

3 Day Confidence Awakening

Presented by Caitlin Winch



# CLAIM YOUR INNER B!TCH & BOUNDARIES

## WORKBOOK

**"I won't get out of bed for less than \$10,000"**

***Naomi Campbell***

**"*Ambitchous* (adj.) The desire to become a better bitch"**

**"You can't please everyone. You just have to be able to get up in the morning  
and look at yourself in the mirror and like what you see"**

***PINK***

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**Hey there you beautiful b!tch!**

Thank you and welcome to this 3 Day Confidence  
Awakening: Claim Your Inner B!tch.

It's time to shift the paradigm of the people pleasing good girl and show up as the  
woman you want to be.

What you are going to learn during these 3 days is going to give you the  
confidence to set boundaries and claim that part of you that you have been  
feeling forced to hide.

So, I hope you're ready for...

Breakthroughs!

Growth!

And possibly some tears!

As we uncover a topic that has possibly been a big part of you for many years (I  
promise I didn't mean that to rhyme!).

So, buckle up and I'll see you soon.

Remember, it's time to...

*Create Your Confidence*





















