



User Guide – Create a Smart Behaviour Plan

From the Directory, select the ‘Edit’ icon next to the individual who you would like to edit or create a Smart Plan for.

Click “Update Smart Plan”

The completed incident reports will populate key areas of the Smart Plan, this can be edited for the final Smart Plan.

All the incident information will be stored on the system.

Smart Plan / Risk Assessment Plan

	Date of Plan	Review Date of Plan	Completed By
	<input type="text" value="dd/mm/yyyy"/> 	<input type="text" value="dd/mm/yyyy"/> 	<input type="text"/> 

She was an American actress and model. Known for playing comic "blonde bombshell" characters, she became one of the most popular sex symbols of the 1950s and early 1960s

Adjustments

What adjustments?

Play lessons , Play Dp music in assembly , Play Dp music in assembly , Play Dp music in assembly , Play Dp music in assembly

	Support for Triggers
<input type="text" value="People making fun of her music, People making fun of her music, People making fun of her music, People making fun of her music"/>	<input type="text"/>

 Save for later

 Delete Draft

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Smart Behaviour Plan: Chris Rock

BehaviourSmart/behaviour/7886/edit

Behaviour Details ?

As concisely as possible

Low Level Behaviour I show

☒ tapping pen on table



What's been tried?

☒ told him to stop



Other things that could be tried

☒ ignore



What can I do to help myself?

☒ play music



Medium Level Behaviour I show

☒ Shouting



What's been tried?

☒ Ignore



Other things that could be tried

☒ Use calm Voice



What can I do to help myself?

☒ Breath Slow



High Level Behaviour I show

☒ Throwing



What's been tried?

☒ Move away



Other things that could be tried

☒ Support



What can I do to help myself?

☒ Think happy thoughts



What will I do differently next time?

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The Smart Plan will show the all the low, medium and high level behaviours, what has been tried and what could be tried in future.

Select which of these you would like to appear on the Smart Plan by ticking the box next to the behaviours and responses.

The techniques on this page appear from most effective to least effective.

You can select the techniques staff should try and avoid.

There is also a place to add notes.

Smart Behaviour Plan: Chris Rock

BehaviourSmart/behaviour/7886/edit

Behaviour Management Techniques

Deescalation Techniques

Giving Space

Try

Avoid

Notes

Marilyn likes lots of space

reassurance

Try

Avoid

Notes

verbal advice and support

Try

Avoid

Notes

reduction of language

Try

Avoid

Notes

tactical ignoring

Try

Avoid

Notes

This does not work very well

positive reinforcement

Try

Avoid

Notes

scripts

Try

Avoid

Notes

redirection

Try

Avoid

Notes

sensory regulation

Notes

Users can then submit the Smart Plan which will be sent directly to key people.

Send Report

Which key contacts should receive a copy of this report?

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