



# Asset #23: Homework

Youth are more likely to grow up healthy when they report doing at least one hour of homework every school day.

Quick Tip: Encourage your child to read or study something even if he or she doesn't have homework.



## 3 Key Skills To Do Homework Well

1. **Organizational Skills** - Young people need to develop ways to ensure that homework can be worked on, such as finding a homework site, creating a homework filing system, or using visual organizers.
2. **Time Management Skills** - Children should set a consistent time to study, eliminate distractions, get proper sleep, take needed breaks, and accurately project how long an assignment will take.
3. **Study Strategy Skills** - Children need to know and use a variety of learning strategies, such as rewriting, drawing, memorizing aloud, and making flash cards.



Homework  
p. 257 ex. 3-7  
p. 300 ex. 1-3