

Your Perfect Peace

PROVIDING PROTOCOL



TO LIVE A LIFE FULFILLED WITH PERFECT-PEACE
DESPITE YOUR SURROUNDINGS, ENVIRONMENT,
OR OTHER NEGATIVE INFLUENCING FACTORS

F R A N K L I N E M A N U E L



PRINCIPLE #1

Understand The Purpose

UNDERSTAND THAT EVERY FORM OF REAL &
PERMANENT GROWTH STARTS-OFF WITH
FIRM & DEEPLY ROOTED UNDERSTANDING.

SO, THE FIRST FOCUS IS TO UNDERSTAND & COMPREHEND:
THE PURPOSE OF ANY PROBLEM ON YOUR PATH

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So let's start with a well-known saying. Nothing happens without a reason. If you translate this sentence into the same message using different words. It sounds something like... Everything every particle in this immense infinite universe is in motion with a designated purpose and destiny. Meaning that a problem, ordained by a “God” if you believe in one, or even sent by a “God” is always present and designed for a specific purpose.

I strongly believe that the purpose of problems, obstacles, struggles, drama, adversity... You name it, same family, same exact purpose.

I believe that the specific purpose is and always will be to grow, expand, enlarge, and excel. Why? Because the problem never ever comes alone or pulls up solo.



In life in general. You have a universal law which they call the law of duality. This means there is always a polar opposite of the thing presented. Like a coin, have you ever seen a coin with just one side? No. Have you ever seen a piece of bread that is one-sided? No. The moon has the sun. A man has a woman. There are ups & downs and there is left & right.

Everything has its polar opposite. It's just up to you to identify the polar opposite in every case, the good & the bad, the beauty & the ugly.

That is a simple universal law. And based on this law you should already get to the point, that every problem is presenting a possibility. Every obstacle presents an opportunity. Every struggle, strength. Every drama, development. And every form of adversity brings in the room space for advancement.



It's all interconnected. You've got to open your observing eyes, and spot! The bridge, the portal, the gate, that is always tailgating every problem you will encounter in every domain in life. No exceptions, not a thing excluded!

Most obstacles, adversity, and real-life problems don't have the natural power to kill you or take you out. They only got "ability" all the power they have over you is what you give them, what you hand them over, with words or actions.

Let's play with some imagination for a while. Let's picture a problem as an invisible entity that presents itself on your path, some are straight-up negative with pure evil destroying intentions, and some, I think, are just straight-up positive entities sort of like Mr. Miyagi from Karate Kid or Morpheus from the Matrix, with the objective to teach you these crucial and essentials life lessons, you **MUST learn in order to be accepted into your next grade, stage, division in life, it's all the same...**



So the next time you spot these problems or obstacles, always understand. It's never alone, that would be a contradiction to universal law. And nothing goes against universal law, all submit, admit, or commit to the universal laws implemented by "The Most High" that created the Universe "Cosmic Plainfield" for us to live in. The Most High is actually out of this Universe looking at this Universe with Omnipresence. Only human beings buy into the lunatic lie that they can stand above or successfully go against the laws but no one is able. It's just designed like that, it's that simple. So go slow, yes slow down... observe sharp in silence, spot, and identify, the following;

- 1) What is exactly going on / in motion?
- 2) Where am I supposed to turn the tables in my favor to produce short-or-longterm fortune?
- 3) Ask yourself what is the next step I am supposed to take/to source for inside of me?
- 4) Source inside, to receive instructions that will lead to the solutions you need out of your infinite pool of resourcefulness communication as your intuition, the Authentic Voice of God, always soft & gentle or firm & bold. The Dove & The Lion, depends on the situation.



You will receive, instructions that provide your solution. It might not be complete right away, but after a couple of times of going back-to-back sourcing and tweaking until it fits and provides the solution you desire to have. It's all inside because your guidance comes from the inside. The bridge, the key, the solutions to open up the door of opportunity that's always tailgating obstacles and problems. The solution will serve as a key to opening up the gate and stepping into your better, bigger, higher, and greater place to be and reside from now.

This was, is, and always will be the purpose of each & every problem presented on your life path your personal hero's journey toward your promised land. So don't curse them out. No... Welcome them, identify, observe, locate, source, and present solid solutions by following simple instructions.

Maybe, tweak some here and there, if it doesn't fit right away. But eventually, it will. In order for you to open up the door, to your next, better, bigger, and higher place to reside presented by your problem.



PRINCIPLE #2

Become The Alchemist

IT'S TIME TO EXECUTE YOUR BEST GAME-PLAN
EMBRACE BEING INVINCIBLE &
WELCOME DOING EXCEPTIONAL

IT'S TIME TO BECOME THE ALCHEMIST

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So by now, you must understand the purpose of each and every problem presented on your life path. So never become intimidated, or surprised. Instead, you should always be prepared for the worst while you expect the best and nothing else than the best, because that's what you are, and what you are, is what you attract!

But there is "ONE" major thing mandatory and without this "ONE" thing it's completely impossible to process your journey in peace. The "ONE" M-O-S-T Important and FOR-EVER crucial factor is...
You M-U-S-T become... THE ALCHEMIST!

So... What is exactly The Alchemist? What does it mean? It means simply this...

Become the individual that can transmute and transform energy. This is not some hocus pocus or singing kumbaya my lord, while sitting cross-legged around a campfire.



This is simple science. Nikolas Tesla, Albert Einstein, and Isaac Newton, all spoke and taught these simple solid scientific principles. This is nature at its finest, this is God at work. The Requirement to become The Alchemist is based on the following universal principle; Energy cannot be created nor be destroyed, it can only be transferred or transmuted/transformed.

Meaning that negative energy can flow to a place and extend/enlarge to a greater amount of negative energy. Vice versa with positive energy that flows to another place and extends/enlarges to a greater amount of positive energy.

Have you ever noticed that if you listen to or watch the news so now and then, you will completely feel, exhausted, tired, stressed out, and fearful because of these simple stupid stories they tell you... And these simple stupid stories are most of the time completely out of your circle of influence.



Meaning, if it happens/happened or not... There is completely nothing you can do about it! The same goes up for most social media outlets. Where they purposely focus on lowering your vibration with forced content pushed forward by “The Algorithm” to be consumed by your eyes every single day of the week!

These are daily examples of energy that flows. In this case low vibrational and it influences you directly, or later but most of the time directly and it’s made to stick to you and show up “later” to disturb your peace.

That's how powerful energy actually is. It has the ability to directly change, influence, and impact, places, situations, circumstances, and people. For the good or bad. That's why your portals, your eyes, your ears, and your mouth, yes, also what you place in your mouth (the food you eat) and the words leaving out of your mouth are directly contributing and co-responsible for your daily amount and level of high & low energy/vibrations.



So, be selective about who and what you're giving VIP access to your Very-Important-Palace (place) via these portals/senses. Use this wisely, in your favor. Drink a lot of water, highly energetic fresh fruits, and raw veggies. Natural juices without artificial sugars. Just comprehend this... Learn to eat more out of the hand of God (Earth) than the hand of Man (humans & processed food).

Start to embrace fresh air, fall in love with nature and learn how to execute breathing exercises. Breath is directly connected to God nobody can just supply The-Life-Breath only GOD can. With your breath, you regulate and control your spirit. Spirit actually means Ruach and Ruach means Breath of God. So, connect the dots forward...

Music also has the ability to instantly transmute your energy! Use it wisely to orchestrate your most-functional and high-level performance daily!



Use music in your favor, dance, move around, play, have fun, and use all these little, but oh-so-important opportunities & push-buttons to intentionally play around with your energy levels to manage your sacred energy for important purposes.

Learn how to bounce out of a dip by simply playing around with just a couple of elements we completely underestimate most of the time.

Speak-up, spike-up, and play around with your energy. So you can perform with more life while serving life-impactful solutions to the people.

The Alchemist mastered transmuting because... Let's be honest, it's easy to multiply the same energy while just hiding and protecting yourself from the negative. I'm definitely an advocate of protecting your energy, it's a must but we live in a world that feeds off negative energy, so sooner or later you will get exposed to it. So start to learn how to handle it like a BOSS.



Take charge and BOSS-UP in controlling, regulating, and mindfully responding to all energy that moves around! This is what they label as being Emotional High Intelligent, being able to identify, control, and regulate yours in order STEER yourself and others and their energy, controlled or out of control, that becomes irrelevant when you're The Alchemist.

You know what they say... When EMOTIONS (energy in motion, producing feelings) go up, INTELLIGENCE (The Mind) goes down. That's why you've got to place some Mind in the Heart-Energy in order to go up together but now Mindfully (aware) but still completely wholeheartedly present energetic wise.

I hope you're still following... If you do, my compliments, you're set for greatness. If you don't, my congratulations you're being prepped for greatness!



Back to The Alchemist, The Master in transforming and transmuting negative energy into positive. Use words or whatever you desire and works for you the best.

And if you still feel some type of way, start asking yourself some simple but challenging and completely honest questions in order to feel better asap by receiving more answers.

The truth will present itself to you in order to help you get rid of your current state of being (feeling).

So focus on the good, and detach from the bad in order to protect or shift the current of the sea, the flow-motion of the energy in and surrounding you. In order to feel better instantly and perform better directly!

PRINCIPLE #3

*Compose
Your
Serving Systems*

OUR FINAL STOP IN ORDER TO WRAP IT ALL-UP
ENTER NEW PORTALS BY TAKING THE UTMOST
ADVANTAGE OF THESE BRAND-NEW
PRESENTED OPPORTUNITIES!

SYSTEMS, SYSTEMS & AGAIN SYSTEMS
WILL SECURE A SAFE & SIMPLE PROCESS!

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When I speak about the word system, I've noticed that most people do not really get what I mean. They do not or do not yet understand and know the original intent of a system.

To give you a simple example, the human body is able to survive, stay alive and operate healthy at its full capacity based on 12 simple and solid systems. For example, the digestive system, the nervous system, the skeletal system, the immune system, the brain system, and the list goes on, 12 systems to be exact.

12 is also the number of Authority. When human nature or nature in general, provides you with an example, most of the time, it's a simple truth. And it's just layered through-out all humanity and through-out the whole universe. In different domains, but the same simple principle.



A system in general is able to carry you through the process. It is impossible or as good as impossible I should say, to be and stay your whole day or week 24/7 non-stop aware of simple, stupid stuff but also the important stuff simultaneously, like brushing your teeth. When you set up a system you're preparing yourself for simplicity.

You're preparing yourself to execute in a continuous line of excellence. Without necessarily using conscious resources. This is the full power and purpose of the system. To simplify your life on autopilot.

So the moment you spot and locate, the moment you encounter life-path problems. Become curious, heck maybe even a little bit excited. Because you understand & know, now! Problems never come alone, they always got good or great company. Introducing new land, new levels, and new portals to enter.



So compose your system or systems that you decide to use in a determined manner daily! Stay loyal to that system and honor that system so it can now produce the results you desire.

Because systems breed routines and routines create habits and those habits will always, I REPEAT A-L-W-AY-S, produce the outcome they are aligned with.

Understand that systems are set up and created to simplify life. At the highest level attainable and obtainable, they will carry you through every process in order to contribute to your level of peace.

They have the ability to serve you better than you can serve yourself so use them accordingly to receive your daily doses of PERFECT-PEACE in your Life-Path process on your Personal Hero's Journey toward your Promised Land!

Conclusion!

1. UNDERSTAND THE PURPOSE

GO SLOW, OBSERVE, SPOT, AND IDENTIFY
THE OPPORTUNITY THAT'S ALWAYS
TAILGATING YOUR PROBLEM
NOW START SOURCING FOR THE KEYS!

2. BECOME THE ALCHEMIST

BE THE BOSS YOU ARE
THE CAPTAIN OF YOUR SEA
CONTROL, REGULATE, AND MASTER
ALL ENERGY IN MOTION (EMOTIONS)
INSTALL SOME "WISE & AWARE - MIND" IN IT
BEFORE GOING UP...

3. LET SYSTEMS SERVE YOU DAILY!

IT'S TIME TO SIMPLIFY YOUR LIFE
START EXECUTING THESE PRINCIPLES DAILY
COMPOSE & COMPLETE
YOUR PERSONAL SYSTEM
THAT WILL BREED ROUTINE
WHICH CREATES THE HABITS
THAT WILL ALWAYS PRODUCE
THE OUTCOME IT'S ALIGNED WITH...



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