



## **Year-End Personal Audit Workbook**

# Reflect, Reset, and Rise

It's that time again. The clock is ticking, and you're staring at your bank account or your to-do list, wondering where the year went. Don't worry; we're going to get real, focused, and fired up for what's next.

This workbook will help you:

- Reflection what worked (and didn't) in 2025.
- Reset your priorities for 2026.
- Build a game plan to crush your goals.

We are sitting there looking at the computer or bank account wondering where the year went.

- Did you accomplish the things you set out to do?
- Did you take that badass family trip you dreamed about or did you kick that down the road?
- Did you deepen relationships with others to build relationship capital?
- Did you grow your company to the level you know you're capable of?
- Did you get in the best shape possible or did you get derailed?

I get it we ALL have a lot of things going on but 1 thing I know for sure if you're reading this you can get back on track as we must get focused on the things that matter and really dial in this game.

2025 ended up being a surprising and interesting year. A lot of unexpected things went down. The DM community just kept pushing through no matter how tough it got... which if you're here you did.

Congratulations. Now it's time to go All In To Win in 2026 and beyond.

Today I'm going to give you a very simple but POWERFUL Personal Audit to get you focused on the things that matter.

I commend you for being here and wanting to constantly improve as you know what I say ... We're ALL just getting started. So with that said, let's get started below.

# Step 1: Reflection on 2025

## Planning vs. Reacting

Life doesn't wait—it's either happening to you or happening for you, depending on your approach. Were you proactive this year, setting clear goals and executing a plan? Or did you find yourself reacting to circumstances, putting out fires, and playing catch-up?

Take a moment to reflect: did you steer the ship, or did the waves steer you?

Understanding this will help you get laser-focused on making 2026 a year of intentional, purposeful action.

On a scale of 1 to 10 (with 10 being perfectly planned), how well did you plan and execute your goals for 2025?

**Your Score:** \_\_\_\_\_ **Wins of 2025**

List your top 5 accomplishments—big or small, they all count.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## Missed Opportunities

What didn't you accomplish this year that you wish you had?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## Step 2: Vision for 2026

Your vision is the blueprint for your success. It's about defining what you truly want to accomplish, not just in your business but in every area of your life—family, faith, fitness, finances, and fun.

This is your chance to dream big and get specific. What does a successful 2026 look like to you? What goals will make you proud when you look back a year from now? Let's map out the future you want to create.

**Your Top 5 Goals for 2026** What are the BIG goals that will make 2026 your proudest year yet?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

### 5Fs for Focus

1. FamilyGoal:\_\_\_\_\_
2. FaithGoal:\_\_\_\_\_
3. FitnessGoal:\_\_\_\_\_
4. FinanceGoal:\_\_\_\_\_
5. FunGoal:\_\_\_\_\_

## Step 3: What's Holding You Back?

### Quit to Win

Success isn't just about what you do—it's about what you stop doing. Often, the habits and distractions we allow in our lives hold us back from achieving the big goals we've set for ourselves. This year, take a hard look at what's not serving you and make a commitment to quit.

#### Examples of What to Quit:

- Smoking
- Drinking
- Procrastinating
- Wasting time on social media
- Watching too much TV
- Negative self-talk
- Eating junk food
- Staying in toxic relationships
- Saying "yes" to things that don't align with your goals
- Avoiding exercise or physical activity

Take a moment to reflect on the habits or behaviors you need to let go of to make room for success in 2026.

#### List 5 habits, distractions, or roadblocks you're quitting in 2026.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

## Step 4: Imagine Your Victory

## Visualize the Feeling

See that wasn't too difficult was it?

Now take a few and write out how you are going to feel when you accomplish all this above and are working on this at the end of the year in 2026.

How will you feel when you've crushed your goals by the end of 2026? Describe it.

## BONUS: Quick Wins to Kickstart Your Year

- Clean Your Closet:** Keep, donate, or toss what you don't need. Seriously this sounds silly but you have a lot of STUFF in the closet that you don't need and taking it out will make you feel lighter.
  - Donate Box
  - Keep Box
- Declutter Your Space:** Tidy your workspace for clarity and focus.
- Inbox Zero:** Clean out your email inbox—respond, delete, or archive.
- Show Gratitude:** Write down 10 people you want to thank. Acknowledge and send them a handwritten letter or a VIDEO from that supercomputer of a phone. I prefer sending handwritten letters.

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## Time to Thrive

I want to say Congratulations on you taking your life seriously enough to invest time in this exercise as this is 1 step closer to living life on purpose.

Now that the plan is in place it's time to execute.

"Make Today Count!"

*Mark Evans*