

Memory Book

Record all the precious memories
of your family building journey!





How it started



**WHY I DECIDED TO
BECOME A
SURROGATE**

Four horizontal dotted lines for writing.

**THE PEOPLE
WHO ARE
SUPPORTING
ME ON MY
JOURNEY**

Four horizontal dotted lines for writing.

**MY KIDS THOUGHTS
AS I START MY
JOURNEY**

Four horizontal dotted lines for writing, enclosed in a dashed green border.

**MY THOUGHTS
AND EMOTIONS
AS I START MY
JOURNEY**

Four horizontal dotted lines for writing, enclosed in a dashed green border.

LET'S MAKE MIRACLES HAPPEN



First Times



FIRST KICK

When:

How many weeks:

FIRST HEARD HEARTBEAT

When:

Heart Rate:

FOOD CRAVINGS

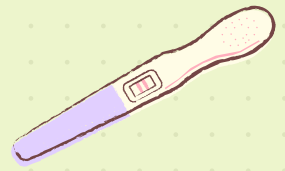


12 horizontal dotted lines for recording food cravings.

LET'S MAKE MIRACLES HAPPEN



Two Week Wait



I TOOK A TEST ON: _____

IT WAS: _____

I TOOK A TEST ON: _____

IT WAS: _____

I TOOK A TEST ON: _____

IT WAS: _____

FIRST ULTRASOUND: _____

EXPECTED DUE DATE: _____

MY INTENDED PARENTS OR PARENT FEELS

Handwriting practice area with 12 horizontal dotted lines for writing.



IVF Graduation



DATE:

HOW MANY WEEKS PREGNANT:

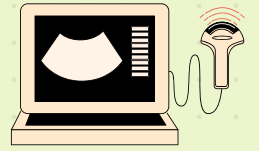
HOW DID I FEEL ABOUT TRANSITIONING

Handwriting practice area with 12 horizontal dotted lines for writing.

LET'S MAKE MIRACLES HAPPEN



First Ultrasound

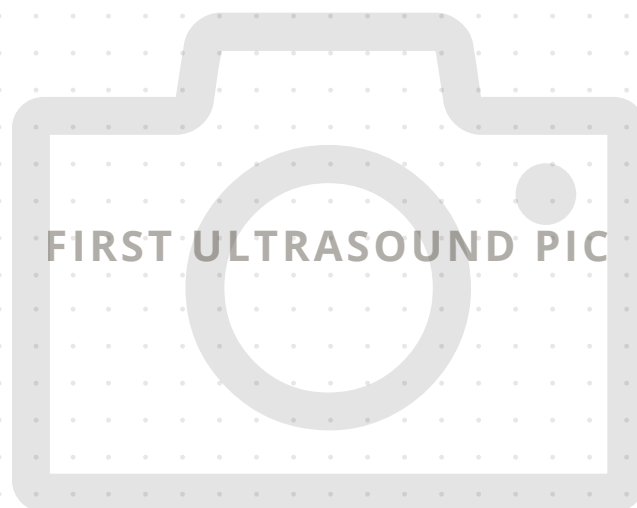


DATE:

HEART RATE:

DUE DATE:

NOTES:



LET'S MAKE MIRACLES HAPPEN

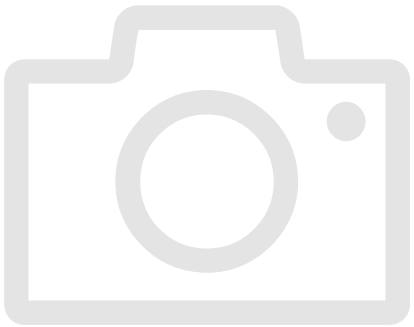


8 WEEKS:

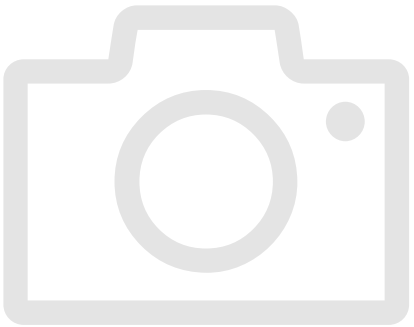
*their bun
my oven*



12 WEEKS



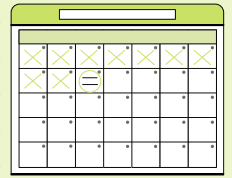
16 WEEKS



LET'S MAKE MIRACLES HAPPEN



The Third Trimester



HOW HAVE YOU BEEN FEELING?

Four horizontal dotted lines for writing.

THOUGHTS AND FEELINGS AS YOUR JOURNEY IS COMING TO AN END:

Four horizontal dotted lines for writing.

HOW DO YOUR INTENDED PARENTS FEEL?

Four horizontal dotted lines for writing.

WHAT ARE YOU PACKING FOR THE HOSPITAL?

Four horizontal dotted lines for writing.

LET'S MAKE MIRACLES HAPPEN



Birth Story



DATE:

HOW MANY WEEKS PREGNANT:

A large rectangular area with rounded corners, outlined by a dashed green border. Inside this area are 20 horizontal dotted lines, providing a guide for writing the birth story.

LET'S MAKE MIRACLES HAPPEN



The End of my Journey



WHAT GOT YOU THROUGH YOUR SURROGACY JOURNEY:

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WHO WAS YOUR BIGGEST SUPPORTER:

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WHAT KEPT YOU MOTIVATED THROUGH YOUR JOURNEY:

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A SPECIAL NOTE TO MY SUPPORTER:

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LET'S MAKE MIRACLES HAPPEN