



# Asset #33: Interpersonal Competence

Youth are more likely to grow up healthy when they have empathy, sensitivity, and friendship making skills.

Note: An introverted child can have competence in this area even though he or she may have only one or two close friends.



## Help your child develop interpersonal competence by:

- Creating a home where friends are always welcome.
- Introducing your child to people of many different ages.
- Allowing your child to grieve when relationships turn sour or fade.
- Stressing that it's not OK to just "drop" a friend.
- Making sure your child is connecting with people in personal and not just through technology.

