



Asset #10: Safety

Youth are more likely to grow up healthy when they feel safe at home, at school, and in the neighborhood.

People who feel safe are often: relaxed; warm, open and friendly; creative; confident and secure; big dreamers and healthy risk takers.



7 Ways to Make Your Home Safer

1. Keep a fire extinguisher on each floor of your house or keep one in your apartment. Once he or she is old enough, make sure your child learns how to use the fire extinguisher.
2. Install smoke detectors and carbon monoxide detectors and change the batteries regularly.
3. Put together an escape plan for a fire or other emergency and practice it together.
4. Post emergency phone numbers in a visible spot.
5. When child becomes a driver, teach him or her road safety.
6. Utilize safety features for internet and cell phone use and teach your child how to be safe online.
7. Store dangerous items safely in the home. Lock them up if necessary.

SAFE
ZONE