



Methylene Blue's high reward and low-risk profile makes it one of the most promising supplements available today.

Some Methylene Blue Benefits

- Methylene Blue generated connective tissue and slowed cellular death at a greater rate than other selective mitochondrial antioxidants.
- In 2012, a study investigating the mechanisms of Methylene Blue's neuroprotective effects found that Methylene Blue could reduce superoxide (potent free radical) production by acting as an alternative mitochondrial electron transfer carrier, as well as a recyclable antioxidant in mitochondria.
- Methylene Blue inhibits GABA receptor function by interacting with the GABA binding site. This could explain the compound's positive effect on the CNS.
- Methylene Blue was shown to rescue the depletion of Dopamine in Parkinson's Disease. (Smith et al., 2017).
- Methylene Blue reduces the formation of amyloid plaques and neurofibrillary tangles and partially repairs impairments in mitochondrial function and cellular metabolism. (Oz et al., 2009) Plaque formation is the hallmark of Alzheimer Disease.
- Methylene Blue is hometic, which means its benefit is most pronounced at lower doses but produces the opposite effect at higher doses. (Rojas et al., 2011)

Reference: <https://mitolab.com/2017/11/Methylene-Blue-research>

Brain Fog Support

Supplement Facts		
Serving Size: 1 Dropper full Servings Per Container: 30		
	Amount Per Serving	% DV
Vitamin C	10 mg	16%
Methylene Blue	10 mg	†
† (DV) Daily Value not established.		

Suggested Usage:
Take one dropper full daily.

Other Ingredients:
Mineral Oxides, RO Water, Natural Flavor, Stevia.

Pharmaceutical Grade NeuroPro+ Mitochondria Health Tablets

Supplement Facts		
Serving Size: 2 Pills Servings Per Container: 30		
	Amount Per Serving	% DV
Vitamin C	150 mg	166%
Methylene Blue	30 mg	†
† (DV) Daily Value not established.		

Suggested Usage:
Swallow 1 to 2 pills per day with liquid. Do not chew.

Other Ingredients:
Microcrystalline Cellulose, Dicalcium Phosphate, Silicone Dioxide, Magnesium Stearate, Ascorbic Acid, Methylene Blue.

ADHD 365 Active Daily Health Defense Maximum Strength Brain Support

Supplement Facts		
Serving Size: 4 Pills Servings Per Container: 15		
	Amount Per Serving	% DV
L-Theanine	400 mg	†
Caffeine	200 mg	†
Methylene Blue	10 mg	†
† (DV) Daily Value not established.		

Suggested Usage:
Swallow 1 to 4 pills as needed with liquid. Do not exceed 8 pills daily. Do not chew.

Other Ingredients:
Microcrystalline Cellulose, Dicalcium Phosphate, Silicone Dioxide, Magnesium Stearate.



Triple Product Pack and Regimen

Pharmaceutical Grade Methylene Blue and Targeted Dietary Supplements

Patent Pending,
M.D. Designed &
Tested Products



best365labs.com

Manufactured for & Distributed by:
Best 365 Labs, Salt Lake City, UT 84115

Do not use if pregnant, nursing or think you might be pregnant. If questions consult your physician. May cause your urine to turn blue or green. Do not worry this is normal.

Caution: Methylene Blue should not be used in patients who have glucose-6-phosphate dehydrogenase deficiency, as this may lead to hemolysis.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, or prevent any disease.



For mitochondrial and metabolic health we suggest you consider the following supplementation regimen.*



Start every day by taking 2-4 ADHD-365 Tablets.



Take 1 ml (one dropper) of Brain Fog Liquid Drops in a small amount of water immediately after taking your ADHD-365 Tablets.



Take 2 NeuroPro Plus tablets prior to bed.

*This is not medical advice. This is a dietary supplement suggestion to support mitochondrial health.

The potential health, metabolic, mitochondrial benefits, and lifestyle improvements by taking these ingredients, include:

What to expect?

The Best 365 Labs Triple Pack, which includes ADHD-365 Tablets, Brain Fog Liquid Drops, and NeuroPro Plus Tablets, offers a wide range of health benefits aimed at enhancing cognitive function and overall brain and body health by targeting nutrition toward the mitochondria and supporting metabolic health. Here's a breakdown of the benefits associated with each product:

ADHD 365 Tablets (2-4 tablets in the morning)

- **Enhanced Focus and Concentration:** The combination of Methylene Blue, Caffeine, and L-Theanine is designed to improve mental clarity and focus, making it easier to concentrate on tasks throughout the day.
- **Increased Energy Levels:** Caffeine provides a natural energy boost, helping to combat fatigue and improve overall productivity.
- **Stress Reduction:** L-Theanine promotes relaxation without drowsiness, which can help reduce anxiety and stress, further supporting cognitive performance.

Brain Fog Liquid Drops (1 ml either first thing in the morning or midday — a lot of people like to put the drops into a small amount of liquid)

- **Cognitive Clarity:** Methylene Blue and Vitamin C work together to enhance cognitive function, potentially reducing symptoms of brain fog and improving mental sharpness.
- **Antioxidant Support:** Vitamin C acts as a powerful antioxidant, protecting brain cells from oxidative stress and supporting overall brain health.
- **Oxygen Utilization:** Mineral Oxychloride may help improve oxygen delivery to brain cells, enhancing energy production and cognitive performance.

NeuroPro Plus Tablets (2 Tablets taken at night)

- **Memory Support:** The combination of Methylene Blue and Vitamin C is formulated to help prevent memory loss and improve recall, making it beneficial for those experiencing cognitive decline.
- **Mitochondrial Health:** Methylene Blue supports mitochondrial function, which is crucial for energy production in brain cells, thereby enhancing overall cognitive health.
- **Neuroprotection:** The ingredients in NeuroPro Plus may help protect against neurodegenerative processes, supporting long-term brain health.

Overall Lifestyle Improvements and Benefits

- **Comprehensive Cognitive Support:** Together, these products provide a holistic approach to enhancing cognitive function, from improving focus and memory to reducing brain fog and supporting mental clarity.
- **Convenient Daily Use:** The combination of tablets and liquid drops allows for flexible dosing throughout the day, making it easy to incorporate into your daily routine.
- **Synergistic Effects:** The ingredients work synergistically to enhance each other's effects, providing a more powerful impact on brain health than any single ingredient alone.

In summary, the Best 365 Labs Triple Pack is designed to support cognitive function, enhance energy levels, and promote overall brain health, making it a valuable addition to your wellness regimen.