# Why doTERRA Essential Oils for Health & Wellness?

- CPTG: CERTIFIED PURE TESTED GRADE ESSENTIAL OILS
- Sourced from a <u>global network of growers to ensure the</u> <u>most pure, potent</u> and efficacious essential oils.
- Rigorously tested for purity and potency. Free from fillers or artificial ingredients. Free from harmful contaminants.
- 3rd Party Tested with results at sourcetoyou.com



#### (A) AROMATICALLY

Smell from the bottle, put a drop in your hands or add to a diffuser.



Apply directly to area of concern (head, stomach or muscle) or on bottoms of feet.



Put 1-2 drops in an empty capsule or glass of water. Check the bottles for Supplement Facts to indicate an oil is safe to use internally.





## Learn More: www.theoilkings.com/science

Transition to a non-toxic lifestyle with doTERRA's OnGuard Cleaner Concentrate, Spray Bottle, Shampoo & Conditioner, and Sunscreen Spray. This selection supports a chemical-free environment and promotes personal wellness.



# Embrace Non-Toxic Living with doTERRA

### Embrace NON-TOXIC LIVING with these products:

- OnGuard Cleaner Concentrate and Spray Bottle
  - Mix OnGuard Multi-Purpose Surface Cleaner Concentrate with water in a glass bottle.
  - Attach sprayer, shake gently, and spray onto non-porous household surfaces. Wipe clean.
- Body Mineral Sunscreen Spray
  - Apply liberally to the skin 15 minutes before sun exposure. Reapply at least every two hours.
- Shampoo & Conditioner
  - Wet hair thoroughly.
  - Rub 1 pump of Shampoo on scalp until suds form, wash, lather, and rinse.
  - After shampooing, repeat with conditioner, focusing on mid-lengths and ends. Rinse thoroughly.



Natural Solutions for Non-Toxic Living

Tip: Explore DIY recipes for homemade skincare products and cleaning solutions using natural ingredients like essential oils, vinegar, and baking soda to further reduce exposure to toxins in your home and personal care routines.

