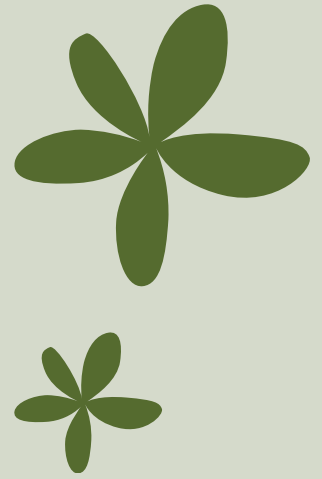




# Workshop Pricing Guide 2025



Hello and thank you so much for being here!

My name is Danica (Dah-nee-cah!) and I am the founder of Little Bloom Consultancy.

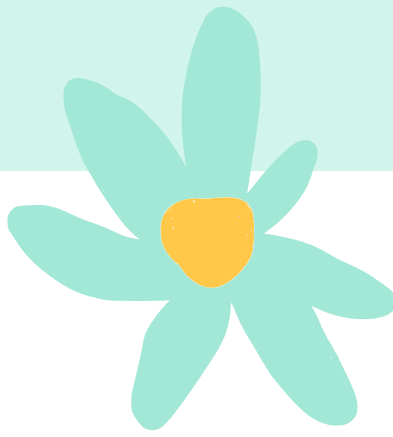
I'm an early childhood educator, university lecturer/tutor, practicum supervisor and, most importantly, mama to a delightfully curious 4 year old.

I've learnt a LOT about supporting behaviour and big feelings over the years and I'm thrilled at the prospect of sharing some of my learning with you and your team.

If you're seeking support for your early years team, look no further. This guide will explain all you need to know about my workshop offerings for 2024.

Welcome to the Little Bloom world.

Danica x



## How do my workshops work?

### Core workshops

I currently offer four core workshops that are ready to be delivered to your team!

### Repeat workshops

If you're seeking even more consistency across your setting, I can run a repeat workshop with families.

### Core + repeat workshops

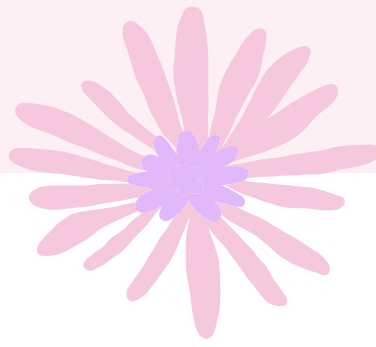
\$650/session

### Tailored workshops

If you're interested in booking me for a workshop but not quite keen on my core offerings, I can create a workshop tailored to your setting's needs. The sky's the limit - take advantage of my experience within the early childhood landscape! Get in touch and we can discuss some workshop possibilities that fit your context.

### Tailored workshops

From \$850/session



## What's included?

Worried that you'll be sitting the whole time with me just talking at you? Don't fret! My workshops are designed to be interactive and incorporate:

- Discussions and reflections designed to get you and your team thinking about how information applies to your individual context.
- High quality, current research (ok, ok - a little bit of me talking at you).
- Practical activities to help you bring the research to life.

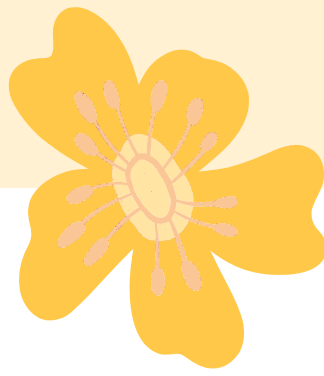
Each participant will receive an eBook to complement the session, designed to foster ongoing reflection and application.

You'll also receive 2 weeks of follow-up email/phone support.

All workshops run for 90-minutes.

**Please note:** For these workshops to be most effective, it's ideal that your entire early years team is present.

**All workshops align with Quality Areas 1, 4, 5, 6 + 7.**



## Workshop One

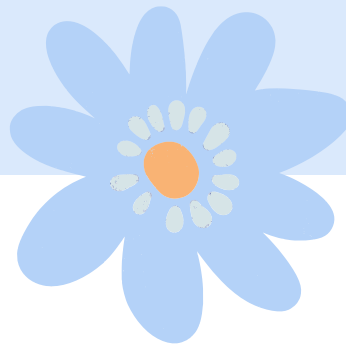
### Understanding and guiding young children's behaviour.

Children's behaviour can be oh-so-complex. Knowing how to support it effectively? Even more so.

In this workshop, I'll help you unlock the keys to effective child guidance. This comprehensive session (and my flagship workshop) delves into understanding and guiding young children's behaviour with evidence-informed insights.

What will we cover?

- Common mistakes we make when supporting behaviour.
- How children learn behaviour.
- Behaviour as communication + possible reasons for tricky behaviours.
- Developmentally appropriate behaviours.
- The role of temperament in behaviour.
- Different caretaking styles.
- The importance of educator mindset and challenging common perspectives on behaviour.
- Explore a range of proactive and responsive strategies.



## Workshop Two

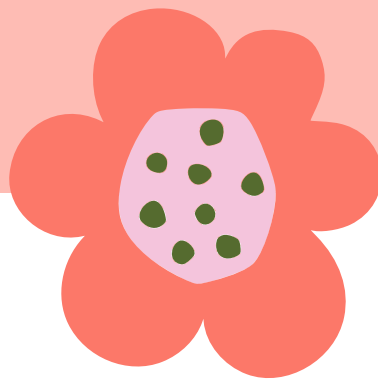
### Supporting children to become emotionally competent individuals

The world of emotions can be really tricky for children to navigate, and even trickier for us to provide effective support! Let me demystify this process.

In this workshop, I'll introduce you to the concept of emotional competence and how we can support children in becoming emotionally competent individuals.

What will we cover?

- The three pillars of emotional competence: emotion knowledge, emotion understanding and emotional expression.
- Why a strong foundation of emotional competence is fundamental for children's wellbeing (and how to foster this).
- Understanding what's happening for young children and their emotional development.
- Embedding emotional competence principles into everyday practices.
- The role of the emotionally competent educator.



## Workshop Three

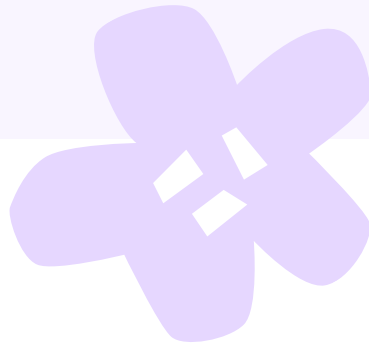
### Supporting effective transitions

We know that transitioning children (and their families) into our settings is important, but we often underestimate this importance and leave too much of the transition process to chance.

In this workshop, we'll explore just how important transitions are for young children and investigate ways that you can strengthen this process for your setting.

What will we cover?

- How effective transitions affect children long-term.
- The role of educators as secondary attachment figures and how to embed this in practice.
- The principles of effective transitions.
- The role of flexibility and responsiveness in transitions.
- An in-depth look into the importance of relationships and effective communication.
- Reflecting on your setting's current transition process and finding ways to strengthen this.



## Workshop Four

### Boundaries, limits and consequences

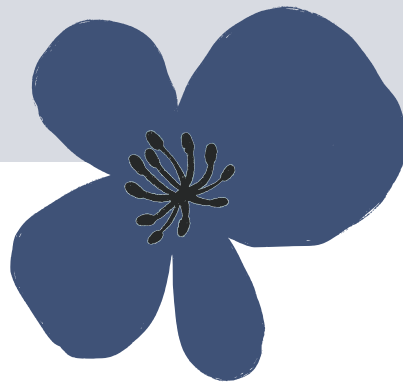
There's a lot of noise out there about boundaries, limits and consequences, and much of this noise provides conflicting information - which, ultimately, leaves us feeling a little \*huh\*?

In this workshop, I'll clearly define what is meant by boundaries, limits and consequences and provide you with evidence-informed frameworks as to how you can translate each of them into practice.

What will we cover?

- Common mistakes we make when implementing boundaries, limits and consequences.
- Teasing out the differences between boundaries, limits and consequences and exploring applications in practice.
- Exploring the three different types of consequences and what they mean for young children and their behaviour.
- How to use consequences in an effective, evidence-informed manner (no more punitive consequences around here!).





## The Finer Details

### Booking In

If you're ready to book one of my core workshops in for your team, or you want to discuss a tailored or repeat workshop, please get in touch via email and we can book in a free 15 minute consult:

**[hello@littlebloomconsultancy.com.au](mailto:hello@littlebloomconsultancy.com.au)**

### Timeline

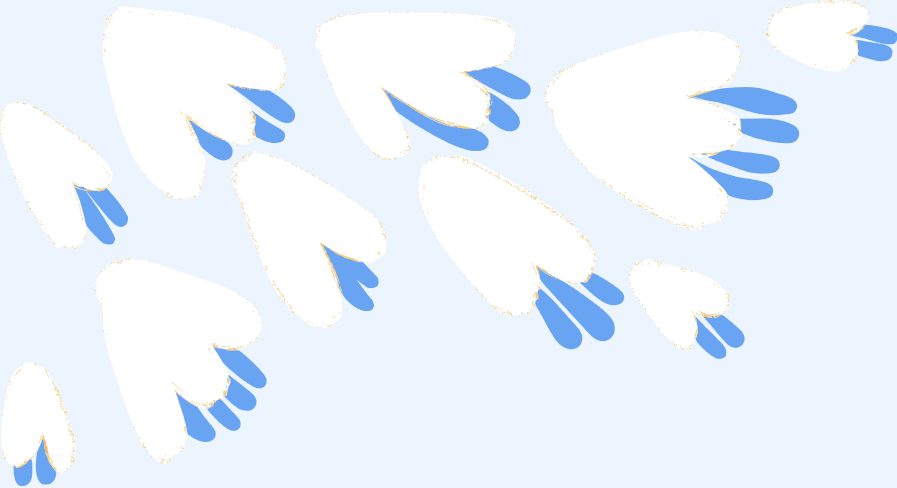
If you have a timeframe or particular date in mind for your workshop, please let me know in our initial consult and I will try my best to accommodate your request. Please also be aware that bookings are currently open only until May, 2024 (as I'll be on maternity leave from June onwards).

### Payment Options

There are two payment options:

- A) Payment in full one week before our workshop.
- B) 50% payment one week before our workshop, with the remaining 50% to be paid no longer than one week following our workshop.

Invoices will be emailed.



LB

