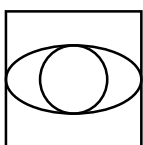


INSTITUTE  
NEVSAH



THE AWAKENING PROCESS



MIND

If you want to **change your life**, you must first work on your mind. The Awakening Process Training is designed to introduce you to the most effective tools you need to transform your mind.

With this training, you will heal many of the thought patterns and habits that make your life difficult, such as procrastination, limiting beliefs, judgments, prejudices, and low self-esteem, because you will take control of your mind.

This training is based on the Demartini Method. Developed by human behavior expert Dr. John Demartini, it helps you go beyond your preconceptions and perceptions, and transforms your mind by asking a series of questions that allow you to see the hidden order in the daily chaos.

The Awakening Process is the most powerful, effective and efficient personal transformation methodology we have ever created and is now taught in more than 58 countries around the world.

## HOW TO CHANGE YOUR LIFE WITH MIND WORK?

Your perspective on life determines how you experience life. If you label events or people as 'good' and 'bad', or if you only want positive experiences in your life, your wishes will never come true.

The universe wants balance. As you swing to the extremes of good and bad, it brings the opposite of your experience into your life to pull you to a neutral point. Thus, it balances these two extremes. When you start to interpret the people who enter your life and the events you encounter in this way, you witness the secret workings of the universe.

When you manage to reach a place where there is no good or bad, all the storms in your mind suddenly subside. You release the things you've been holding onto, you embrace the things you've been pushing away. You begin to truly experience life.

And there is only one way to achieve this: working with your mind. The mind is a very powerful, fascinating thing, full of miracles. Everything that happens in your mind has the power to transform your life. If you want to take this power into your own hands and use it to transform your life, The Awakening Process Training gives you the tools and strategies you need.

In this training, you will first recognize the effects of the mind on your life and then transform the thought patterns that hold you down. The Awakening Process will awaken your intuitive abilities, clear your emotionally charged memories and imagination, clarify your mind on your career journey, help you weigh the pros and cons more easily when making a decision, enable you to act wisely rather than impulsively, balance your masculine and feminine energies, allow you to experience respect and understanding in dual relationships, and increase your leadership skills.



**When you get to a place where there is no good or bad,  
the storms in your mind suddenly calm down.**



## What awaits you in **The Awakening Process Training** :

### THE DEMARTINI METHOD

Online home-study course, videos explaining how to use The Demartini Method to grow and expand in all areas of life.

### DEMARTINI METHOD INTENSIVE TRAINING

A two day training course with practical application of Demartini Method, where you learn how to solve challenges, build relationships, clarify your purpose and achieve goals.

### LIVE DEMARTINI METHOD MENTORING FOR ONE YEAR

Live mentoring sessions on Zoom, every month for 12 months.

The Awakening Process Training is a journey of life mastery. Designed to take your life experience to a whole new level by changing your perspective on life, this training will provide you with the tools to achieve fulfillment in all areas of your life, from your professional life to your romantic life.

**The way you look at life determines the life you live.  
So, if something isn't working, maybe you  
need to change your perspective.**

## Topics Covered on the training

- 1 What is Demartini Method?
- 2 The Basis Of The Method - 10 Parts
- 3 Applying The Method
- 4 Application Series- 10 Parts
- 5 What To Watch When Using The Method
- 6 Life Mission
- 7 Mission Declaration
- 8 Aligning With Your Mission
- 9 Actualising Your Mission
- 10 Wealth
- 11 Health
- 12 Business
- 13 Family
- 14 Leadership
- 15 Relationships
- 16 Purpose
- 17 Gyoals

Nevsah is a very powerful woman. She is clear, precise, and everything she teaches makes perfect sense. The whole process is backed by science. She has a quite uncluttered view of how to do things and she gets you free from your social conditioning, which changes everything, your relationships, health, wealth, social impact. My whole life changed. I learned how to ask myself powerful questions to be able to transform my life and now I am growing and expanding in all areas of life.

 Judy



## Bonuses

### A BREATH HUB MEMBERSHIP

A 1-year Breath Hub membership will be given as a gift.

### B AWAKENING BOOK

To support your awakening process, AWAKENING written by Nevşah Fidan Karam Mehmet will be given as a gift.