



Asset #24: Bonding to School



Youth are more likely to grow up healthy when they care about their school.

Three factors that cause young people to feel disconnected from their schools: disinterest; boredom; and lack of connection.



5 Ways to Show the School You Care

1. Make “care packages” for teachers, janitors, the principal, and other who work at the school. Include treats, notes of appreciation, and other small symbols of care.
2. Show up at conferences.
3. Think of ways to boost school spirit.
4. Write thank-you notes, leave voice-mail messages, or send email notes when you’re pleased about something at your child’s school.
5. Send a note to teachers the first week of school. In it, tell them about your child and explain that you want to be involved.

School Spirit