powder, Tomato Fruit Powder, Cabbage Leaf Powder

Super Fruit Blend:

Wolfberry (Goji) (*Lycium barbarum*) Fruit, Blueberry (*Vaccinium angustifolium*) Fruit, Acai (*Euterpre oleracea*) Berry

Enzyme Blend:

Amylase Enzyme, Protease Enzyme, Glucoamylase Enzyme, Lipase Enzyme, Cellulase Enzyme, Papain

Additional Active Ingredients:

Organic Broccoli (*Brassica oleracea*) Sprout, Alfalfa (*Medicago sativa L.*) Leaf, Coconut Juice Powder (*Cocos nucifer L.*), Chlorella (*Chlorella vulgaris*) Cracked Cell Wall, Cinnamon (*Cinnamomum cassia*) Bark





What does Giving Greens do?

Giving Greens is a whole-food veggie, sproutedseed, enzyme-rich superfruit blend that provides your body with vital nutrients to boost immunity, support cardiovascular health, fight free radicals and aid digestion.

- 2.5 lbs. of veggies in every serving!
- · Supports cardiovascular health
- Fights free radicals
- · Aids digestion
- Boosts immunity
- · Helps manage bloating
- · Supports weight management
- · Only 20 calories per serving

What is the recommended dosage of Giving Greens?

Add two scoops to 8 fl oz water, blend and enjoy once per day.

What are the key ingredients in Giving Greens?

A rich base of spinach, alfalfa and whole-plant, cracked-cell chlorella vulgaris provides vital phytonutrients, vitamins and minerals for optimum nutrition. Fresh sprouts from broccoli, amaranth and millet are harvested at their peak to ensure maximum benefits, providing all nine essential amino acids. Superfruits goji berry, blueberry and acerola combine with cinnamon to provide a naturally sweet flavor while giving you a happy antioxidant boost. Plus, five highly active digestive enzymes help your body unlock all the nutritive value within.

What is cracked-cell chlorella vulgaris?

Chlorella vulgaris is a type of single-cell algae that grows in freshwater and is considered by many to be a superfood. Chorella's cell wall is thick and rigid, making it hard to break down and digest. The solution is to break, or crack, the cell wall before ingestion, making it more bioavailable so that all the nutrients are readily available to be absorbed into your body.

What is sprouted seed nutrition?

When sprouts are harvested at the peak of the sprouting process, nutrition levels are maximized and healthy compounds are unlocked. Broccoli sprouts pack 10-100 times more sulforaphane, shown to promote detoxification and strengthen antioxidant power; amaranth sprouts are high in fiber and the essential amino acid lysine, plus as much as 12-17 percent protein; and millet sprouts are among the leading heart-healthy ingredients.

What are digestive enzymes?

Digestive enzymes help your body properly and efficiently break down food, so that you receive all the nutrients from it. Our premium six-enzyme blend includes amylase, protease, glucoamylase, lipase, cellulase and papain. These highly active digestive enzymes help your body unlock Giving Greens' nutritive goodness.

Can Giving Greens help me lose weight?

Giving Greens is a healthy and satisfying shake that can help you get the nutrition your body needs without added fats and sugars. With just 20 calories per serving, simply mix in water or blend in a smoothie and you've got the perfect companion to your weight management plan!





Is Giving Greens sensitive to heat?

Giving Greens can be enjoyed cold or hot — as long as the temperature is no hotter than hot tap water, not to exceed 115°F (45°C).

How should I store Giving Greens?

Store in its sealed pouch in a cool, dry location.

What can I mix Giving Greens with?

Mix Giving Greens with water or your favorite nut milk. For a creamier shake and an added boost of protein, mix with PureNourish™.

Can I take Giving Greens if I am allergic to one of the ingredients or am taking medication?

Always consult a healthcare physician prior to beginning any new weight loss program or dietary supplement if you have allergies or are taking medication.

Can I take Giving Greens if I am pregnant or breastfeeding or have a medical condition?

Always consult a healthcare physician before beginning any new weight loss program or dietary supplement while pregnant or breastfeeding, or if you have a medical condition.



