## **MEET Ministry School of Gospel Health Evangelism - Complete Packing List**

What to Bring	What Not to Bring
☐ Bible ☐ Spirit of Prophecy Books: Especially	Please do not bring pets.
those relating to health (e.g., Counsels	Dress Standards
on Diet and Foods (CDF), The Ministry of Healing (MH), Christian Temperance and Bible Hygiene (CTBH), Medical Ministry (MM)).	In all our attire, let us strive to represent our Lord and Savior, Jesus Christ.
☐ Concordance	MEN:
<ul> <li>Other Spirit of Prophecy books (optional)</li> <li>Cassette/Audio recorder or DVD/CD player with headphones</li> <li>Bedding: Pillow, twin-sized sheets,</li> </ul>	<ul> <li>Wear clothing that reflects the character of a Christian man.</li> <li>Avoid short pants, tight-fitting clothing, or garments that expose</li> </ul>
and several blankets	unnecessary parts of the body (e.g.,
Towels	sleeveless shirts).
☐ Alarm clock ☐ Umbrella	WOMEN:
☐ Flashlight ☐ Personal hygiene items ☐ Paper, pencil, notebook ☐ Work and walking shoes ☐ Work gloves and rubber boots ☐ Hats: Both winter and summer hats ☐ Work clothes	<ul> <li>Dress modestly, simply, and neatly, as becomes a godly woman.</li> <li>Avoid shorts, tight-fitting clothing, pants (unless covered with a dress below the calves), or garments that expose unnecessary parts of the body.</li> </ul>
Other Books for Reference (Optional)	We encourage everyone to submit to
The following books can enhance your studies. These titles are also available for purchase from our office upon arrival:	Jesus Christ, who is our Head and Savior of the body (Ephesians 5:20-32).
Abundant Health by Julius Gilbert White	
☐ Itinerary of a Breakfast by J.H. Kellogg ☐ Christian Experience by Julius Gilbert White	
☐ Today's Herbal Health by Louise	
Tenney  Encyclopedia of Fruits, Vegetables, Nuts & Seeds by Joseph Kadan  Back to Eden by J. Kloss	