



Autumn Clifford

"OFFICER AUTUMN"

Autumn founded the Officer Autumn brand; an educational and support company empowering women. Autumn is continually growing and expanding her reach as a coach, speaker, and mentor while helping women feel more confident in themselves and empowering them to achieve their dreams.

ABOUT

Autumn is a former full-time police officer injured in the line of duty. She now works part-time in police work, is an adjunct college professor, a life coach and has been coaching professionally for 8 years. She is a speaker for retired Navy Seal Jason Redman's speaking team and is also the podcast host of the Officer Autumn Show.

Autumn shares how her unexpected injury changed her life and how she used the adversity to face to help her achieve success. Autumn has spoken before the U.S. Coast Guard, at Colleges, at personal development events and more! She has participated in speaker panels hosted private events and taught police officers.

TOPICS

- Holiday Safety
- Building Self-Confidence
- Overcoming Adversity
- Developing Tenacity and Resiliency
- The Failing Forward Mindset
- Women's Empowerment

CREDENTIAL / FEATURES

- 2nd Degree Black Belt
- Certified Academy Instructor
- Professional Coach for 8 Years
- Self-Defense Instructor
- World Renown Podcast
- Published Author



CONTACT

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The Officer Autumn Podcast