



Methylene Blue's high reward and low-risk profile makes it one of the most promising supplements available today.

Some Methylene Blue Benefits

- Methylene Blue generated connective tissue and slowed cellular death at a greater rate than other selective mitochondrial antioxidants.
- In 2012, a study investigating the mechanisms of Methylene Blue's neuroprotective effects found that Methylene Blue could reduce superoxide (potent free radical) production by acting as an alternative mitochondrial electron transfer carrier, as well as a recyclable antioxidant in mitochondria.
- Methylene Blue inhibits GABA receptor function by interacting with the GABA binding site. This could explain the compound's positive effect on the CNS.
- Methylene Blue was shown to rescue the depletion of Dopamine in Parkinson's Disease. (Smith et al., 2017).
- Methylene Blue reduces the formation of amyloid plaques and neurofibrillary tangles and partially repairs impairments in mitochondrial function and cellular metabolism. (Oz et al., 2009) Plaque formation is the hallmark of Alzheimer Disease.
- Methylene Blue is hometic, which means its benefit is most pronounced at lower doses but produces the opposite effect at higher doses. (Rojas et al., 2011)

Reference: <https://mitolab.com/2017/11/Methylene-Blue-research>

Brain Fog Support

Supplement Facts

Serving Size: 1 Dropper full Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin C	10 mg	16%
Methylene Blue	10 mg	†

† (DV) Daily Value not established.

Suggested Usage:

Take one dropper full daily.

Other Ingredients:

Mineral Oxides, R0 Water, Natural Flavor, Stevia.

Pharmaceutical Grade

NeuroPro Memory™

Supplement Facts

Serving Size: 2 Pills Servings Per Container: 30

	Amount Per Serving	% DV
Glycine	100 mg	†
NAC	100 mg	†
Niacinamide	50 mg	†
Methylene Blue	20 mg	†

† (DV) Daily Value not established.

Suggested Usage:

Swallow 1 to 2 pills per day with liquid. Do not chew.

Other Ingredients:

Microcrystalline Cellulose, Dicalcium Phosphate, Silicone Dioxide, Magnesium Stearate, Niacinamide, N Acetyl Cysteine, Glycine, Methylene Blue.

Metabolism™

Pharmaceutical Grade Methylene Blue

Supplement Facts

Serving Size: 2 Pills Servings Per Container: 30

	Amount Per Serving	% DV
L-Theanine	200 mg	†
Green Tea	150 mg	†
Guarana	114 mg	†
Methylene Blue	5 mg	†

† (DV) Daily Value not established.

Suggested Usage:

Swallow 1-4 pills first thing in the morning (most people start with two and then adjust to find their sweet spot).

Do not chew.

Other Ingredients:

Microcrystalline Cellulose, Dicalcium Phosphate, Silicone Dioxide, Magnesium Stearate.

 best365labs™



Memory and Longevity Pack and Regimen

Pharmaceutical Grade Methylene Blue and Targeted Dietary Supplements

Patent Pending,
M.D. Designed &
Tested Products



best365labs.com

Manufactured for & Distributed by:
Best 365 Labs, Salt Lake City, UT 84115

Do not use if pregnant, nursing or think you might be pregnant. If questions consult your physician. May cause your urine to turn blue or green. Do not worry this is normal.

Caution: Methylene Blue should not be used in patients who have glucose-6-phosphate dehydrogenase deficiency, as this may lead to hemolysis.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, or prevent any disease.



If you struggle with memory issues we suggest you consider the following supplementation regimen.*



Start every day by taking 2-4 Metabolism+ Tablets.



Take 1 ml (one dropper) of Brain Fog Liquid Drops in a small amount of water immediately after taking your Metabolism+ Tablets.



Take 2 NeuroPro Memory tablets prior to bed.

*This is not medical advice. This is a dietary supplement suggestion to support mitochondrial health.

The potential health, mitochondrial benefits, and lifestyle improvements for someone struggling with memory issues by taking these ingredients, include:

Enhanced Cognitive Function:

- The combination of Methylene Blue, Caffeine, and L-Theanine has shown potential to improve memory retention, working memory, and overall cognitive performance.
- Methylene Blue has demonstrated benefits in memory recall and impulse control.

Improved Mitochondrial Function:

- Methylene Blue enhances mitochondrial efficiency and cellular energy production, which may support neuronal health and cognitive function.
- This could potentially address fatigue and low energy levels often associated with memory issues.

Increased Attention and Focus:

- The caffeine-L-theanine combination has shown improvements in sustained attention, overall cognition, and reduced task-related mind wandering.
- This may help with concentration and task performance.

Antioxidant Effects:

- Vitamin C, present in both the Brain Fog Drops and NeuroPro Plus, acts as a powerful antioxidant, helping to reduce oxidative stress in the brain.
- This antioxidant action can protect brain cells from damage and support overall brain health.

Neuroprotection:

- Methylene Blue's antioxidant properties may help protect neurons from oxidative damage and inflammation.
- Vitamin C plays a role in neuronal differentiation, maturation, and myelin formation.

Mood Stabilization:

- L-theanine is known for its calming effects, which may help balance the stimulating effects of caffeine and reduce stress.

Enhanced Mental Clarity:

- The combination of these supplements may lead to improved mental clarity and alertness.

Potential Memory Improvement:

- Studies have shown that Methylene Blue can improve memory retention and working memory.
- Vitamin C status has been associated with better cognitive performance, including memory tasks.

Lifestyle Improvements:

- Increased ability to focus and concentrate on tasks.
- Potential for improved work or study performance due to enhanced cognitive function.
- Better stress management due to the calming effects of L-theanine.
- Possible improvement in overall quality of life due to better memory function and mental clarity.
- Increased energy levels, potentially leading to more active engagement in daily activities.