

HUDSON COMMUNITY FIRST NEW SLETTER



September 25

Great Grape Escape 6:30pm @ The Wine Mill

October 1

Take a Second, Make a Difference Nominations
Due

October 1 & 2

Smile Day

October 15

Parenting in the Digital World Speaker: Dr. Devorah Heitner - 7pm @ HMS

October 22

Fostering Resiliency Speaker: Dr. Meghan Barlow 1:30pm/6:30pm @ McDowell

November 3

Ready, Set, Relax

November 6

Building Executive Functioning Speaker: Dr. Meghan Barlow 6pm @ Montessori

HUDSON COMMUNITY FIRST WINS \$7,000 IN GRANT CONTEST FROM HUDSON COMMUNITY FOUNDATION



Hudson Community First is excited to share that we were the top recipient in the Hudson Community Foundation's special 25th Anniversary Grant Contest! To celebrate 25 years of giving, the Foundation invited the community to vote on local nonprofits to receive a share of \$25,000 in grant funding. Thanks to the overwhelming support of Hudson residents, Community First was awarded \$7,000 which was the largest grant among the winners.

This incredible gift will help us continue our mission of supporting and strengthening Hudson's youth through programs that build developmental assets, promote connectedness, and encourage students to make healthy choices. We are honored to have been chosen by our community and grateful for every single vote that made this possible.

We are proud to be part of this milestone celebration and thankful to the Hudson Community Foundation for 25 years of generosity, vision, and commitment to strengthening our town. Most of all, we are thankful to YOU – our community – for believing in the work of Hudson Community First and helping us continue to make a difference in the lives of Hudson students.

JIM "BASKETBALL" JONES WOWS STUDENTS ONCE AGAIN

Hudson Community First was thrilled to welcome back Jim "Basketball" Jones for an inspiring school visit. On August 22, students at East Woods Intermediate were treated to his high-energy program, and on September 25, Hudson Montessori students will get to experience the same unforgettable mix of entertainment and encouragement from Jim's son, Parker.

Jones and his son, well-known for their basketball tricks and humor, deliver more than just a fun performance. Their message focuses on the values of patience, respect, kindness, making good choices, and truly listening to others. All of these values echo the **40 Developmental Assets** that guide the mission of Hudson Community First.

Through a giant game of Simon Says, dazzling ball-handling skills, and their signature message of being NICE - Notice, Include, Care, and Encourage - Basketball Jones engaged every student in the gym. His positive energy had kids and teachers alike laughing, moving, and leaving with smiles on their faces.





Take a Second. Make a Difference.

Do you know someone in our community - kids, teachers, coaches, neighbors, or merchants - who Make a Difference for Hudson's youth?

Hudson Community First will recognize outstanding community members at our annual Take a Second. Make a Difference. celebration.

All nominees will be recognized throughout the community and receive a thank you from Hudson Community First for their efforts.



Visit

https://hudsoncommunityfirstyce
st.com/tas-mad
to submit your nomination!

EXECUTIVE BOARD

Marietta Marquart, President Alisa Wright, Vice-President Jim Yurak, Treasurer Tim Clepper, Secretary Lynn Krapf, member Jack Lieske, Emeritus Member

CO-DIRECTORS

Jennifer Fisher jfisher90@yahoo.com

Laura Jones joneslau@windstream.net

VOLUNTEER BOARD

Looking to get more involved in the community? We are always happy to have more members as part of our volunteer board. Volunteer Board members assist with various events and programs throughout the year. Contact a director for more information.

LADIES, JOIN US AT THE GREAT GRAPE ESCAPE!

Grab your girlfriends and join us for one of Hudson Community First's most popular traditions – The Great Grape Escape! This ladies–only night out is the perfect blend of fun, flavor, and fellowship, all while supporting Hudson youth.

- **77 Wednesday, September 25**
- **6:30 PM**
- The Wine Mill

Your ticket includes four wine pairings perfectly matched with delicious small bites (with non-alcoholic options available too!). Between sips and samples, you'll get the chance to connect with other women in our community, learn more about Hudson Community First's work, and support the programs that benefit our kids.

And of course, it wouldn't be The Great Grape Escape without our fabulous raffles! Save time at the door by purchasing your raffle tickets early, then place them in the drawings of your choice when you arrive.

Tickets are limited and this event always sells out, so don't wait! Gather your friends, mark your calendar, and get ready for a fun evening celebrating community, connection, and a great cause.

<u>F Get your tickets today and join us at The Great Grape Escape!</u>











If you've ever said "I'm so glad my teenage years weren't shared for the world to see," this talk is for you! With social media and constant connection, the boundaries of privacy for children are stretched thin.

Parenting in the Digital World shows parents how to help tweens and teens navigate boundaries, identity, privacy, and reputation in their digital world.

When: Oct 15 @ 7:00pm Where: HMS Auditorium

Register Now to Attend!



Clinical psychologist Meghan Barlow, PhD provides parents with strategies and techniques to foster resiliency and help their young children build their executive functioning skills.

Fostering Resiliency
When: Oct 22 @ 1:30pm & 6:30pm
Where: McDowell

Register Now to Attend!

Building Executive Functioning Skills When: Nov 6 @ 6:00pm Where: Hudson Montessori

Register Now to Attend!

LOOKING FOR WAYS TO GET INVOLVED?!

Hudson Community First is a local nonprofit organization that promotes positive youth development and seeks to unite individuals, organizations and our schools in an effort to nurture competent, caring and responsible children and adolescents. Here are a few ways you can become more involved:

- Consider being a panelist on a future career panel
- Join our volunteer board
- Donate a good or service to our Toast to Hudson silent auction.
- Attend one of our fundraising events
- Attend a Hudson Community First Community of Care program Educating yourself about positive youth development and the issues our youth face is always a great way to be involved!
- and lastly... just show support for Hudson's Youth!!