



*In order to qualify for the Satisfaction Money Back Guarantee, the following conditions must be met:*

Client must stay engaged and active throughout the course of Lean for Life. This will be determined by showing up for LIVE calls, participating in the community chat, and submitting and asking questions for support.

Client cannot base success on weight loss alone. Since health is multi-faced picture, and each body and metabolism is different, there may be other health changes that happen first. We would consider overall measurements, well-being, and other health victories not related to the scale.

Client must have interacted with Katie and/or the group by email, in LIVE videos, or the group chat asking/seeking questions or any concerns or support they are needing through the 4 week program.

Client must have followed the outlined nutrition strategies found in Lean for Life and requested guidance or support as needed.

Client must remain positive and trust the process. Client's understand no specific claims or outcomes are guaranteed and remaining committed to the process and seeking support are critical aspects of their success.

Client has not shared program content or materials with others outside of the group. This includes video lessons, worksheets, meal plans, recipes, supplement sheets, and any other piece of the materials found in Lean for Life.