Asset #3: Other Adult Relationships

Youth are more likely to grow up healthy when they receive support from three or more non-parent adults

Other non-parent adults can include teachers, grandparents, coaches, neighbors, extended family and the parents of friends.

3 Ways to Encourage Your Child to Build Relationships With Other Caring Adults:

1. Help your child find an adult you both trust who shares a similar hobby or interest with your child.
2. Play games with other families where teams consists of adults of one family paired with children from another family.
3. Use letters, phone calls, and email to keep relationships strong with caring adults who are far away.

Helpful Hint: Tell them thanks! Jot a short note to each caring adult telling them how much you appreciate their care and dedication to your child!