



## The Life-Saving Power of Staying in Treatment

The start of the school year can be a stressful time, often intensifying eating disorder challenges. That's why it's more important than ever for your child to receive the treatment and support they need for recovery.

We understand the desire to put treatment behind you and move on to the next chapter, but the best thing you can do is **remain passionate and committed to your child's full recovery**—staying the course not only improves treatment outcomes but also reduces the risk of long-term physical and mental harm.

### Why continue treatment into the school year?



#### HEALTH AND SAFETY

Adolescents don't outgrow eating disorders. Delays in treatment threaten both physical and mental health, leading to complications like neurological and cardiovascular issues, plus higher risks of depression and anxiety.



#### RISK OF RELAPSE

Adolescents who leave treatment early have a higher risk of relapse, which may land them back in treatment—and often in worse condition than before. Continuous treatment can reduce this risk and support sustained recovery.



#### ACADEMIC STRUGGLES

Adolescents may experience difficulties in the classroom due to changes in brain chemistry that can occur from behaviors like starving, bingeing, and purging. Ongoing treatment helps improve focus and restore emotional balance.



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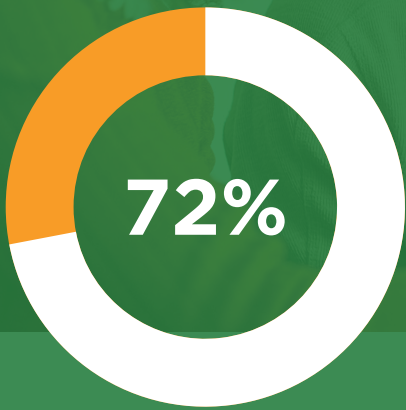
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Approximately **72%** of adolescents achieve **partial or full remission** from their eating disorder with comprehensive care that includes **both therapeutic and academic support**

## We offer **academic support** to help your child succeed

At The Emily Program, we work closely with your child's school to minimize disruption and provide the necessary academic accommodations, including time in the day for school, to ensure they can focus on their health while staying on track academically.

Adolescents with eating disorders face

# 20x

higher rates of suicide compared to their peers

Students with eating disorders often experience

# COGNITIVE DEFICITS

linked to a higher risk of academic underachievement

Of those with eating disorders, approximately

# 40%

will never fully recover if treatment is abandoned

For more information, contact us today:

 1-888-364-5977  [emilyprogram.com](https://www.emilyprogram.com)

