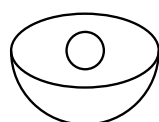


INSTITUTE
NEVSAH



THE VALUES FACTOR



PURPOSE

The Values Factor Training Package will open up a sacred space where you will discover who you are, get a clear understanding of why you're here, and move forward with your life knowing that the universe is ready to support you.

Knowing your hierarchy of values is one of the most important steps you can take.

Understanding your values allows you to find your life purpose and to live a life in harmony with it. When you live according to your highest values, the genius in your being awakens and you begin to do extraordinary things and live an inspiring life.

Because you are the person the universe wants you to be. You are valued and respected, and your leadership qualities will begin to emerge. You become the leader, not the follower.

As a result of this training, your life will rise from the Telos point described in Greek Mythology, to the highest level of intelligence, where you can exceed the limits of the physical world. As you become the person you came to be and live the life you came to live, you will be rewarded in all areas of life.

WHY IS IT IMPORTANT TO FIND OUR LIFE PURPOSE?

Purpose gives us a direction, an ultimate goal, and a life full of inspiration.

People without purpose tend to experience illnesses, psychological problems and addictions. They feel lost and unsatisfied with their lives.

You may have heard this story: When John F. Kennedy visited the NASA space center, he saw a janitor holding a broom, walked up to him and asked him what he was doing. The janitor replied: "Mr. President, I am helping man land on the moon."

Our generation understands the importance of creating a world where everyone has a sense of purpose. And it's not about what we do; it's about what 'drives' us. It's about why we do what we do.

When we learn why we do what we do, and discover our life purpose, we move to the next level of humanity. The genius in our being awakens and we start doing extraordinary things. We go beyond our limits and begin to experience a new life.

Values Factor Training enables you to achieve this by giving you the strategies and tools to discover yourself in concrete steps.



**Purpose is the only thing that takes us
from death to immortality.**

What awaits you in **Values Factor Training**:

EXPLORING THE VALUES FACTOR

You will learn your value hierarchy and how to use your values to move forward in all areas of your life.

VALUES WORKSHOP

Once a year, you will participate in a weekend workshop where you will work on your values, mission and purpose.

VALUES FACTOR LIVE MENTORING SESSIONS

For 12 months, you will participate in monthly live group mentoring sessions with Nevşah Fidan Karam Mehmet on Zoom to help you clarify your values, goals, action steps, vision and mission.

LIVING YOUR HUMAN DESIGN

You will attend a Human Design Course that will help you understand your unique characteristics and live your unique life.

The Values Factor Process consists of 13 questions that help you identify what is most important to you and what is least important. Your values determine how you perceive life and how you act. Discovering your values will radically change your life.

Your current life purpose reflects your current highest values.

Topics Covered in this course

- 1 The Human Factor
- 2 Values and Priorities
- 3 Values Determination Process
- 4 The 13 Questions
- 5 The difference between values and goals
- 6 How to align values and goals
- 7 The principles of Setting Powerful Goals
- 8 Powerful Questions
- 9 Core Beliefs
- 10 Understanding Yin and Yang
- 11 Why Values are Important
- 12 Changing Your Values
- 13 Principles and Standards
- 14 Individuality
- 15 Thelos / The Ultimate Goal
- 16 Mission
- 17 Vision
- 18 Spirituality
- 19 Purpose
- 20 Death and Beyond

Until the Values Factor training, I had been living my life around values that I had been taught, which were not truly my own. When I discovered my values, I felt that I had found a sacred space that belonged to me. I saw that there was a void in this world that only I could fill, and I finally found the meaning I was looking for.

Stephanie



I was in a period where I was struggling to find meaning in my life. I couldn't find a reason to get out of bed in the morning, to go to work, or to come home and cook. I was doing it all by force just to survive. After the Values Factor training, I realized that living is not the same as surviving. I discovered that there was a life full of inspiration, gratitude, and happiness. And now, I'm not just surviving, I'm living life to the fullest.



Anne

When I aligned my life with my values, I witnessed rapid changes in every aspect of my life. My capacity increased, my focus at work sharpened, and I was working with great inspiration. The gift of this transformation was a promotion to a position I truly desired. Now, I start every day with gratitude. There is nothing more valuable than having a life purpose, and this training helped me to find mine.

Elena



Bonuses

A BREATH HUB MEMBERSHIP

A 1-year Breath Hub membership will be given as a gift.

B AWAKENING BOOK

To support your awakening process, AWAKENING written by Nevşah Fidan Karam Mehmet will be given as a gift.