



[www.grfuk.org](http://www.grfuk.org)



[info@grfuk.org](mailto:info@grfuk.org) | [@grf.uk](https://www.instagram.com/grf.uk) | 0161 302 7888

**Scan**  
for more information







# HELP US TO HELP THEM

Global Rahmah Foundation is here to support communities experiencing conflict, poverty and natural disasters across the globe. As a humanitarian aid charity, we provide aid throughout the entire crisis - from the early stages of an emergency to recovery and long-term restoration. We hope you will join us in our efforts to break the cycle of poverty and empower vulnerable communities worldwide.

## Table Of Contents

Focus Areas	01
Food	03
Health	04
WASH	05
Community Development	07
Child Welfare	09





Helping more than  
**24 Countries**



**MENA**



Palestine

Lebanon

Yemen

Jordan

**AFRICA**



Niger

Ghana

Nigeria

Mali

Chad

Benin

Tanzania

Uganda

**AFRICA CONT.**



Somalia

Sudan

Egypt

Libya

Morocco

Kenya

**ASIA**



Pakistan

India

Bangladesh

Afghanistan

Turkey





# Focus Areas



## Food

Millions of people suffer from hunger across the globe, with children some of the most vulnerable. Over half of those suffering from malnutrition live in conflict-affected areas, leading to weakened immune systems, stunted growth and increased mortality rates. By providing food aid to vulnerable communities, we can deliver immediate relief, offering nourishment during times of crisis.



## Health

In conflict and poverty-affected areas, healthcare is often difficult to access, causing treatable diseases like malaria to become life-threatening – and often fatal. Vulnerable communities urgently need access to healthcare facilities, as many suffer from conditions worsened by war, displacement and poverty. By improving healthcare services, we can enhance public health and help communities thrive.



## Community Development

Economic instability and limited income generation opportunities drive families deeper into poverty. Communities are left unable to support themselves, thus becoming reliant on aid. Furthermore, refugees face security concerns, with many camps lacking adequate safety protocols. By equipping individuals with the necessary tools and training, we can help them provide for their families and build more secure futures. Additionally, by improving security measures, we can protect already vulnerable individuals from further harm.

*“We aim to build a world where poverty & inequality no longer hold people back.”*



## WASH

(Water, Sanitation & Hygiene)

Up to **80%** of illnesses in developing countries are linked to unsafe water and poor sanitation, as communities are forced to rely on contaminated water sources and live in overcrowded, unsanitary conditions. This leaves individuals vulnerable to waterborne diseases such as cholera, which can be fatal. By improving water, sanitation and hygiene services, we can prevent disease outbreaks and protect communities.



## Child Welfare

With **1 billion** children across the globe facing multidimensional poverty, access to essentials like food, water, education and healthcare become an urgent need. Children in conflict zones are more vulnerable to PTSD and anxiety disorders, with many left without the emotional support, care and resources they require. By offering children vital aid and support, we can help them lead fulfilling, healthy and enriching lives.







## Food Security

*Feeding families, saving lives*



### Hot Meals

**£10**

**All Locations**



### Food Parcels

**£50**

**All Locations**



### Bread Distribution

**£2,000**

**Gaza**

Give hot meals and immediate relief to individuals with limited access to food. Alongside food parcels, hot meals are another common type of relief provided in an emergency. **Meals consist of rice and meat, serving up to 3 people.** For many, these meals may be the only sources of nourishment.

Provide food parcels to families experiencing hunger. Parcels contain staple food items to sustain a family of 6 for up to 3 weeks. Items are carefully selected to ensure nourishment, longevity and to ease the burden families face. Food is often the primary form of aid provided in emergencies, with the demand remaining high all year round.

Feed communities while providing local women with paid employment opportunities. Our bread distribution initiative provides conflict-affected individuals with freshly baked bread while employing local women to bake the bread and earn an income. Promoting nourishment and livelihoods, this initiative can provide up to 3,000 loaves of bread at a time.



## Health

*Protecting those already vulnerable*

### Malaria Treatment

Provide malaria treatment to children in Mali and Chad and help lower the risk of transmission. Alongside treatment, patients will receive advice and awareness on disease prevention, such as using nets, to further minimise the spread of disease. Approximately 94% of malaria cases occur in African nations, including Mali and Chad. Mali has one of the highest malaria rates in the world, with pregnant women and children under 5 particularly vulnerable.

**Mali - Chad | £1,000 Per Unit**

### Re-Equip Hayfa Hospital

Hayfa Hospital has witnessed severe damage as a result of the conflict, with patients being treated in poor, unsanitary conditions that leave them vulnerable.



### Medication supply (1 month)

Supply life-saving medicines for 1 month. These medicines will treat acute and chronic illnesses, caused by war and other health conditions.

**Gaza | £8,000**



### Essential medical facilities

Help provide essential supplies & equipment to ensure patients can be treated efficiently and with dignity.

**Gaza | £17,000**





# WASH

(Water, Sanitation & Hygiene)

Clean water for all



## Hygiene Kits

£35

Gaza, Yemen, Bangladesh, Jordan, Sudan, Mali

Help preserve dignity and prevent the spread of disease. The risk of disease remains prevalent for many refugees and people living in poverty, especially those with limited access to clean water. Hygiene kits provide crucial sanitary items to promote personal hygiene, protect communities and boost mental wellbeing. Kits further prevent diseases caused by poor sanitation and play a significant role in improving overall health. As many refugees and displaced people no longer have access to their personal sanitary items after being forced to flee their homes, these hygiene kits provide much needed supplies.



## Water Pumps

£200

India, Pakistan



Provide clean water for up to **200** people a day. Without access to clean water, many are forced to rely on contaminated water sources, leaving them susceptible to the spread of disease. Water pumps serve families and small communities, allowing them to access safe drinking water and maintain sanitation.



## Water Wells

from £1,000

All Locations

Give the gift of water to entire communities. In water-scarce areas, women and children are left with no choice but to walk miles for clean water, with much contaminated and threatening to spread disease. GRF installs wells for communities, selecting areas most impacted by water scarcity to ensure maximum impact. Wells provide clean safe water for drinking, maintaining sanitation and improving health. Women don't have to walk such long distances to search for water and children can focus on what matters - their education and building a brighter future.

GRF also constructs sustainable solutions, with solar-powered wells utilising renewable energy to provide water. This eco-friendly solution enables water for years to come, while simultaneously reducing its environmental impact.







# Community Development

*Empowering communities*



## Sewing Machines & Training

**Gaza, Pakistan, Jordan, Chad | from £200**

Empower women to earn an income through our sewing machine initiative. Aimed towards widows and female breadwinners, this project provides women with a sewing machine and training on how to sew. Not only do individuals gain technical skills, but they also experience a sense of community, with the opportunity to work together and build a network that encourages community development.



## Olive Trees

**Palestine | £15**

Assist farmers in becoming self-sufficient while preserving culture. Olives are a crucial part of Palestinian culture and can be consumed as they are or as olive oil. This long-term, sustainable initiative helps local farmers in Palestine to produce and sell olive oil for years to come. This way, farmers can earn a stable income and ultimately achieve self-sufficiency.



## Rickshaws

**Pakistan, India, Sudan, Yemen, Afghanistan | £1,000**

Help families generate a stable income while supporting economies. Rickshaws are one of the most accessible forms of transportation in countries like Pakistan, India and Sudan. Aimed at empowering individuals in difficult circumstances, this initiative allows individuals to earn a regular income for their families.



## Night Light Aid

Improve security for vulnerable groups in Cox's Bazar, Bangladesh. GRF aims to install streetlights and provide handheld flashlights to women and girls residing in Cox's Bazar.

### WHY?

There has been a rise in gender-based violence within Cox's Bazar, with women and young girls targeted, especially when using sanitation facilities at night. WASH facilities are located **10 - 15 feet** away from the camp, and inadequate lighting leaves vulnerable groups exposed to violent attacks. As a result, many choose not to use facilities, in fear of what may happen. This lack of security poses an alarming concern for the psychological and physical health of already vulnerable refugees.

Our Night Light Aid project aims to meet the urgent needs of women and girls, improving safety, sanitation and overall wellbeing within camps. With improved lighting during the night, women will be safer when using sanitation facilities, and increased visibility in the area will leave attackers deterred.

**Rohingya Refugees, Bangladesh | £29,000 for**

**10 solarpower street lights & 1,000 flash lights**



Improving **security** for women







## Child Welfare

*Securing futures*



### Psychological Support (NET & Play Therapy)

#### Lebanon (Syrian and Palestinian refugees) | £10,270

Give refugee children another chance at life and help them process the trauma endured. Children who have grown up in refugee camps are exposed to stressful experiences such as war, conflict and poverty, making them vulnerable to PTSD and anxiety disorders, among other psychological conditions. NET (Narrative Exposure Therapy) and Play Therapy are proven successful methods that allow children to process lived experiences in non-traumatic ways, helping to improve their mental wellbeing without inducing further trauma. Sessions are carried out by qualified psychiatrists and therapists, conducted in 2-monthly cycles.



### Orphan Sponsorship

#### Gaza, Lebanon, Jordan, Yemen, Nigeria | £40 per month

Support orphans and needy children across the globe, and give them the support, care and resources needed to thrive. With 150 million orphans around the world, many do not receive adequate support or financial care. Needy children across the globe are left with no access to education, healthcare and miss out on vital development opportunities. This leaves several stunted, neglected and suffering from hardships. By sponsoring an orphan or needy child, you are helping give them the future they deserve.



**When we received the food from GRF, it was like a light shining in our lives. My children could eat, and we could sleep without fear. I am deeply grateful for this support, which gave us a reason to hope again.**

*- Abdul Ahad, Bangladesh*